

RAVINES

JULY 2025
ACTIVITIES CALENDAR

Type of Activity: Blue - Fitness | Green - New | Red - Movie/ TV/ Virtual | Pink - Special | Orange - Game | Purple - Concert | Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																												
Location Code <table><tr><td>RRB</td><td>RR Bistro</td><td>RBV</td><td>Backyard</td></tr><tr><td>RRD</td><td>RR Dining Room</td><td>RRA</td><td>RR Activities Room</td></tr><tr><td>RRG</td><td>RR Game Room</td><td>RRC</td><td>RR Chapel</td></tr><tr><td>RLI</td><td>RR Library</td><td>RR2</td><td>RR Second Floor</td></tr><tr><td>RRL</td><td>RR Lobby</td><td>RR3</td><td>RR Third Floor</td></tr><tr><td>RRT</td><td>RR Theatre</td><td>PKL</td><td>Front Parking Lot</td></tr><tr><td>SSA</td><td>SS Activity Room</td><td>RSD</td><td>RR & SS Dining Room</td></tr><tr><td>SSD</td><td>SS Dining Room</td><td>SLL</td><td>SS Lower Level</td></tr><tr><td>SSB</td><td>SS Bistro</td><td>SSG</td><td>SS Game Room</td></tr><tr><td>SLI</td><td>SS Library</td><td>SSP</td><td>Swimming Pool</td></tr><tr><td>SSL</td><td>SS Lobby</td><td></td><td></td></tr></table>		RRB	RR Bistro	RBV	Backyard	RRD	RR Dining Room	RRA	RR Activities Room	RRG	RR Game Room	RRC	RR Chapel	RLI	RR Library	RR2	RR Second Floor	RRL	RR Lobby	RR3	RR Third Floor	RRT	RR Theatre	PKL	Front Parking Lot	SSA	SS Activity Room	RSD	RR & SS Dining Room	SSD	SS Dining Room	SLL	SS Lower Level	SSB	SS Bistro	SSG	SS Game Room	SLI	SS Library	SSP	Swimming Pool	SSL	SS Lobby			***CANADA DAY** 1	2	3	4	5
		RRB	RR Bistro	RBV	Backyard																																													
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		SSL	SS Lobby																																															
10:00 Chair Ball Exercise (SSA)	9:30 Shopping: Billings Bridge Mall	9:15 Tuck Shop (SSL)	10:00 Moderate Intensity Exercise (SSA)	10:00 Weekend Exercise (SSA)																																														
10:30 Gentle Chair Exercise (RRA)	10:00 Chair Zumba (SSA)	10:00 Tuck Shop (RRL)	10:30 Chair Yoga with Georgia (RRA)	10:30 Gentle Chair Exercise (RRA)																																														
11:00 Flag Raising Ceremony (PKL)	10:30 Seated Ball Exercise (RRA)	10:00 Full Body Mobility Exercise (SSA)	10:35 Fun Facts & Trivia (SSB)	10:35 Arts & Easy Crafts (SSB)																																														
11:45 Canada Day Special Lunch (RSD)	10:35 Fit Minds (SSB)	10:30 Gentle Chair Exercise (RRA)	10:35 Fun Facts & Trivia (SSB)	10:35 Arts & Easy Crafts (SSB)																																														
2:00 Craft Club (SSA)	2:00 B I N G O (SSA)	2:00 B I N G O (RR3)	2:00 B I N G O (SSA)	2:15 Resident Run Rummikub (SSB)																																														
2:00 Resident Run Euchre (SSB)	2:00 Resident Run Bridge (SLL)	2:00 Resident Run Euchre (SSB)	2:00 Resident Run Bridge (SLL)	2:15 Movie: Runaway Jury (RRT)																																														
2:15 Resident Run Rummikub (SSB)	2:00 Scenic Drive	2:15 Resident Run Rummikub (SSB)	2:30 Music Hall: Virtuosos – Superstars and Young Prod-igies (RRT)	3:30 Social Hour (RRB)																																														
2:30 Canada Day Celebration with Jock River Jazz (RRA)	2:30 Documentary: Canada – Geography, History and Attractions (RRT)	2:30 Giant Crossword Puzzle (RRT)	3:00 Games: Ring Toss (RRL)	7:15 Movie Replay: Runaway Jury (RRT)																																														
	2:30 Walking Club (Meet at the RR Main Entrance)	3:30 Social Hour (RRB)	3:30 Social Hour (SSB)																																															
	3:30 Social Hour (SSB)		7:00 Resident Run Rummikub (SSB)																																															
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: Radio (RRT) 2:30 Interdenominational Church Service (RRA) 7:15 Movie Replay: Radio (RRT)	7 10:00 Chair Cardio Exercise (SSA) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (SSA) 2:00 Shopping: Merivale Mall 2:30 Handi-House Walker Repair Clinic (RRL) 2:15 Card Game: Tong-Its (SSB) 2:30 Walking Club (Meet at the RR Main Entrance) 3:15 Handi-House Walker Repair Clinic (SSL) 3:30 Virtual Hymn Sing (RRT) 3:30 Social Hour (SSB)	8 8:00 RR Community Breakfast (RRD) 10:00 Chair Ball Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (SSB) 2:00 Craft Club (SSA) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Classic Movies: Breakfast at Tiffany's (RRT) 2:30 Games: Velcro Ball – Darts Game (RRL) 2:30 Games: Bean Bag (SSA) 3:30 Social Hour (RRB)	9 9:00 Shopping: Walmart 10:00 Chair Zumba (SSA) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds (SSB) 11:15 Lunch Outing: Stacked Smoked Meat & Grill 2:00 B I N G O (SSA) 2:00 Scenic Drive 2:00 Resident Run Bridge (SLL) 2:30 Throwback Movies: James Bond – The Living Daylights (RRT) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	10 9:15 Tuck Shop (SSL) 10:00 Full Body Mobility Exercise (SSA) 10:00 Tuck Shop (RRL) 10:30 Gentle Chair Exercise (RRA) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Staff Appreciation "WoW" Party (RRA) 2:30 Hangman - a letter guessing game (RRT) 3:30 Social Hour (RRB)	11 10:00 Moderate Intensity Exercise (SSA) 10:30 Chair Yoga with Georgia (RRA) 10:35 Fun Facts & Trivia (SSB) 2:00 B I N G O (SSA) 2:00 Resident Run Bridge (SLL) 2:30 Music Hall: La Traviata Arena di Verona (RRT) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	12 10:00 Weekend Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Arts & Easy Crafts (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: La Dolce Villa (RRT) 3:30 Social Hour (RRB) 7:15 Movie Replay: La Dolce Villa (RRT)
13 10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: Good Sam (RRT) 7:15 Movie Replay: Good Sam (RRT)	14 10:00 Chair Cardio Exercise (SSA) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (SSA) 2:00 NO Shopping Drive 2:15 Card Game: Tong-Its (SSB) 2:30 Walking Club (Meet at the RR Main Entrance) 3:30 Virtual Hymn Sing (RRT) 3:30 Social Hour (SSB)	15 10:00 Chair Ball Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (SSB) 2:00 Craft Club (SSA) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Classic Movies: My Fair Lady (RRT) 2:30 Games: Velcro Ball – Darts Game (RRL) 2:30 Aquafit Exercise (SSP) 2:30 Games: Bean Bag Toss (SSA) 3:30 Social Hour (RRB)	16 9:30 Shopping: Billings Bridge Mall 10:00 Blood Pressure Clinic (SSB) 10:00 Chair Zumba (SSA) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds (SSB) 2:00 B I N G O (SSA) 2:00 Resident Run Bridge (SLL) 2:00 Scenic Drive 2:30 Documentary: Decoding da Vinci (RRT) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	17 9:15 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Full Body Mobility Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 2:00 B I N G O (RR3) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Wordle - a game that involves figuring out a secret word (RRT) 2:30 Aquafit Exercise (SSP)	18 10:00 Moderate Intensity Exercise (SSA) 10:30 Chair Yoga with Georgia (RRA) 10:35 Fun Facts & Trivia (SSB) 2:00 B I N G O (SSA) 2:00 Resident Run Bridge (SLL) 2:30 Music Hall: 1964 in One Hour (RRT) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	19 10:00 Weekend Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Arts & Easy Crafts (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: Mending the Line (RRT) 3:30 Social Hour (RRB) 7:15 Movie Replay: Mending the Line (RRT)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: Bank of Dave (RRT) 2:30 Interdenominational Church Service (RRA) 7:15 Movie Replay: Bank of Dave (RRT)	10:00 Chair Cardio Exercise (SSA) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (SSA) 2:00 Shopping: Walmart (Baseline) 2:15 Card Game: Tong-Its (SSB) 2:30 Water Colour Painting with Elva (RRA) 2:30 Walking Club (Meet at the RR Main Entrance) 3:30 Virtual Hymn Sing (RRT) 3:30 Social Hour (SSB)	10:00 Chair Ball Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (SSB) 2:00 Craft Club (SSA) 2:00 General Estate Planning (RRT) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Classic Movies: Funny Face (RRT) 2:30 Games: Velcro Ball – Darts Game (RRL) 2:30 Aquafit Exercise (SSP) 2:30 Games: Bean Bag Toss (SSA) 3:30 Social Hour (RRB)	9:30 Outing: Billings Estate National Historic Site 10:00 Chair Zumba (SSA) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds (SSB) 2:00 B I N G O (SSA) 2:00 Resident Run Bridge (SLL) 2:00 Scenic Drive 2:30 Throwback Movies: The World is not Enough (RRT) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	9:15 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Full Body Mobility Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 2:00 B I N G O (RR3) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Giant Crossword Puzzle (RRT) 2:30 Aquafit Exercise (SSP) 4:45 Birthday/Anniversary Dinner (RSD)	10:00 Moderate Intensity Exercise (SSA) 10:30 Chair Yoga with Georgia (RRA) 10:35 Fun Facts & Trivia (SSB) 2:00 B I N G O (SSA) 2:00 Resident Run Bridge (SLL) 2:30 Book Club Meeting (RR Library) 2:30 Music Hall: Dean Martin – Funniest Duets (RRT) 3:00 Games: Ring Toss (RRL) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	10:00 Weekend Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Arts & Crafts (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: Life or Something Like It (RRT) 3:30 Social Hour (RRB) 7:15 Movie Replay: Life or Something Like It (RRT)
27	28	29	30	31		
10:30 Weekend Exercise (RRA) 11:00 St. Mary's Parish Live Stream Mass (RRT) 2:00 Resident Run Bridge (SSB) 2:15 Resident Run Rummikub (SSB) 2:15 Movie: The Boy Who Harnessed the Wind (RRT) 7:15 Movie Replay: The Boy Who Harnessed the Wind (RRT)	10:00 Chair Cardio Exercise (SSA) 10:30 Seated Ball Exercise (RRA) 2:00 B I N G O (SSA) 2:00 Shopping: Merivale Mall 2:15 Card Game: Tong-Its (SSB) 2:30 Walking Club (Meet at the RR Main Entrance) 3:30 Virtual Hymn Sing (RRT) 3:30 Social Hour (SSB)	10:00 Vendor: Anna's Travelling Shop (SSL) 10:00 Chair Ball Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 10:35 Tech Tuesday (SSB) 2:00 Craft Club (SSA) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Classic Movies: Two for the Road (RRT) 2:30 Games: Velcro Ball – Darts Game (RRL) 2:30 Aquafit Exercise (SSP) 2:30 Games: Bean Bag Toss (SSA) 3:30 Social Hour (RRB)	9:00 Shopping: Walmart 10:00 Chair Zumba (SSA) 10:30 Seated Ball Exercise (RRA) 10:35 Fit Minds (SSB) 11:30 Lunch Outing: Shanghai ONE Fine Dining 2:00 B I N G O (SSA) 2:00 Resident Run Bridge (SLL) 2:00 Scenic Drive 2:30 Throwback Movies: On Golden Pond (RRT) 3:30 Social Hour (SSB) 7:00 Resident Run Rummikub (SSB)	9:15 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Full Body Mobility Exercise (SSA) 10:30 Gentle Chair Exercise (RRA) 2:00 B I N G O (RR3) 2:00 Resident Run Euchre (SSB) 2:15 Resident Run Rummikub (SSB) 2:30 Hangman - a letter guessing game (RRT) 2:30 Aquafit Exercise (SSP) 3:30 Social Hour (RRB)		