

Calendar is Subject to Change – Notices will be Posted

July 2025


Location of Activities:

RR = Retirement Residence | SS = Seniors’ Suites | A = Auditorium | B= Bistro |

T = Theatre | P = Patio | AR = Activity Room | C= Chapel | L = Lobby

Type of Activity: Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert

	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div><div>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 2:30 Knitting Club (SS-L) 7:15 Movie Night: Agatha Christie’s Crooked House (SS-T)</div></div>	<div>1</div> <div><div>Canada Day</div><div>10:00 Fitness with Activities (SS-A) 3:00 Group Crossword (SS-B) 7:15 Movie Night: The Miracle Club (SS-T)</div><div></div></div>	<div>2</div> <div><div>10: 15 Yoga with Georgia (SS-A) 10:45-11:45 Tuck Shop (RR-LL) 1:30 Birdwatching (Parking Lot) 3:00 Social Hour (SS-B)</div></div>	<div>3</div> <div><div>10:00 Fitness with Activities (SS-A) 10:40 Words within Words (SS-B) 2:00 Movie Committee Meeting (SS-T) 3:00 Buff Brains (SS-B) 7:15 Movie Night: Downton Abbey “A New Era” (SS-T)</div></div>	<div>4</div> <div><div>National Sushi Day</div><div>10:00 Fun and Fitness with Gabe (SS-A) 10:30-11:00 Blood Pressure Clinic SS Residents (Wellness Centre) 10:40 Learn How to Make Sushi (SS-B) 11:00 Elina’s Mom Quilted Items for Sale (SS-L) 2:00 Afternoon Concert with Larry Garnet (SS-DR) 3:00 Social Hour (SS-B)</div></div>	<div>5</div> <div><div>10:00 Group Crossword (SS-B) 1:45 Bingo (RR-B) 3:15 Afternoon TV As Time Goes Go By (SS-T) 7:15 Movie Night: 84 Charing Cross Road (SS-T)</div></div>
<div>6</div> <div><div>10:00 Fitness with Activities (SS-A) 10:30 Current Events with Professor Cammy (SS-T) 1:30 Homemade Birdfeeders (SS-B) 3:00 Manager Ice Cream Sundae Bar Social (SS-B)</div></div>	<div>7</div> <div><div>National Freezer Pop Day</div><div>10:00 Fitness with Activities (SS-A) 10:00 Outing: Walmart 1:00 Outing: Bayshore 1:30 No-Bake with Homa (SS-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Planes, Trains and Automobiles (SS-T)</div></div>	<div>8</div> <div><div>10:15 Yoga with Georgia (SS-A) 10:40 Come Play Bocee (SS-L) 10:45-11:45 Tuck Shop (RR-LL) 1:30 Gardening Club (Parking Lot) 3:00 Social Hour (SS-P)</div></div>	<div>9</div> <div><div>10:00 Fitness with Activities (SS-A) 11:00 Play Jeopardy with Management! (SS-T) 1:30 Words within Words (SS-B) 3:00 Buff Brains (SS-B) 7:15 Movie Night: Kindergarten Cop (SS-T)</div></div>	<div>10</div> <div><div>10:00 Fun and Fitness with Gabe (SS-A) 10:40 Puzzles and Brain Teasers & Coffee (SS-B) 2:00 Play Boggle (SS-T) 3:00 Social Hour (SS-B)</div></div>	<div>11</div> <div><div>10:00 Group Crossword (SS-B) 1:45 Bingo (RR-B) 3:15 Afternoon TV As Time Goes Go By (SS-T) 7:15 Movie Night: The Wedding Ringer (SS-T)</div></div>
<div>12</div>					

<div>13</div> <div>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 2:30 Knitting Club (SS-L) 7:15 Movie Night: That’s Amor (SS-T)</div>	<div>Spirit Week<div>14</div></div> <div>Favourite Sport Team Day 10:00 Fitness with Activities (SS-A) 10:40 Smoothie and Trivia Hour with Homa (SS-B) 2:00 Ted Talk and Discussion (SS-T) 3:00 New Resident Meet and Greet Social Hour</div>	<div>15</div> <div>Beach Day 10:00 Fitness with Activities (SS-A) 10:00 Outing: Byward Market 2:00 Outing: Purple Cow Ice Cream 3:00 Group Crossword (SS-B) 7:15 Movie Night: The Duchess (SS-T)</div>	<div>16</div> <div>Decade Day 10:15 Yoga with Georgia (SS-A) 10:45-11:45 Tuck Shop (RR-LL) 1:30 Price is Right (SS-T) 3:00 Social Hour (SS-B)</div>	<div>17</div> <div>Mix & Match Day 10:00 Fitness with Activities (SS-A) 10:40 Come and Sing Karaoke (SS-T) 1:30 Words within Words (SS-B) 3:00 Buff Brains (SS-B) 7:15 Movie Night: She’s all That (SS-T)</div>	<div>18</div> <div>Twin Day 10:00 -3:00 Photo Restoration (SS-L) 10:00 Fun & Fitness with Gabe (SS-A) 10:30 Car and Walker Wash (Parking Lot, Sign up at Reception) 2:00 Play Jeopardy (SS-T) 3:00 Homemade Lemonade Social Hour (SS-P)</div>	<div>19</div> <div>10:00 Group Crossword (SS-B) 1:30 Bingo (SS-B) 3:15 Afternoon TV As Time Goes Go By (SS-T) 7:15 Movie Night: Hardball (SS-T)</div>
<div>20</div> <div>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 2:30 Knitting Club (SS-L) 7:15 Movie Night: Our Idiot Brother (SS-T)</div>	<div>21</div> <div>10:00 Fitness with Activities (SS-A) 10:40 Cultural Dishes by Staff and Management (SS-L) 1:30 Minute to Win It with Management (SS-L) 3:00 Margarita Monday Social Hour (SS-B)</div>	<div>22</div> <div>10:00 Fitness with Activities (SS-A) 10:00 Outing: Day Trip to Wakefield & Chelsea 1:30 Tech Talk Q & A with Activities (SS-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Sense & Sensibility (SS-T)</div>	<div>National Gorgeous Grandma Day<div>23</div></div> <div>10:15 Yoga with Georgia (SS-A) 10:45-11:45 Tuck Shop (RR-LL) 1:30 Makeovers by Activities (SS-T) 3:00 Social Hour (SS-B)</div>	<div>24</div> <div>10:00 Fitness with Activities (SS-A) 11:00 Food Forum (SS-A) 1:30 Paint and Sip (SS-A) 3:00 Buff Brains (SS-B) 5:00 Park Place Prom (SS-DR) 7:15 Movie Night: Boys on the Side (SS-T)</div>	<div>25</div> <div>10:00 Fun & Fitness with Gabe (SS-A) 10:40 Puzzles and Coffee (SS-B) 2:00 Play Jeopardy with Management! (SS-T) 3:00 Social Hour (SS-B)</div>	<div>26</div> <div>10:00 Group Crossword (SS-B) 1:30 Bingo (SS-B) 3:15 Afternoon TV As Time Goes Go By (SS-T) 7:15 Movie Night: Martha (SS-T)</div>
<div>27</div> <div>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 2:30 Knitting Club (SS-L) 7:15 Movie Night: Lonely Planet (SS-T)</div>	<div>28</div> <div>10:00 Fitness with Activities (SS-A) 10:30 Inquiring Minds (SS-T) 1:45 Water Wars – Residents Vs Staff Showdown (Parking Lot) 3:00 Tropical Social Hour (SS-P)</div>	<div>29</div> <div>10:00 Fitness with Activities (SS-A) 10:00 Outing: Dao Cafe 1:30 Tech Talk Q & A with Activities (SS-B) 2:00 Outing: Andrew Hayden Park 3:00 Group Crossword (SS-B) 7:15 Movie Night: Sense & Sensibility (SS-T)</div>	<div>30</div> <div>8:00 Chef Showcase (SS-B) 10:15 Yoga with Georgia (SS-A) 10:45-11:45 Tuck Shop (RR-LL) 2:15 Minute to Win It (SS-L) 5:00 Birthday Dinner Al Fresco (SS -Patio)</div>	<div>31</div> <div>10:00 Fitness with Activities (SS-A) 11:00 GM Chat (SS-T) 1:30 Words within Words (SS-B) 3:00 Buff Brains (SS-B) 7:15 Movie Night: She’s all that (SS-T)</div>	<div></div>	