

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PROMENADE Memory Care/Assisted Living June 2025					Type of Activity: Blue - Fitness Green - New Red - Movie/ TV/Virtual Pink – Special Orange – Game Purple - Concert Brown – Bus Trip/Shopping	
1 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Sing A Long (3 rd) 11:00 Streamed Live Catholic Mass (RR T) 2:00 Discuss & Recall (3 rd) 2:30 Snacks & Refreshments 3:00 Bean Bags (2 nd) 4:00 Walking Club	2 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3 rd) 1:15 Bingo (3 rd) 2:30 Snacks & Refreshments 3:15 Bocce Ball (3 rd) 4:00 Social Hour (RR B)	3 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Current Events (RR B) 10:45 Music Therapy with Jennifer (3 rd) 2:00 Visit w/ Therapy Dog Reilly 2:30 Snacks & Refreshments 3:00 Bocce Ball (RR LL) 4:00 Walking Club	4 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Armchair Travel: Portugal (RR T) 10:45 Price is Right (3 rd) 2:00 Bingo (RR T) 2:30 Snacks & Refreshments 3:00 Fun & Fitness (3 rd) 4:00 Social Hour (RR B)	5 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Charades (3 rd) 2:00 Billiards (RR GR) 2:30 Snacks & Refreshments 3:00 TV Concert: Nat King Cole (RR T) 4:00 Afternoon Stretching (3 rd)	6 9:30 1:1 visits & walks 10:00 Latin Chair Dancing (RR LL) 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Craft Club (RR AR) 2:30 Snacks & Refreshments 3:00 Chair Zumba (3 rd) 4:00 Social Hour (RR B)	7 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 1:30 Bean Bags (3 rd) 2:30 Snacks & Refreshments 2:45 Watermelon Festival (Front Porch) 4:00 Fit Minds (3 rd)
8 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Sing A Long (3 rd) 11:00 Streamed Live Catholic Mass (RR T) 2:00 Discuss and Recall (3 rd) 2:30 Snacks & Refreshments 3:00 Bean Bags (2 nd) 4:00 Walking Club	9 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3 rd) 1:15 Bingo (3 rd) 2:30 Snacks & Refreshments 3:15 Bocce Ball (3 rd) 4:00 Social Hour (RR B)	10 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Current Events (RR B) 10:45 Music Therapy w/ Jennifer (2 nd) 1:30 Card Games 2:00 Craft Club (3 rd) 2:30 Snacks & Refreshments 3:00 Bocce Ball (RR LL) 4:00 Walking Club	11 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Armchair Travel: Banff National Park (RR T) 10:45 Price is Right (3 rd) 2:00 Bingo (RR T) 2:30 Snacks & Refreshments 3:00 Fun & Fitness (3 rd) 4:00 Social Hour (RR B)	12 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Charades (3 rd) 2:00 Billiards (RR GR) 2:30 Snacks & Refreshments 3:00 TV Concert: Judy Garland (RR T) 4:00 Afternoon Stretching (3 rd)	13 9:30 1:1 visits & walks 10:00 Latin Chair Dancing (RR LL) 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Baking Club (RR AR) 2:30 Snacks & Refreshments 3:00 Chair Zumba (3 rd) 4:00 Social Hour (RR B)	14 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 1:15 Bean Bags (3 rd) 2:30 Snacks & Refreshments 2:45 Ice-Cream Social (Front Porch) 4:00 Fit Minds (3 rd)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Coffee & Donut Social (RR B) 11:00 Streamed Live Catholic Mass (RR T) 2:00 Discuss and Recall (3rd) 2:30 Snacks & Refreshments 3:00 Bean Bags (2nd) 4:00 Father’s Day Social (RR B)	16 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 1:15 Bingo (3rd) 2:30 Snacks & Refreshments 3:15 Bocce Ball (3rd) 4:00 Social Hour (RR B)	17 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Current Events (RR B) 10:45 Music Therapy w/ Jennifer (3rd) 1:30 Blood Pressure Clinic (WC) 1:30 Painting w/ Anita (RR LL) 2:00 Visit w/ Therapy Dog Reilly 2:30 Snacks & Refreshments 3:00 Bocce Ball (RR LL) 4:00 Walking Club	18 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Armchair Travel: Provence, France (RR T) 10:45 The Price Is Right (3rd) 2:00 Bingo (RR T) 2:30 Snacks & Refreshments 3:00 Fun & Fitness (3rd) 4:00 Social Hour (RR B)	19 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Charades (3rd) 2:00 Billiards (RR GR) 2:30 Snacks & Refreshments 3:00 TV Concert: Michael Bublé (RR T) 4:00 Afternoon Stretching (3rd)	20 9:30 1:1 visits & walks 10:00 Latin Chair Dancing (RR LL) 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Craft Club (RR AR) 2:30 Snacks & Refreshments 3:00 Chair Zumba (3rd) 4:00 Social Hour (RR B)	21 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 1:30 Bean Bags (3rd) 2:30 Snacks & Refreshments 3:00 Fit Minds (3rd) 4:00 Saturday Social (RR B)
22 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Sing A Long (3rd) 11:00 Streamed Live Catholic Mass (RR T) 2:00 Discuss and Recall (3rd) 2:00 Snacks & Refreshments 3:00 Bean Bags (2nd) 4:00 Walking Club	23 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 1:15 Bingo (3rd) 2:30 Snacks & Refreshments 3:15 Bocce Ball (3rd) 4:00 Social Hour (RR B)	24 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:30 Current Events (RRB) 10:45 Music Therapy with Jennifer (2nd) 1:30 Card Games 2:30 Snacks & Refreshments 4:00 Walking Club	25 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:45 The Price Is Right (3rd) 10:30 Armchair Travel: Sedona, Arizona (RR T) 2:00 Bingo (RR T) 2:30 Snacks & Refreshments 3:00 Fun & Fitness (3rd) 4:00 Social Hour (RR B)	26 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Charades (3rd) 2:00 Billiards (RR GR) 2:30 Snacks & Refreshment 3:00 TV Concert: Johnny Cash (RR T) 4:00 Afternoon Stretching (3rd)	27 9:30 1:1 visits & walks 10:00 Latin Chair Dancing (RR LL) 10-12 Hearing Aid Clinic: Please see reception to sign up (RR WC) 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Baking Club (RR AR) 2:30 Snacks & Refreshments 3:00 Chair Zumba (3rd) 4:00 Social Hour (RR B)	28 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 1:30 Bean Bags (3rd) 2:30 Snacks & Refreshments 3:00 Fit Minds (3rd) 4:00 Saturday Social (RR B)
29 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Sing A Long (3rd) 11:00 Streamed Live Catholic Mass (RR T) 2:00 Discuss and Recall (3rd) 2:30 Snacks & Refreshments 3:00 Bean Bags (2nd) 4:00 Walking Club	30 9:30 1:1 visits & walks 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 1:15 Bingo (3rd) 2:30 Snacks & Refreshments 3:15 Bocce Ball (3rd) 4:00 Social Hour (RR B)				Location Code B Bistro BR SS Bridge Room GR RR Game Room 2nd 2nd floor Dining Room T Theatre	L Lobby YR SS Yoga Room Lib SS Library 3rd 3rd floor lounge WC Wellness Center