

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>PROMENADE</h1> <h2>Memory Care/Assisted Living</h2> <h1>April 2025</h1>					Type of Activity: Blue - Fitness Green - New Red - Movie/ TV/Virtual Pink - Special Orange - Game Purple - Concert Brown - Bus Trip/Shopping	
		1 9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Coffee & Current Events (RR B) 10:45 Music Therapy with Jennifer (3rd) 2:00 Craft Club (3 rd) 2:30 Afternoon Treats & Refreshments 3:00 Bocce Ball (RR LL) 4:00 Scenery Walk (2nd)	2 9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Armchair Travel: Venice Italy (RR T) 10:45 The Price Is Right (3 rd) 2:00 Bingo (RR T) 2:30 Afternoon Treats & Refreshments 3:00 Fun and Fitness (3rd) 3:00 Social Hour (RR B)	3 9:30 1:1 visits 10:00 Snacks & Refreshments 10:45 Charades (3 rd) 2:00 Billiards (RR GR) 2:30 Afternoon Treats & Refreshments 3:00 TV Concert: Andrea Bocelli (RR T) 3:15 Afternoon Stretching (3rd)	4 9:30 1:1 visits 10:00 Latin Chair Dancing (RR LL) 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Easter Painting (RR AR) 2:30 Afternoon Treats & Refreshments 3:00 Social Hour (RR B) 3:00 Chair Zumba (3rd)	5 9:30 1:1 visits 10:00 Snacks & Refreshments 1:30 Bean Bags (3rd) 2:30 Afternoon Treats & Refreshments 3:00 Fit Minds (3 rd) 4:00 Saturday Social (RR B)
6 9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Sing A Long (3 rd) 11:00 St. Mary's Catholic Stream Mass (RR T) 1:30 Bean Bags (2nd) 2:30 Afternoon Treats & Refreshments 2:30 Movie Matinee (RR T)	7 9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 1:30 1:1 Card Games 2:30 Afternoon Treats & Refreshments 3:00 Social Hour (RR B) 3:15 Bocce Ball (3rd)	8 9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Coffee & Current Events (RR B) 10:45 Music Therapy with Jennifer (2nd) 2:00 Craft Club (3 rd) 1:30 Blood Pressure Clinic (WC) 2:30 Afternoon Treats & Refreshments 3:00 Bocce Ball (RR LL) 4:00 Scenery Walk (2nd)	9 9:30 1:1 visits 10:00 Snacks & Refreshments 10:00-1:00 Elections Canada on site to update electoral list. Please bring ID (RR B) 10:30 Armchair Travel: Stonehenge (RR T) 10:45 Price is Right (3 rd) 2:30 Afternoon Treats & Refreshments 3:00 Fun and Fitness (3rd) 3:00 Social Hour (RR B)	10 9:30 1:1 visits 10:00 Snacks & Refreshments 10:45 Charades (3 rd) 2:00 Billiards (RR GR) 2:30 Afternoon Treats & Refreshments 3:00 TV Concert: Perry Como (RR T) 3:15 Afternoon Stretching (3rd)	11 9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Baking Club: Shortbread Cookies (RR AR) 2:30 Afternoon Treats & Refreshments 3:00 Social Hour (RR B) 3:00 Chair Zumba (3rd)	12 9:30 1:1 visits 10:00 Snacks & Refreshments 1:15 Bean Bags (3rd) 2:30 Afternoon Treats & Refreshments 3:00 Fit Minds (3 rd) 4:00 Saturday Social (RR B)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
13	14	15	16	17	18	19	
9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Sing A Long (3 rd) 11:00 St. Mary's Catholic Live Stream Mass (RR T) 1:30 Bean Bags (2 nd) 2:30 Afternoon Treats & Refreshments 2:30 Movie Matinee (RR T)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 1:30 Maple Fest (RR LL) 2:30 Afternoon Treats & Refreshments 3:00 Social Hour (RR B) 3:15 Bocce Ball (3rd)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Coffee & Current Events (RR B) 10:45 Music Therapy with Jennifer (3rd) 2:00 Craft Club (3 rd) 2:30 Afternoon Treats & Refreshments 3:00 Bean Bags (3rd) 4:00 Scenery Walk (2nd)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Armchair Travel: Easter Island (RR T) 10:45 Price is Right: (3 rd) 2:00 Bingo (RR T) 2:30 Afternoon Treats & Refreshments 3:00 Fun and Fitness (3rd) 3:00 Social Hour (RR B)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:45 Charades (3 rd) 2:00 Billiards (RR GR) 2:30 Afternoon Treats & Refreshments 3:00 TV Concert: The Bee Gees (RR T) 3:15 Afternoon Stretching (3rd)	9:30 1:1 visits 10:00 Latin Chair Dancing (RR LL) 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Craft: Easter Cards (RR AR) 2:30 Afternoon Treats & Refreshments 3:00 Wine & Cheese Social Hour (RR LL) <p style="text-align: center;">Good Friday</p>	9:30 1:1 visits 10:00 Snacks & Refreshments 1:30 Bean Bags (3rd) 2:30 Afternoon Treats & Refreshments 3:00 Fit Minds (3 rd) 4:00 Saturday Social (RR B)	
20	21	22	23	24	25	26	
9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Sing A Long (3 rd) 11:00 St. Mary's Catholic Live Stream Mass (RR T) 1:30 Bean Bags (2 nd) 2:30 Afternoon Treats & Refreshments 2:30 Movie Matinee (RR T)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 1:30 Card Games 2:30 Afternoon Treats & Refreshments 3:00 Social Hour (RR B) 3:15 Bocce Ball (3rd) <p style="text-align: center;">Easter Monday</p>	9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Coffee & Current Events (RR B) 10:45 Music Therapy with Jennifer (2nd) 1:30 Painting with Anita (RR LL) 2:30 Afternoon Treats & Refreshments 4:00 Scenery Walk (2nd)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:45 The Price Is Right (3 rd) 10:30 Armchair Travel: Barcelona (RR T) 2:00 Bingo (RR T) 2:30 Afternoon Treats & Refreshments 3:00 Fun and Fitness (3rd) 3:00 Social Hour (RR B)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:45 Charades (3 rd) 2:00 Billiards (RR GR) 2:30 Afternoon Treats & Refreshments 3:00 TV Concert: The Platters (RR T) 3:15 Afternoon Stretching (3rd)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Sing A Long (RR T) 2:00 Baking Club: Spring Cupcakes (RR AR) 2:30 Afternoon Treats & Refreshments 3:00 Chair Zumba (3rd) 3:00 Social Hour (RR B)	9:30 1:1 visits 10:00 Snacks & Refreshments 1:30 Bean Bags (3rd) 2:30 Afternoon Treats & Refreshments 3:00 Fit Minds (3 rd) 4:00 Saturday Social (RR B)	
27	28	29	30	Location Code			
9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Sing A Long (3 rd) 11:00 St. Mary's Catholic Live Stream Mass (RR T) 1:30 Bean Bags (2 nd) 2:30 Afternoon Treats & Refreshments 2:30 Movie Matinee (RR T)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:00 Balloon Tennis (3rd) 2:30 Afternoon Treats & Refreshments 3:00 Social Hour (RR B) 3:15 Bocce Ball (3rd) <p style="text-align: center;">Federal Elections Day stay tuned for details</p>	9:30 1:1 visits 10:00 Snacks & Refreshments 10:30 Coffee & Current Events (RR B) 10:45 Music Therapy with Jennifer (3rd) 2:00 Colouring Club (3 rd) 2:30 Afternoon Treats & Refreshments 3:00 Bocce Ball (RR LL) 4:00 Scenery Walk (2nd)	9:30 1:1 visits 10:00 Snacks & Refreshments 10:45 The Price Is Right (3 rd) 10:30 Armchair Travel: Banff National Park (RR T) 2:00 Bingo (RR T) 2:30 Afternoon Treats & Refreshments 3:00 Fun and Fitness (3rd) 3:00 Social Hour (RR B)	B	Bistro	L	Lobby
				BR	SS Bridge Room	YR	SS Yoga Room
				GR	RR Game Room	Lib	SS Library
				2 nd	2 nd floor Dining Room	3 rd	3 rd floor lounge
				T	Theatre	WC	Wellness Center