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| **\*\*Please note calendar is subject to change \*\*****Notices will be posted**  | April 2025 | Location of Activities:RR = Retirement Residence | SS = Seniors’ Suites | A = Auditorium | B= Bistro | T = Theatre | P = Patio | AR = Activity Room | C= Chapel | L = Lobby |

Type of Activity: Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert

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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| Easter Recipes and Food Traditions | Green Chef UK20+ Free Hello April Images | Free HD ... | **1****April Fools Day****10:00 Fitness with Activities (SS-A)****10:00 Outing: Shopping at Walmart** **10:40 Current Events Discussion Group (RR-B)****1:15 Gentle Fitness (RR-A)****2:00 Sing A Long with Kelly (RR-L)****3:00 Group Crossword (SS-B)****7:15 Movie Night: Barbie** **(SS-T)** | **2****10:00 Fitness with Activities (SS-A)****10:30 Group Crossword** **(RR-B)****10:30 Current Events with Professor Cammy (SS-T)****10:45-11:45 Tuck Shop** **(RR-LL)****1:15 Chair Drums (RR-A)****2:00 Gardening Club Interest meeting (SS-A)****3:00 Social Hour** **(SS-B & RR-B)** | **3****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:45 Words within Words** **(RR-B)****1:30 Scrabble (RR-B)****1:45 “A Circle of Time” Senior’s Play by Seniors****(SS-T)****3:00 Buff Brains** **(SS-B & RR-B)****7:15 Movie Night: Sleepless in Seatle (SS-T)** | **4****10:00 Fun and Fitness with Gabe (SS-A)** **10:30-11:00 Blood Pressure Clinic SS Residents (Wellness Centre)****10:30 Concert with Don McDougal (RR-A)****2:00 Afternoon Concert with Larry Garnet (SS-DR)****2:00 Outing: Scenic Drive: Parliament Buildings** **3:00 Social Hour** **(SS-B & RR-B)****7:00 Independent Games Night (SS-B)** | **5****10:00 Coffee and Current Events (SS-B)****1:45 Bingo** **(SS-B)****3:15 Afternoon TV (SS-T)****3:30 Gentle Fitness & Stretching (RR-A)****7:15 Movie Night: Second Act (SS-T)** |
| **6****10:00 Virtual Catholic Mass(RR-A)****10:30 Virtual United Church Service (SS-T)****10:40 Tai Chi with Xian (RR-A)****2:00 Group Crossword** **(RR-B)****2:30 Knitting Club (SS-L)****3:00 Crafty Hour (RR-B)****7:15 Movie Night: Unfrosted (SS-T)** | **7****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:45 Morning Trivia** **(RR-B)****1:30 Bingo (RR-AR)****3:00 Social Hour****(SS-B & R-B)****7:15 Movie Night:** **Perfect Pairing (RR-A)** | **8****10:00 Fitness with Activities (SS-A)****10:00 Outing: Museum of Nature** **10:40 Current Events Discussion Group (RR-B)****1:15 Gentle Fitness (RR-A)****2:00 Sing A Long with Kelly (RR-L)****3:00 Group Crossword (SS-B)****7:15 Movie Night:** **Kinda Pregnant (SS-T)** | **9****10:00 Fitness with Activities (SS-A)****10:30 Group Crossword** **(RR-B)****10:45 -11:45 Tuck Shop** **(RR-LL)** **1:15 Chair Drums (RR-A)****2:00: Crafty Hour (RR-AR)****2:00 Sing A Long with Kelly (SS-L)****3:00: Social Hour** **(SS-B & RR-B)** | **10****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:45 Words within Words** **(RR-B)****1:30 Scrabble (RR-B)****2:00 Sudoku with Elina (SS-B)****2:00 Movie Committee Meeting (SS-T)****3:00 Buff Brains** **(SS-B & RR)****7:15 Movie Night: The Intern(SS-T)** | **11****10:00 Fun and Fitness with Gabe (SS-A)****10:30 Concert with Peter Foret (RR-A)****1:30 Baking Group (RR-A)****2:00 Play Jeopardy! (SS-T)****2:00 Outing: Walk at Andrew Hayden Park** **3:00 Social Hour** **(SS-B & RR-B)****7:00 Independent Games Night (SS-B)** | **12****10:00 Coffee and Current Events (SS-B)****1:45 Bingo (SS-B)****2:00 Paint and Sip with Family (SS-A)****3:30 Gentle Fitness & Stretching (RR-A)****7:15 Movie Night:** **Murder Mystery (SS-T)** |
| **13****10:00 Virtual Catholic Mass (RR-A)****10:30 Virtual United Church Service (SS-T)****10:40 Tai Chi with Xian (RR-A)****2:00 Group Crossword (RR-B)****2:30 Knitting Club (SS-L)****3:00 Crafty Hour (RR-B)****7:15 Movie Night: How to Be Single (SS-T)** | **14****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****11:00 Minute to Win it with Management (SS-B)****1:30 Bingo (RR-AR)****3:00 New Resident Meet and Greet Social hour** **(SS-B & RR-B)****7:15 Movie Night:** **Falling Inn Love (RR-A)** |  **15** **10:00 Fitness with Activities (SS-A)****10:40 Current Events Discussion Group (RR-B)****11:30 Outing: Lunch at Mandarin** **11:30 Homemade Quilt Sale (SS-L)****1:15 Gentle Fitness (RR-A)****2:00 Sing A Long with Kelly (RR-L)****2:00 Outing: Merivale Mall** **3:00 Group Crossword (SS-B)****7:15 Movie Night:** **Ticket To Paradise (SS-T)** | **16****10:00 Fitness with Activities (SS-A)****10:30 Group Crossword****(RR-B)****10:45-11:45 Tuck Shop****(RR-LL)****1:15 Chair Drums (RR-A)****2:00 Easter Crafty Hour****(RR-AR)****3:00 Social Hour****(SS-B & RR-B)** | **17****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:00-12:00 Laurie & Elina’s Easter Bake Sale (SS-L)****10:45 Easter Egg Hunt with Activities (SS-L)****1:30 Words within Words (SS-B)****3:00 Easter Tea (SS-B)****7:15 Movie Night:** **Paul Blart Mall Cop (SS-T)** | **18****Good Friday****10:00 Fitness with Activities (SS-A)****10:45 Words within Words** **(SS-B)****1:30 Group Crossword (RR-B)****7:00 Independent Games Night (SS-B)** |  **19****10:00 Coffee and Current Events (SS-B)****1:45 Bingo (SS-B)****3:15 Afternoon TV (SS-T)** **3:30 Gentle Fitness & Stretching (RR-A)****7:15 Movie Night:** **My Big Fat Greek Wedding (SS-T)** |
| **20****Easter****10:00 Virtual Catholic Mass (RR-A)****10:30 Virtual United Church Service (SS-T)****10:40 Tai Chi with Xian (RR-A)****11:30 Easter Buffet Lunch** **(Regular Seating Times** **SS-DR & RR-DR)****2:00 Group Crossword (RR-B)****2:30 Knitting Club (SS-L)****3:00 Crafty Hour (RR-B)****7:15 Movie Night: As Good As It Gets (SS-T)** | **21****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:45 Morning Trivia** **(RR-B)****1:30 Bingo (RR-AR)****3:00 Social Hour****(SS-B & RR-B)****7:15 Movie Night:** **50 First Dates (RR-A)** | **22****Earth Day****10:00 Fitness with Activities (SS-A)****10:00 Outing: Ottawa Public Library (Merivale)****10:45 Walk Around the Pond to Clean Up Our Community (Meet in the Parking Lot)** **1:15 Gentle Fitness (RR-A)****2:00 Sing A Long with Kelly (RR-L)****2:00 Outing: Coffee at Equator’s****3:00 Group Crossword (SS-B)****7:15 Movie Night: Spy (SS-T)** | **23****10:00 Fitness with Activities (SS-A)****10:30 Group Crossword** **(RR-B)****10:45-11:45 Tuck Shop****(RR-LL)****1:15 Chair Drums (RR-A)****2:00 Book Club Interest Meeting (SS-A)****3:00 Social Hour** **(SS-B & RR-B)** | **24****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:45 Words within Words** **(RR-B)****11:00 GM Chat (SS-T)****1:30 Paint and Sip** **(SS-A)****3:00 Buff Brains** **(SS-B & RR-B)****7:15 Movie Night:** **Man of the House (SS-T)** | **25****10:00 Fun and Fitness with Gabe (SS-A)****10:30 Concert with Derek (RR-A)** **1:30 Baking Group** **(RR-AR)****2:00 Play Jeopardy with Management! (SS-T)****2:00 Outing: Painting and Pottery at The Mud Oven** **3:00 Social Hour** **(SS-B & RR-B)****7:00 Independent Games Night (SS-B)** | **26****10:00 Coffee and Current Events (SS-B)****2:00 ASNY Performance Troop (SS-DR)****3:15 Afternoon TV (SS-T)****3:30 Gentle Fitness & Stretching (RR-A)****7:15 Movie Night: Girls Trip (SS-T)** |

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| **27****10:00 Virtual Catholic Mass (RR-A)****10:30 Virtual United Church Service (SS-T)****10:40 Tai Chi with Xian (RR-A)****2:00 Group Crossword (RR-B)****2:30 Knitting Club (SS-L)****3:00 Crafty Hour (RR-B)****7:15 Movie Night: Home Again (SS-T)** | **28****9:30 Fitness with Sid** **(RR-A)****10:00 Fitness with Activities (SS-A)****10:30 Inquiring Minds** **(SS-T)****10:45 Morning Trivia** **(RR-B)****1:30 Bingo (RR-AR)****2:00 Resident Council Meeting (SS-A)****3:00 Social Hour** **(SS-B & RR-B)****7:15 Movie Night: Mother’s Day (RR-A)**  | **29****10:00 Fitness with Activities (SS-A)****10:00 Outing: Coffee & Discussion at Tim Hortons** **10:40 Current Events Discussion Group (RR-B)****1:15 Gentle Fitness (RR-A)****2:00 Sing A Long with Kelly (RR-L)****2:00 Outing: College Square Mall** **3:00 Group Crossword (SS-B)****7:15 Movie Night: Identity Thief (SS-T)** | **30****10:00 Fitness with Activities (SS-A)****10:30 Group Crossword** **(RR-B)****10:45-11:45 Tuck Shop** **(RR-LL)****1:15 Chair Drums (RR-A)****2:15 Meet me at the Movies (SS-T)****5:00 Birthday Dinner****(SS-DR & RR-DR One Seating)** |

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