

****Please note calendar is subject to change ****

Notices will be posted

April 2025

Location of Activities:

RR = Retirement Residence | SS = Seniors' Suites | A = Auditorium |

B= Bistro | T= Theatre | P = Patio | AR = Activity Room | C= Chapel |

L = Lobby

Type of Activity: Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>April Fools Day</p> <p>10:00 Fitness with Activities (SS-A)</p> <p>10:00 Outing: Shopping at Walmart</p> <p>10:40 Current Events Discussion Group (RR-B)</p> <p>1:15 Gentle Fitness (RR-A)</p> <p>2:00 Sing A Long with Kelly (RR-L)</p> <p>3:00 Group Crossword (SS-B)</p> <p>7:15 Movie Night: Barbie (SS-T)</p>	<p>10:00 Fitness with Activities (SS-A)</p> <p>10:30 Group Crossword (RR-B)</p> <p>10:30 Current Events with Professor Cammy (SS-T)</p> <p>10:45-11:45 Tuck Shop (RR-LL)</p> <p>1:15 Chair Drums (RR-A)</p> <p>2:00 Gardening Club Interest meeting (SS-A)</p> <p>3:00 Social Hour (SS-B & RR-B)</p>	<p>9:30 Fitness with Sid (RR-A)</p> <p>10:00 Fitness with Activities (SS-A)</p> <p>10:45 Words within Words (RR-B)</p> <p>1:30 Scrabble (RR-B)</p> <p>1:45 "A Circle of Time" Senior's Play by Seniors (SS-T)</p> <p>3:00 Buff Brains (SS-B & RR-B)</p> <p>7:15 Movie Night: Sleepless in Seattle (SS-T)</p>	<p>10:00 Fun and Fitness with Gabe (SS-A)</p> <p>10:30-11:00 Blood Pressure Clinic SS Residents (Wellness Centre)</p> <p>10:30 Concert with Don McDougal (RR-A)</p> <p>2:00 Afternoon Concert with Larry Garnet (SS-DR)</p> <p>2:00 Outing: Scenic Drive: Parliament Buildings</p> <p>3:00 Social Hour (SS-B & RR-B)</p> <p>7:00 Independent Games Night (SS-B)</p>	<p>10:00 Coffee and Current Events (SS-B)</p> <p>1:45 Bingo (SS-B)</p> <p>3:15 Afternoon TV (SS-T)</p> <p>3:30 Gentle Fitness & Stretching (RR-A)</p> <p>7:15 Movie Night: Second Act (SS-T)</p>
<p>10:00 Virtual Catholic Mass (RR-A)</p> <p>10:30 Virtual United Church Service (SS-T)</p> <p>10:40 Tai Chi with Xian (RR-A)</p> <p>2:00 Group Crossword (RR-B)</p> <p>2:30 Knitting Club (SS-L)</p> <p>3:00 Crafty Hour (RR-B)</p> <p>7:15 Movie Night: Unfrosted (SS-T)</p>	<p>9:30 Fitness with Sid (RR-A)</p> <p>10:00 Fitness with Activities (SS-A)</p> <p>10:45 Morning Trivia (RR-B)</p> <p>1:30 Bingo (RR-AR)</p> <p>3:00 Social Hour (SS-B & R-B)</p> <p>7:15 Movie Night: Perfect Pairing (RR-A)</p>	<p>10:00 Fitness with Activities (SS-A)</p> <p>10:00 Outing: Museum of Nature</p> <p>10:40 Current Events Discussion Group (RR-B)</p> <p>1:15 Gentle Fitness (RR-A)</p> <p>2:00 Sing A Long with Kelly (RR-L)</p> <p>3:00 Group Crossword (SS-B)</p> <p>7:15 Movie Night: Kinda Pregnant (SS-T)</p>	<p>10:00 Fitness with Activities (SS-A)</p> <p>10:30 Group Crossword (RR-B)</p> <p>10:45 -11:45 Tuck Shop (RR-LL)</p> <p>1:15 Chair Drums (RR-A)</p> <p>2:00: Crafty Hour (RR-AR)</p> <p>2:00 Sing A Long with Kelly (SS-L)</p> <p>3:00: Social Hour (SS-B & RR-B)</p>	<p>9:30 Fitness with Sid (RR-A)</p> <p>10:00 Fitness with Activities (SS-A)</p> <p>10:45 Words within Words (RR-B)</p> <p>1:30 Scrabble (RR-B)</p> <p>2:00 Sudoku with Elina (SS-B)</p> <p>2:00 Movie Committee Meeting (SS-T)</p> <p>3:00 Buff Brains (SS-B & RR)</p> <p>7:15 Movie Night: The Intern (SS-T)</p>	<p>10:00 Fun and Fitness with Gabe (SS-A)</p> <p>10:30 Concert with Peter Foret (RR-A)</p> <p>1:30 Baking Group (RR-A)</p> <p>2:00 Play Jeopardy! (SS-T)</p> <p>2:00 Outing: Walk at Andrew Hayden Park</p> <p>3:00 Social Hour (SS-B & RR-B)</p> <p>7:00 Independent Games Night (SS-B)</p>	<p>10:00 Coffee and Current Events (SS-B)</p> <p>1:45 Bingo (SS-B)</p> <p>2:00 Paint and Sip with Family (SS-A)</p> <p>3:30 Gentle Fitness & Stretching (RR-A)</p> <p>7:15 Movie Night: Murder Mystery (SS-T)</p>

<p style="text-align: right;">13</p> <p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Group Crossword (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: How to Be Single (SS-T)</p>	<p style="text-align: right;">14</p> <p>9:30 Fitness with Sid (RR-A) 10:00 Fitness with Activities (SS-A) 11:00 Minute to Win it with Management (SS-B) 1:30 Bingo (RR-AR) 3:00 New Resident Meet and Greet Social hour (SS-B & RR-B) 7:15 Movie Night: Falling Inn Love (RR-A)</p>	<p style="text-align: right;">15</p> <p>10:00 Fitness with Activities (SS-A) 10:40 Current Events Discussion Group (RR-B) 11:30 Outing: Lunch at Mandarin 11:30 Homemade Quilt Sale (SS-L) 1:15 Gentle Fitness (RR-A) 2:00 Sing A Long with Kelly (RR-L) 2:00 Outing: Merivale Mall 3:00 Group Crossword (SS-B) 7:15 Movie Night: Ticket To Paradise (SS-T)</p>	<p style="text-align: right;">16</p> <p>10:00 Fitness with Activities (SS-A) 10:30 Group Crossword (RR-B) 10:45-11:45 Tuck Shop (RR-LL) 1:15 Chair Drums (RR-A) 2:00 Easter Crafty Hour (RR-AR) 3:00 Social Hour (SS-B & RR-B)</p>	<p style="text-align: right;">17</p> <p>9:30 Fitness with Sid (RR-A) 10:00 Fitness with Activities (SS-A) 10:00-12:00 Laurie & Elina's Easter Bake Sale (SS-L) 10:45 Easter Egg Hunt with Activities (SS-L) 1:30 Words within Words (SS-B) 3:00 Easter Tea (SS-B) 7:15 Movie Night: Paul Blart Mall Cop (SS-T)</p>	<p style="text-align: right;">18</p> <p style="text-align: center;">Good Friday</p> <p>10:00 Fitness with Activities (SS-A) 10:45 Words within Words (SS-B) 1:30 Group Crossword (RR-B) 7:00 Independent Games Night (SS-B)</p>	<p style="text-align: right;">19</p> <p>10:00 Coffee and Current Events (SS-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV (SS-T) 3:30 Gentle Fitness & Stretching (RR-A) 7:15 Movie Night: My Big Fat Greek Wedding (SS-T)</p>
<p style="text-align: right;">20</p> <p style="text-align: center;">Easter</p> <p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 11:30 Easter Buffet Lunch (Regular Seating Times SS-DR & RR-DR) 2:00 Group Crossword (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: As Good As It Gets (SS-T)</p>	<p style="text-align: right;">21</p> <p>9:30 Fitness with Sid (RR-A) 10:00 Fitness with Activities (SS-A) 10:45 Morning Trivia (RR-B) 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: 50 First Dates (RR-A)</p>	<p style="text-align: right;">22</p> <p style="text-align: center;">Earth Day</p> <p>10:00 Fitness with Activities (SS-A) 10:00 Outing: Ottawa Public Library (Merivale) 10:45 Walk Around the Pond to Clean Up Our Community (Meet in the Parking Lot) 1:15 Gentle Fitness (RR-A) 2:00 Sing A Long with Kelly (RR-L) 2:00 Outing: Coffee at Equator's 3:00 Group Crossword (SS-B) 7:15 Movie Night: Spy (SS-T)</p>	<p style="text-align: right;">23</p> <p>10:00 Fitness with Activities (SS-A) 10:30 Group Crossword (RR-B) 10:45-11:45 Tuck Shop (RR-LL) 1:15 Chair Drums (RR-A) 2:00 Book Club Interest Meeting (SS-A) 3:00 Social Hour (SS-B & RR-B)</p>	<p style="text-align: right;">24</p> <p>9:30 Fitness with Sid (RR-A) 10:00 Fitness with Activities (SS-A) 10:45 Words within Words (RR-B) 11:00 GM Chat (SS-T) 1:30 Paint and Sip (SS-A) 3:00 Buff Brains (SS-B & RR-B) 7:15 Movie Night: Man of the House (SS-T)</p>	<p style="text-align: right;">25</p> <p>10:00 Fun and Fitness with Gabe (SS-A) 10:30 Concert with Derek (RR-A) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy with Management! (SS-T) 2:00 Outing: Painting and Pottery at The Mud Oven 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)</p>	<p style="text-align: right;">26</p> <p>10:00 Coffee and Current Events (SS-B) 2:00 ASNY Performance Troop (SS-DR) 3:15 Afternoon TV (SS-T) 3:30 Gentle Fitness & Stretching (RR-A) 7:15 Movie Night: Girls Trip (SS-T)</p>
<p style="text-align: right;">27</p> <p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Group Crossword (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Home Again (SS-T)</p>	<p style="text-align: right;">28</p> <p>9:30 Fitness with Sid (RR-A) 10:00 Fitness with Activities (SS-A) 10:30 Inquiring Minds (SS-T) 10:45 Morning Trivia (RR-B) 1:30 Bingo (RR-AR) 2:00 Resident Council Meeting (SS-A) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Mother's Day (RR-A)</p>	<p style="text-align: right;">29</p> <p>10:00 Fitness with Activities (SS-A) 10:00 Outing: Coffee & Discussion at Tim Hortons 10:40 Current Events Discussion Group (RR-B) 1:15 Gentle Fitness (RR-A) 2:00 Sing A Long with Kelly (RR-L) 2:00 Outing: College Square Mall 3:00 Group Crossword (SS-B) 7:15 Movie Night: Identity Thief (SS-T)</p>	<p style="text-align: right;">30</p> <p>10:00 Fitness with Activities (SS-A) 10:30 Group Crossword (RR-B) 10:45-11:45 Tuck Shop (RR-LL) 1:15 Chair Drums (RR-A) 2:15 Meet me at the Movies (SS-T) 5:00 Birthday Dinner (SS-DR & RR-DR One Seating)</p>			