



December 2024

Location of Activities:

RR = Retirement Residence | SS = Senior Suites | A = Auditorium | B= Bistro | T = Theatre | P = Patio | AR = Activity Room | C= Chapel | L = Lobby

Type of Activity: Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert

Sun	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Group Crossword (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Holidate (SS-T)</p>	<p>10:00 Fitness with Activities (SS-A) 10:30 Christmas Scavenger Hunt (RR-L) 1:30 Bingo (RR-AR) 2:00 Men's Group (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Father Christmas is Back (RR-A)</p>	<p>10:00 Outing: Bayshore 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:00 Outing: Shopping at Tanger Outlets 2:00 Sing-along with Kelly - Christmas Carols (RR-L) 2:00 Christmas/ Holiday Cards Craft (SS-L) 3:00 Group Crossword (SS-B) 7:15 Movie Night: The Queen (SS-T)</p>	<p>10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Christmas/ Holiday Cards Craft (RR-AR) 2:00 Sing-along with Kelly - Christmas Carols (SS-L) 3:00 Social Hour (SS-B & RR-B)</p>	<p>10:00 Fitness with Activities (SS-A) 10:00- 2:00 Photo Restoration (SS-L) 10:40 Morning Trivia (SS-B) 11:00 Fitness with Andrew (RR-A) 1:30 Scrabble/ Group board Games (RR-B) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Holiday in the Wild (SS-T)</p>	<p>10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Morning Concert with Jeff Stoddard (RR-A) 11-2:00 In House Shopping- Avon 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)</p>	<p>10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: How the Grinch Stole Christmas (SS-T)</p>
8	9	10	11	12	13	14
<p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:30 Children's Choir (SS-DR) 7:15 Movie Night: Mansfield Park (SS-T)</p>	<p>10:00 Fitness with Activities (SS-A) 10:30 Women's Group (SS-T) 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Christmas in Rome (RR-A)</p>	<p>10:30 Outing: Chocolate Factory Almonte & Donuts at Healthy Food Technologies 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 2:00 Carols with Elaine (SS-DR) 3:00 Group Crossword (SS-B) 6:30 Outing: Alight at Night Upper Canada Village 7:15 Movie Night: Deck the Halls (SS-T)</p>	<p>Please note there is no Social Hour today **** 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Ornament Craft (RR-AR) Pictures with Santa 3:30-4:15 RR L & 4:15-5:00 SS DR) 5:00 Resident Christmas Party (SS-DR & RR-DR)</p>	<p>10:00 Fitness with Activities (SS-A) 10-2:00 Christmas Bazaar & Christmas Bake Sale (SS-L) 11:00 Fitness with Andrew (RR-A) 1:30 Ornament Craft (SS-B) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: I'll be Home for Christmas (SS-T)</p>	<p>10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Staff Christmas Party Dinner 4:30- 6:00 Pm due to Staff Christmas Party</p>	<p>10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: The Christmas Chronicles (SS-T)</p>

<p>15</p> <p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Group Crossword (SS-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: The Christmas Chronicles 2 (SS-T)</p>	<p>16</p> <p>Crazy Hair Day 10:00 Fitness with Activities (SS-A) 10:40 Current Events Discussion Group (RR-B) 1:30 Bingo (RR-AR) 2:00 Resident Council Meeting (SS-A) 3:00 New Resident Meet and Greet Social Hour (SS-B & RB) 7:15 Movie Night: The Holiday Calendar (RR-A)</p>	<p>17</p> <p>Polar Express Day Wear your Favourite appropriate Pjs and Slippers 10:00 Fitness with Activities (SS-A) 10:30 Sing A Long with Kelly (RR-L) 11:00 Fitness with Andrew (RR-A) 1:30 Gingerbread house assembling (SS-L) 2:00- Gingerbread House assembling (RR-AR) 3:00 Group Crossword (SS-B) 6:00 Outing: Magic of Lights 7:15 Movie Night: A California Christmas (SS-T)</p>	<p>18</p> <p>Mad About Plaid Wear your Favourite flannel or other Plaid 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 1:30 Christmas Cookie Decorating (SS-L) 2:00 Crafty hour (RR-AR) 3:00 Social Hour (SS-B & RR-B)</p>	<p>19</p> <p>Deck the Halls Wear your Favourite Holiday Accessories ** 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 Scrabble/ Group board Games (RR-B) 2:00 Movie Committee Meeting (SS-T) 2:00 Sing A Long with Kelly (SS-L) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Dolly Parton's Christmas on the Square (SS-T)</p>	<p>20</p> <p>Ugly Christmas Sweater Day Staff and residents. 10:00 Fun and Fitness with Gabe (SS-A) 10:30 Morning Concert with Derek (RR-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 1:30 Christmas Cookie Decorating (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Christmas Themed Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)</p>	<p>21</p> <p>10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: The Man who Invented Christmas (SS-T)</p>
<p>22</p> <p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Group Crossword RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Every Christmas Has A Story (SS-T)</p>	<p>23</p> <p>10:00 Fitness with Activities (SS-A) 10:40 Current Events Discussion Group (RR-B) 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Best Christmas Ever! (RR-A)</p>	<p>24</p> <p>*Christmas Eve * 10:00 Outing: Christmas Eve Coffee at Tim Hortons 10:00 Fitness with Activities (SS-A) 11:00 Morning Fitness (RR-A) 3:00 Group Crossword (SS-B) Christmas Eve Dinner (Regular seating times RR-DR & SS DR) 7:15 Movie Night: La Bamba (SS-T)</p>	<p>25</p> <p>Please note Social Hour will be combined on this day **** 10:00 Fitness with Activities (SS-A) 10:40 Morning Puzzles (RR-B) 10:35 Yoga with Georgia (SS-A) 11:30 Christmas Brunch (Regular Seating times RR-DR & SS DR) 1:15 Chair Drums (RR-A) 3:00 Social Hour (SS-B)</p>	<p>26</p> <p>10:00 Fitness with Activities (SS-A) 10:40 Coffee & Coloring (RR-B) 1:30 Scrabble/ Group board Games (RR-B) 3:00 Fit Minds (SS-B) 7:15 Movie Night Love the Coopers (SS-T)</p>	<p>27</p> <p>10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)</p>	<p>28</p> <p>10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Meet me Next Christmas (SS-T)</p>
<p>29</p> <p>10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Group Crossword (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: (SS-T)</p>	<p>30</p> <p>10:00 Fitness with Activities (SS-A) 10:40 Current Events Discussion Group (RR-B) 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Our Little Secret (RR-A)</p>	<p>31</p> <p>10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:00 Outing: Scenic Drive 3:00 Champagne Social (SS-B & RR-B) 7:15 Movie Night: Midnight at the Magnolia (SS-T)</p>				