

# RAVINES DECEMBER 2024 ACTIVITIES CALENDAR

Type of Activity: Blue - Fitness | Green - New | Red - Movie/ TV/ Virtual | Pink - Special | Orange - Game | Purple - Concert | Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<p><b>10:15 Weekend Exercise (RRA)</b></p> <p><b>11:00 St. Mary's Catholic Live Stream Mass (RRT)</b></p> <p><b>2:00 Resident Run Bridge (SSB)</b></p> <p><b>2:15 Movie: Shirley Valentine (RRT)</b></p> <p><b>7:15 Movie Replay: Shirley Valentine (RRT)</b></p>	<p><b>10:00 Chair Cardio Exercise (SSA)</b></p> <p><b>10:35 Seated Ball Exercise (RRA)</b></p> <p><b>2:00 BINGO (SSA)</b></p> <p><b>2:00 Scenic Drive</b></p> <p><b>2:30 Aquafit (SSP)</b></p> <p><b>2:30 Handi-House Walker Repair Clinic (RRL)</b></p> <p><b>3:15 Social Hour (SSB)</b></p> <p><b>3:15 Handi-House Walker Repair Clinic (SSL)</b></p> <p><b>3:30 Virtual Hymn Sing (RRT)</b></p>	<p><b>10:00 Moderate Intensity Exercise (SSA)</b></p> <p><b>10:35 Gentle Chair Exercise (RRA)</b></p> <p><b>11:00 Vendor: Anna's Travelling Shop (SSL)</b></p> <p><b>11:00 RR Residents' Meeting with GM (RRT)</b></p> <p><b>2:00 Craft Club (SSA)</b></p> <p><b>2:00 Resident Run Euchre (SSB)</b></p> <p><b>2:30 Classic Movies: Guys and Dolls (RRT)</b></p> <p><b>3:15 Social Hour (RRB)</b></p>	<p><b>9:30 Shopping: Billings Bridge Mall</b></p> <p><b>10:00 Vendor: My Closet (SSL)</b></p> <p><b>10:00 Chair Zumba (SSA)</b></p> <p><b>10:35 Seated Ball Exercise (RRA)</b></p> <p><b>1:00 Outing: Casino du Lac-Leamy</b></p> <p><b>2:00 BINGO (SSA)</b></p> <p><b>2:00 Resident Run Bridge (SLL)</b></p> <p><b>2:30 Aquafit (SSP)</b></p> <p><b>3:15 Social Hour (SSB)</b></p>	<p><b>9:15 Tuck Shop (SSL)</b></p> <p><b>10:00 Full Body Mobility Exercise (SSA)</b></p> <p><b>10:00 Tuck Shop (RRL)</b></p> <p><b>10:35 Gentle Chair Exercise (RRA)</b></p> <p><b>2:00 Resident Run Euchre (SSB)</b></p> <p><b>2:30 Giant Crossword Puzzle (RRT)</b></p> <p><b>3:15 Social Hour (RRB)</b></p>	<p><b>10:00 Chair Tai Chi (SSA)</b></p> <p><b>10:35 Seated Ball Exercise (RRA)</b></p> <p><b>2:00 BINGO (SSA)</b></p> <p><b>2:00 Resident Run Bridge (SLL)</b></p> <p><b>2:00 Prof. Cammy (RRC)</b></p> <p><b>2:30 Music Hall: Christmas in Vienna - The Three Tenors (RRT)</b></p> <p><b>2:30 Aquafit (SSP)</b></p> <p><b>3:15 Social Hour (SSB)</b></p>	<p><b>10:15 Weekend Exercise (SSA)</b></p> <p><b>2:15 Movie: The Merry Gentlemen (RRT)</b></p> <p><b>3:15 Social Hour (RRB)</b></p> <p><b>7:15 Movie Replay: The Merry Gentlemen (RRT)</b></p>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<p><b>10:15 Weekend Exercise (RRA)</b></p> <p><b>11:00 St. Mary's Catholic Live Stream Mass (RRT)</b></p> <p><b>2:00 Resident Run Bridge (SSB)</b></p> <p><b>2:15 Movie: Gifted (RRT)</b></p> <p><b>2:30 Interdenominational Church Service (RRA)</b></p> <p><b>7:15 Movie Replay: Gifted (RRT)</b></p>	<p><b>8:00 Breakfast with Santa (RSD)</b></p> <p><b>10:00 Chair Cardio Exercise (SSA)</b></p> <p><b>10:35 Seated Ball Exercise (RRA)</b></p> <p><b>2:00 BINGO (SSA)</b></p> <p><b>2:00 Scenic Drive</b></p> <p><b>2:30 Aquafit (SSP)</b></p> <p><b>3:00 Social Hour Karaoke (SSB)</b></p> <p><b>3:30 Virtual Hymn Sing (RRT)</b></p>	<p><b>9:30 COVID Booster Shot (SSA)</b></p> <p><b>10:35 Gentle Chair Exercise (RRA)</b></p> <p><b>2:00 Craft Club (SSA)</b></p> <p><b>2:00 Resident Run Euchre (SSB)</b></p> <p><b>2:30 Water Colour Painting with Elva (RRA)</b></p> <p><b>2:30 Classic Movies: Road to Bali (RRT)</b></p> <p><b>3:15 Social Hour (RRB)</b></p>	<p><b>9:30 Shopping: Merivale Mall</b></p> <p><b>10:00 Vendor: Beaded Elegance (SSL)</b></p> <p><b>10:00 Chair Zumba (SSA)</b></p> <p><b>10:35 Seated Ball Exercise (RRA)</b></p> <p><b>11:45 Outing: Christmas Lunch at Mandarin</b></p> <p><b>2:00 BINGO (SSA)</b></p> <p><b>2:00 Resident Run Bridge (SLL)</b></p> <p><b>2:30 Aquafit (SSP)</b></p> <p><b>3:15 Social Hour (SSB)</b></p>	<p><b>9:15 Tuck Shop (SSL)</b></p> <p><b>10:00 Full Body Mobility Exercise (SSA)</b></p> <p><b>10:00 Tuck Shop (RRL)</b></p> <p><b>10:35 Gentle Chair Exercise (RRA)</b></p> <p><b>2:00 Resident Run Euchre (SSB)</b></p> <p><b>2:30 Hangman - a letter guessing game (RRT)</b></p> <p><b>3:00 Social Hour Karaoke (RRB)</b></p>	<p><b>10:00 Chair Tai Chi (SSA)</b></p> <p><b>10:35 Seated Ball Exercise (RRA)</b></p> <p><b>2:00 BINGO (SSA)</b></p> <p><b>2:00 Resident Run Bridge (SLL)</b></p> <p><b>2:30 Christmas Sing-a-long with Elaine Graham and Carol Anne (SSB)</b></p> <p><b>2:30 Aquafit (SSP)</b></p> <p><b>3:30 Social Hour (SSB)</b></p>	<p><b>10:15 Weekend Exercise (SSA)</b></p> <p><b>2:15 Movie: Meet Me Next Christmas (RRT)</b></p> <p><b>3:15 Social Hour (RRB)</b></p> <p><b>7:15 Movie Replay: Meet Me Next Christmas (RRT)</b></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																				
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>***Birthday Dinner*** 19</b>	<b>20</b>	<b>21</b>																																				
<p>10:15 Weekend Exercise (RRA)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RRT)</p> <p>2:00 Resident Run Bridge (SSB)</p> <p>2:15 Movie: Kingsman: The Golden Circle (RRT)</p> <p>7:15 Movie Replay: Kingsman: The Golden Circle (RRT)</p>	<p>10:00 Chair Cardio Exercise (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Scenic Drive</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p> <p>3:30 Virtual Hymn Sing (RRT)</p>	<p>10:00 Moderate Intensity Exercise (SSA)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Craft Club (SSA)</p> <p>2:00 Resident Run Euchre (SSB)</p> <p>2:00 Getting Help with Technology: Phones &amp; Tablets (RRA)</p> <p>2:30 Classic Movies: Christmas on Mistletoe Farm (RRT)</p> <p>3:15 Social Hour (RRB)</p>	<p>9:30 Shopping: Billings Bridge Mall</p> <p>10:00 Blood Pressure Clinic (SSB)</p> <p>10:00 Chair Zumba (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>1:30 Shopping: Walmart</p> <p>2:00 BINGO (SSA)</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p> <p>6:00 Christmas Drive: Magic of Lights (Kanata)</p>	<p>9:15 Tuck Shop (SSL)</p> <p>10:00 Full Body Mobility Exercise (SSA)</p> <p>10:00 Tuck Shop (RRL)</p> <p>10:35 SS Residents' Council Meeting (RRT)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Resident Run Euchre (SSB)</p> <p>2:30 Christmas with Sunset Singers (RRA)</p> <p>5:00 Birthday/Anniversary Dinner (RSD)</p>	<p>10:00 Photo Restoration: Life in Colour (SSL)</p> <p>10:00 Chair Tai Chi (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Resident Run Bridge (SLL)</p> <p>2:30 Music Hall: Christmas with Daniel O'Donnell (RRT)</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p>	<p>10:15 Weekend Exercise (SSA)</p> <p>2:15 Movie: Hot Frosty (RRT)</p> <p>3:15 Social Hour (RRB)</p> <p>7:15 Movie Replay: Hot Frosty (RRT)</p>																																				
<b>22</b>	<b>23</b>	<b>Christmas Eve 24</b>	<b>Christmas 25</b>	<b>Boxing Day 26</b>	<b>27</b>	<b>28</b>																																				
<p>10:15 Weekend Exercise (RRA)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RRT)</p> <p>2:00 Resident Run Bridge (SSB)</p> <p>2:15 Movie: Our Little Secret (RRT)</p> <p>2:30 MET Bible Church Christmas Service (RRA)</p> <p>7:15 Movie Replay: Our Little Secret (RRT)</p>	<p>10:00 Chair Cardio Exercise (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Scenic Drive</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p> <p>3:30 Virtual Hymn Sing (RRT)</p>	<p>10:00 Moderate Intensity Exercise (SSA)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Craft Club (SSA)</p> <p>2:00 Resident Run Euchre (SSB)</p> <p>2:30 Classic Movies: A Christmas Carol (RRT)</p> <p>3:15 Social Hour (RRB)</p>	<p>10:00 St. Mary's Church Live Stream Christmas Mass (RRT)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Resident Run Bridge (SLL)</p> <p>2:30 Michael Bubl�e's Christmas in the City (RRT)</p>	<p>9:15 Tuck Shop (SSL)</p> <p>10:00 Full Body Mobility Exercise (SSA)</p> <p>10:00 Tuck Shop (RRL)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Resident Run Euchre (SSB)</p> <p>2:30 Wordle - a game that involves figuring out a secret 5-letter word (RRT)</p> <p>3:15 Social Hour (RRB)</p>	<p>10:00 Chair Tai Chi (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Resident Run Bridge (SLL)</p> <p>2:30 Book Club Meeting (RLI)</p> <p>2:30 Music Hall: Andre Rieu - Christmas Special (RRT)</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p>	<p>10:15 Weekend Exercise (SSA)</p> <p>2:15 Movie: Widow Clicquot (RRT)</p> <p>3:15 Social Hour (RRB)</p> <p>7:15 Movie Replay: Widow Clicquot (RRT)</p>																																				
<b>29</b>	<b>30</b>	<b>New Year's Eve 31</b>	<b>Location Code</b>																																							
<p>10:15 Weekend Exercise (RRA)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RRT)</p> <p>2:00 Resident Run Bridge (SSB)</p> <p>2:15 Movie: Joy (RRT)</p> <p>7:15 Movie Replay: Joy (RRT)</p>	<p>10:00 Chair Cardio Exercise (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Scenic Drive</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p> <p>3:30 Virtual Hymn Sing (RRT)</p>	<p>10:00 Moderate Intensity Exercise (SSA)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Craft Club (SSA)</p> <p>2:00 Resident Run Euchre (SSB)</p> <p>2:30 Classic Movies: The Man Who Invented Christmas (RRT)</p> <p>2:30 New Year's Eve Celebration (RRA)</p>	<table border="1"> <tbody> <tr> <td>RRB</td> <td>RR Bistro</td> <td>RBY</td> <td>Backyard</td> <td>SSL</td> <td>SS Lobby</td> </tr> <tr> <td>RRD</td> <td>RR Dining Room</td> <td>RRA</td> <td>RR Activities Room</td> <td>SSP</td> <td>SS Pool</td> </tr> <tr> <td>RRG</td> <td>RR Game Room</td> <td>RRC</td> <td>RR Chapel</td> <td>PKL</td> <td>Front Parking Lot</td> </tr> <tr> <td>RLI</td> <td>RR Library</td> <td>SSB</td> <td>SS Bistro</td> <td>RSD</td> <td>RR &amp; SS Dining Room</td> </tr> <tr> <td>RRL</td> <td>RR Lobby</td> <td>SSD</td> <td>SS Dining Room</td> <td>SSA</td> <td>SS Activities Room</td> </tr> <tr> <td>RRT</td> <td>RR Theatre</td> <td>SLI</td> <td>SS Library</td> <td>SLL</td> <td>SS Lower Level</td> </tr> </tbody> </table>				RRB	RR Bistro	RBY	Backyard	SSL	SS Lobby	RRD	RR Dining Room	RRA	RR Activities Room	SSP	SS Pool	RRG	RR Game Room	RRC	RR Chapel	PKL	Front Parking Lot	RLI	RR Library	SSB	SS Bistro	RSD	RR & SS Dining Room	RRL	RR Lobby	SSD	SS Dining Room	SSA	SS Activities Room	RRT	RR Theatre	SLI	SS Library	SLL	SS Lower Level
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