

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>PROMENADE</h1> <h2>Memory Care/Assisted Living</h2> <h1>December 2024</h1>						Type of Activity: Blue - Fitness Green - New Red - Movie/ TV/Virtual Pink - Special Orange - Game Purple - Concert Brown - Bus Trip/Shopping
1	2	3	4	5	6	7
9:30 Colouring Club (RR AR) 10:30 Sing A Long (3rd) 11:00 St. Mary's Catholic Live Stream Mass (RR T) 1:30 Bean Bags (2 nd) 2:30 Movie Matinee (RR T)	8:30 Scenery Walk (2 nd) 9:30 Monday Manicures (3 rd) 10:30 Coffee & Current Events (RR B) 11:00 Beach Ball Catch (3rd) 1:30 Monday Manicures (2 nd) 3:00 Social Hour (RR B) 3:15 Bocce Ball (3 rd)	8:30 Scenery Walk (3rd) 9:30 Colouring Club (RR AR) 10:00 Fun and Fitness (2nd) 10:45 Music Therapy with Jennifer (2 nd) 1:30 Christmas Card Making (3 rd) 3:00 Bean Bags (RR LL) 4:00 Scenery Walk (2nd)	8:30 Scenery Walk (2 nd) 9:30 1:1 Visits (2 nd) 10:00-3:00 Vendor: Jonick's Clothing Sale (RR LL) 10:30 Armchair Travel: Moscow (RR T) 10:45 Lucky Dip (3 rd) 2:00 Bingo (RR T) 3:15 Fun and Fitness (3rd) 3:00 Social Hour (RR B)	8:30 Scenery Walk (3 rd) 9:45 Ball Toss (3 rd) 1:30 Billiards (RR GR) 3:15 Balloon Tennis (3rd)	8:30 Scenery Walk (2 nd) 9:30 Latin Chair Dancing (RR LL) 9:30 1:1 Visits (3 rd) 10:30 Sing A Long (RR T) 2:00 Sing A Long with Dale (SS L) 3:00 Social Hour (RR B)	9:30 1:1 visits (2 nd & 3 rd) 1:30 Bean Bags (3rd) 3:00 Fit Minds (3 rd) 4:00 Tea & Shortbread Cookies Social (RR B)
8	9	10	11	12	13	14
9:30 Colouring Club (RR AR) 10:30 Sing A Long (3 rd) 11:00 St. Mary's Catholic Stream Mass (RR T) 1:30 Bean Bags (2 nd) 2:30 Movie Matinee (RR T)	8:30 Scenery Walk (2 nd) 9:30 Monday Manicures (3 rd) 10:30 Coffee & Current Events (RR B) 1:15 Mindful Colouring (3 rd) 1:30 Monday Manicures (2 nd) 3:00 Social Hour (RR B) 3:15 Bocce Ball (3rd)	8:30 Scenery Walk (3 rd) 9:30 Colouring Club (RR AR) 10:00 Fun and Fitness (2nd) 10:45 Music Therapy with Jennifer (3 rd) 1:30 Blood Pressure & Weight Clinic (RR WC) 1:30 Gingerbread Cookie Decorating (3 rd) 3:00 Bocce Ball (RR LL) 4:00 Scenery Walk (2nd)	8:30 Scenery Walk (2 nd) 10:30 Armchair Travel: The North Pole (RR T) 10:45 Christmas Charades (3 rd) 2:00 Bingo (RR T) 3:00 Fun and Fitness (3rd) 3:00 Social Hour (RR B) 4:00 1:1 Visits (3 rd)	8:30 Scenery Walk (3 rd) 9:45 Ball Toss (3 rd) 10:45 Hot Chocolate Social (RR B) 1:30 Divine Infant Elementary School Choir (SS L) 3:15 Afternoon Stretching (3rd) 4:00 1:1 Visits (2 nd)	8:30 Scenery Walk (2 nd) 10:30 Sing A Long (RR T) 2:00 Art Class: Christmas Ornaments (RR AR) 3:00 Social Hour (RR B) 3:00 Ball Toss (3rd)	9:30 1:1 visits (2 nd) 1:15 Bean Bags (3rd) 2:00 Afternoon Treats with Santa and his Elves (RR LL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																						
<p style="text-align: right;">15</p> <p>9:30 Colouring Club (RR AR)</p> <p>10:30 Sing A Long (3rd)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RR T)</p> <p>1:30 Bean Bags (2nd)</p>	<p style="text-align: right;">16</p> <p>8:30 Scenery Walk (2nd)</p> <p>9:30 Monday Manicures (3rd)</p> <p>10:30 Coffee & Current Events (RR B)</p> <p>11:00 Beach Ball Catch (3rd)</p> <p>1:30 Monday Manicures (2nd)</p> <p>3:00 Social Hour (RR B)</p> <p>3:15 Bocce Ball (3rd)</p> <p style="text-align: center;">Candy Cane Day Wear Red & White</p>	<p style="text-align: right;">17</p> <p>8:30 Scenery Walk (3rd)</p> <p>9:30 Colouring Club (RR AR)</p> <p>10:00 Fun and Fitness (2nd)</p> <p>10:45 Music Therapy with Jennifer (2nd)</p> <p>1:30 Christmas Ornament Making (3rd)</p> <p>3:00 Bean Bags (RR LL)</p> <p>4:00 Scenery Walk (2nd)</p> <p style="text-align: center;">Fancy Christmas Socks Day</p>	<p style="text-align: right;">18</p> <p>8:30 Scenery Walk (2nd)</p> <p>9:30 1:1 Visits (2nd)</p> <p>10:30 History Recall: Christmas (RR T)</p> <p>10:45 Price is Right: Christmas Edition (3rd)</p> <p>2:00 Bingo (RR T)</p> <p>3:00 Fun and Fitness (3rd)</p> <p>3:00 Social Hour (RR B)</p> <p>4:00 1:1 Visits (3rd)</p> <p style="text-align: center;">Birthday & Anniversary Dinner wear Christmas Attire</p>	<p style="text-align: right;">19</p> <p>8:30 Scenery Walk (3rd)</p> <p>9:45 Balloon Tennis (3rd)</p> <p>1:30 Paint Class with Anita (RR LL)</p> <p>3:30 Billiards (RR GR)</p> <p>6:30 Outing to Magic of Lights</p> <p style="text-align: center;">Christmas Hat Day</p>	<p style="text-align: right;">20</p> <p>8:30 Scenery Walk (3rd)</p> <p>9:30 Latin Chair Dancing (RR LL)</p> <p>10:30 Christmas Sing A Long (RR T)</p> <p>2:00 Gingerbread House Decorating (RR AR)</p> <p>3:00 Ugly Christmas Sweater Social Hour (RR B)</p> <p style="text-align: center;">National Ugly Christmas Sweater Day</p>	<p style="text-align: right;">21</p> <p>9:30 1:1 visits (2nd & 3rd)</p> <p>1:30 Bean Bags (3rd)</p> <p>3:00 Fit Minds (3rd)</p> <p>4:00 Eggnog Social (RR B)</p>																						
<p style="text-align: right;">22</p> <p>9:30 Colouring Club (RR AR)</p> <p>10:30 Christmas Nail Art with Remi: Please sign up with reception. (RR AR)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RR T)</p> <p>1:30 Bean Bags (2nd)</p> <p>2:30 Movie Matinee (RR T)</p>	<p style="text-align: right;">23</p> <p>8:30 Scenery Walk (2nd)</p> <p>9:30 Monday Manicures (3rd)</p> <p>10:30 Coffee & Current Events (RR B)</p> <p>11:00 Beach Ball Catch (3rd)</p> <p>1:30 Monday Manicures (2nd)</p> <p>3:00 Social Hour with Christmas Fruit Punch (RR B)</p> <p>3:15 Bocce Ball (3rd)</p>	<p style="text-align: right;">24</p> <p>8:30 Scenery Walk (3rd)</p> <p>9:30 Colouring Club (RR AR)</p> <p>10:45 Music Therapy with Jennifer (3rd)</p> <p>1:30 Painting Christmas Trees (3rd)</p> <p>3:00 Bocce Ball (RR LL)</p> <p>4:00 Scenery Walk (2nd)</p>	<p style="text-align: right;">25</p> <p>9:30 Sparking Juice & Treats Social (3rd)</p> <p>1:30 Sparking Juice and Treats Social (2nd)</p> <p>3:00 Social Hour with Wine & Cheese (RR B)</p> <p style="text-align: center;">Christmas Day</p>	<p style="text-align: right;">26</p> <p>8:30 Scenery Walk (3rd)</p> <p>9:45 Ball Toss (3rd)</p> <p>10:45 Baileys & Hot Chocolate Social (RR B)</p> <p>1:30 Billiards (RR GR)</p> <p>3:15 Afternoon Stretching (3rd)</p> <p style="text-align: center;">Boxing Day</p>	<p style="text-align: right;">27</p> <p>8:30 Scenery Walk (2nd)</p> <p>10:30 Sing A Long (RR T)</p> <p>2:00 Art Class: Party Hats (RR AR)</p> <p>3:00 Chair Zumba (3rd)</p> <p>3:00 Social Hour (RR B)</p>	<p style="text-align: right;">28</p> <p>9:30 1:1 visits (2nd)</p> <p>3:00 Bean Bags (3rd)</p> <p>4:00 Winter Punch Social (RR B)</p>																						
<p style="text-align: right;">29</p> <p>9:30 Colouring Club (RR AR)</p> <p>10:30 Sing A Long (3rd)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RR T)</p> <p>1:30 Bean Bags (2nd)</p>	<p style="text-align: right;">30</p> <p>8:30 Scenery Walk (2nd)</p> <p>9:30 Monday Manicures (3rd)</p> <p>10:30 Coffee & Current Events (RR B)</p> <p>11:00 Beach Ball Catch (3rd)</p> <p>1:30 Monday Manicures (2nd)</p> <p>3:00 Social Hour (RR B)</p> <p>3:15 Bocce Ball (3rd)</p>	<p style="text-align: right;">31</p> <p>8:30 Scenery Walk (3rd)</p> <p>9:30 Colouring Club (RR AR)</p> <p>10:45 Music Therapy with Jennifer (2nd)</p> <p>1:30 New Years Eve Party (3rd)</p> <p>3:00 Bean Bags (RR LL)</p> <p>4:00 New Years Eve Mocktails (2nd)</p>			<table border="1"> <thead> <tr> <th colspan="2">Location Code</th> </tr> </thead> <tbody> <tr> <td>B</td> <td>Bistro</td> </tr> <tr> <td>BR</td> <td>SS Bridge Room</td> </tr> <tr> <td>GR</td> <td>RR Game Room</td> </tr> <tr> <td>2nd</td> <td>2nd floor Dining Room</td> </tr> <tr> <td>T</td> <td>Theatre</td> </tr> </tbody> </table>	Location Code		B	Bistro	BR	SS Bridge Room	GR	RR Game Room	2 nd	2 nd floor Dining Room	T	Theatre	<table border="1"> <tbody> <tr> <td>L</td> <td>Lobby</td> </tr> <tr> <td>YR</td> <td>SS Yoga Room</td> </tr> <tr> <td>Lib</td> <td>SS Library</td> </tr> <tr> <td>3rd</td> <td>3rd floor lounge</td> </tr> <tr> <td>WC</td> <td>Wellness Center</td> </tr> </tbody> </table>	L	Lobby	YR	SS Yoga Room	Lib	SS Library	3 rd	3 rd floor lounge	WC	Wellness Center
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