November 2024

Location of Activities:

RR = Retirement Residence | SS = Senior Suites | A = Auditorium | B= Bistro | T = Theatre | P = Patio | AR = Activity Room | C= Chapel | L = Lobby

Type of Activity: Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert

Type of Activity: Blue - Fitness Green = New Red = Movie / I v / Virtual Pink = Special Orange = Game Purple = Concert										
Sun	Mon	Tue	Wed	Thur	Fri	Sat				
					1 10:30- 11:00 Blood Pressure	2				
		All Marie Land			Clinic (Wellness Center RR)	10:00 Coffee and Current				
	The T	m	多 與		10:00 Fun and Fitness with	Events (SS-B)				
	Gabe (SS-A)	10:30 Group Crossword								
	10:15 Mobile Tuck Shop	(RR-B)								
	(10:15 RR-L & 10:30 SS-L)	1:45 Bingo (SS-B)								
	1:30 Baking Group (RR-AR)	3:15 Afternoon TV: As								
	2:00 Play Jeopardy! (SS-T)	Time Goes By (SS-T)								
1	3:00 Social Hour (SS-B & RR-	3:30 Drop in Trivia (RR-B)								
					B)	7:15 Movie Night: Mrs.				
					7:00 Independent Games	Harris Goes to Paris (SS-				
					Night (SS-B)	T)				
		_								
10:00 Sorority Hour (RR-B)	10:00 Fitness with	10.00 Outing Malarant	6	7	8	9				
10:00 Sorority Hour (KK-B)	Activities (SS-A)	10:00 Outing: Walmart 10:00 Fitness with Activities	10:00 Fitness with Activities	10:00 Fitness with Activities (SS-	10:00 Fun and Fitness with	10:00 Coffee and Current				
10:00 Virtual Catholic Mass (RR-A)	10:30 Women's Group (SS-	(SS-A)	(SS-A) 10:00 -3:00 Photo Restoration	A) 10:00 -3:00 Photo Restoration	Gabe (SS-A)	Events (SS-B)				
10:30 Virtual United Church	T)	11:00 Fitness with Andrew (RR-A)	(SS-L)	(SS-L)	10:00 Coffee and Discussions with Local Students (RR-B)	10:30 Group Crossword (RR-B)				
Service (SS-T)	11:00-2:00 In house	1:30 National Art Museum	10:15 Mobile Tuck Shop (10:15	10:40 Morning Trivia (SS-B)	10:15 Mobile Tuck Shop	1:45 Bingo (SS-B)				
10:40 Tai Chi with Xian (RR-A)	shopping with Avon (SS-L)	2:00 Sing-along with Kelly	RR-L & 10:30 SS-L)	11:00 Fitness with Andrew (RR-	(10:15 RR-L & 10:30 SS-L)	3:15 Afternoon TV: As				
2:00 Current Events Discussion	1:30 Bingo (RR-AR)	(RR-L)	10:30 Group Crossword (RR-B)	A)	1:30 Baking Group (RR-AR)	Time Goes By (SS-T)				
Group (RR-B)	2:00 Men's Group (SS-T)	3:00 Group Crossword (SS-B)	10:35 Yoga with Georgia (SS-A)	1:30 Scrabble/ Group board	2:00 Play Jeopardy! (SS-T)	3:30 Drop in Trivia (RR-B)				
2:30 Knitting Club (SS-L)	3:00 Social Hour (SS-B &	7:15 Movie Night: Meet the	1:15 Chair Drums (RR-A)	Games (RR-B)	3:00 Social Hour (SS-B & RR-	7:15 Movie Night: How				
3:00 Crafty Hour (RR-B)	RR-B)	Fockers (SS-T)	2:00 Crafty Hour (RR-AR)	3:00 Fit Minds (SS-B & RR-B)	B)	to be a Latin Lover (SS-T)				
7:15 Movie Night: Downton Abbey	7:15 Movie Night: Instant		3:00 Social Hour (SS-B & RR-B)	7:15 Movie Night: Little Fockers	7:00 Independent Games					

10	11	12	13	14	15	1
10:00 Virtual Catholic Mass	10:00 Remembrance Day	10:00 Fitness with Activities (SS-	10:00 Fitness with Activities	10:00 Coffee and Colouring (RR-	10:00 Fitness with Activities	10:00 Coffee and Current
RR-A)	Ceremony (SS	A)	(SS-A)	В)	(SS-A)	Events (SS-B)
0:30 Virtual United Church	1:30 Bingo (RR-AR)	10:30 Sing A long with Kelly (RR-	10:15 Mobile Tuck Shop	10:00 Fitness with Activities	10:15 Mobile Tuck Shop	10:30 Group Crossword (RR-
Service (SS-T)	3:00 Social Hour (SS-B)	L)	(10:15 RR-L & 10:30 SS-L)	(SS-A)	(10:15 RR-L & 10:30 SS-L)	2:00-4:00 Park Place Open
L0:40 Tai Chi with Xian (RR-A)	7:15 Movie Night: How Do	11:00 Fitness with Andrew (RR-A)	10:30 Group Crossword (RR-	10:30 Glitz and Glam by	10:30 Concert with Doug	House
2:00 Current Events Discussion	You Know RR-A)	11:00 Outing: International	B)	Rosemary	Martin (RR-A)	2:00 Sue and Choir (SS-DR)
Group (RR-B)		Restaurant 7 spots only	10:35 Yoga with Georgia (SS-	(SST)	1:30 Baking Group (RR-AR)	3:30 Drop in Trivia (RR-B)
2:30 Knitting Club (SS-L)		2:00 Chicken Soup for The Soul	A)	11:00 Fitness with Andrew (RR-	2:00 Play Jeopardy! (SS-T)	7:15 Movie Night: The Mirac
3:00 Crafty Hour (RR-B)	Remembrance Day	(RR-B)	1:15 Tree Decorating (RR-L)	A)	3:00 Social Hour (SS-B &	Club
7:15 Movie Night: Larry		2:00 Chicken Soup for The Soul	3:00 Social Hour (SS-B & RR-	1:30 Scrabble/ Group board	RR-B)	(SS-T)
Crowne SS-T)		(SS-B)	B)	Games (RR-B)	7:00 Independent Games	
		3:00 Group Crossword (SS-B)		1:30 Tree Decorating (SS-L)	Night (SS-B)	
		7:15 Movie Night: Ladies in Black		3:00 Fit Minds (SS-B & RR-B)		
		(SS-T)		7:15 Movie Night: Addams		
				Family Values (SS-T)		
17	18	19	20	21	22	
10:00 Virtual Catholic Mass	10:00 Fun & Fitness with Gabe	10:00 Fitness with Activities	10:00 Fitness with Activities	10:00 Reading Group (RR-B)	10:00 Fun and Fitness with	10:00 Coffee and Current
RR-A)	(SS-A)	(SS-A)	(SS-A)	10:00 Fitness with Activities	Gabe (SS-A)	Events (SS-B)
10:30 Virtual United Church	10:40 Morning Jokes & Coffee	11:00 Fitness with Andrew (RR-A)	10:15 Mobile Tuck Shop	(SS-A)	10:15 Mobile Tuck Shop	10:30 Group Crossword (RR
Service (SS-T)	(RR-L)	10:30 Outing: Brockville Tunnel	(10:15 RR-L & 10:30 SS-L)	10:40 Morning Trivia (SS-B)	(10:15 RR-L & 10:30 SS-L)	1:45 Bingo (SS-B)
	1:30 Bingo (RR-AR)	and Lunch	10:30 Group Crossword (RR-	11:00 Fitness with Andrew (RR-	10:30 Concert with Jeff	
	2:00 Resident Council Meeting	2:00 Sing-along with Kelly (RR-L)	B)	A)	Stoddard (RR-A)	3:15 Afternoon TV: As Time
2:00 Current Events Discussion	(SS-A)	3:00 Group Crossword (SS-B)	10:35 Yoga with Georgia (SS-	1:30 Scrabble/ Group board	1:30 Baking Group (RR-AR)	Goes By (SS-T)
Group (RR-B)	3:00 Social Hour (SS-B & RR-B)	7:15 Movie Night: Fried Green	A)	Games (RR-B)	2:00 Play Jeopardy! (SS-T)	3:30 Drop in Trivia (RR-B)
2:30 Knitting Club (SS-L)	7:15 Movie Night: Crazy Stupid	Tomatoes (SS-T)	1:15 Chair Drums (RR-A)	2:00 Movie Committee Meeting	3:00 Social Hour (SS-B &	7:15 Movie Night: Julie & Ju
3:00 Crafty Hour (RR-B)	Love (RR-A)		2:00 Crafty hour (RR-AR)	(SS-T)	RR-B)	(SS-T)
7:15 Movie Night: Ace Ventura			2:00 Sing A long with Kelly	3:00 Fit Minds (SS-B & RR-B)	7:00 Independent Games	
Pet Detective (SS-T)			(SS-L)	7:15 Movie Night A Man Called	Night (SS-B)	
			3:00 Social Hour (SS-B & RR-	Otto (SS-T)	HIGHE (SS D)	
			В)			