


November 2024

Location of Activities:
RR = Retirement Residence | SS = Senior Suites | A = Auditorium | B= Bistro
| T = Theatre | P = Patio | AR = Activity Room | C= Chapel | L = Lobby

Type of Activity: Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
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|  | | | | | 1 | 2 |
| | | | | | 10:30- 11:00 Blood Pressure Clinic (Wellness Center RR) 10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B) | 10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Mrs. Harris Goes to Paris (SS-T) |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10:00 Sorority Hour (RR-B) 10:00 Sorority Hour (SS-B) 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Downton Abbey (SS-T) | 10:00 Fitness with Activities (SS-A) 10:30 Women's Group (SS-T) 11:00-2:00 In house shopping with Avon (SS-L) 1:30 Bingo (RR-AR) 2:00 Men's Group (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Instant Family (RR-A) | 10:00 Outing: Walmart 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 National Art Museum 2:00 Sing-along with Kelly (RR-L) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Meet the Fockers (SS-T) | 10:00 Fitness with Activities (SS-A) 10:00 -3:00 Photo Restoration (SS-L) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Crafty Hour (RR-AR) 3:00 Social Hour (SS-B & RR-B) | 10:00 Fitness with Activities (SS-A) 10:00 -3:00 Photo Restoration (SS-L) 10:40 Morning Trivia (SS-B) 11:00 Fitness with Andrew (RR-A) 1:30 Scrabble/ Group board Games (RR-B) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Little Fockers (SS-T) | 10:00 Fun and Fitness with Gabe (SS-A) 10:00 Coffee and Discussions with Local Students (RR-B) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B) | 10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: How to be a Latin Lover (SS-T) |

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| 10 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Larry Crowne SS-T) | 11 10:00 Remembrance Day Ceremony (SS 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B) 7:15 Movie Night: How Do You Know RR-A) <div>Remembrance Day</div> | 12 10:00 Fitness with Activities (SS-A) 10:30 Sing A long with Kelly (RR-L) 11:00 Fitness with Andrew (RR-A) 11:00 Outing: International Restaurant 7 spots only 2:00 Chicken Soup for The Soul (RR-B) 2:00 Chicken Soup for The Soul (SS-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Ladies in Black (SS-T) | 13 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Tree Decorating (RR-L) 3:00 Social Hour (SS-B & RR-B) | 14 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 10:30 Glitz and Glam by Rosemary (SST) 11:00 Fitness with Andrew (RR-A) 1:30 Scrabble/ Group board Games (RR-B) 1:30 Tree Decorating (SS-L) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Addams Family Values (SS-T) | 15 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Concert with Doug Martin (RR-A) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B) | 16 10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 2:00-4:00 Park Place Open House 2:00 Sue and Choir (SS-DR) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: The Miracle Club (SS-T) |
| 17 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Tai Chi with Xian (RR-A) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Ace Ventura Pet Detective (SS-T) | 18 10:00 Fun & Fitness with Gabe (SS-A) 10:40 Morning Jokes & Coffee (RR-L) 1:30 Bingo (RR-AR) 2:00 Resident Council Meeting (SS-A) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Crazy Stupid Love (RR-A) | 19 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 10:30 Outing: Brockville Tunnel and Lunch 2:00 Sing-along with Kelly (RR-L) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Fried Green Tomatoes (SS-T) | 20 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Crafty hour (RR-AR) 2:00 Sing A long with Kelly (SS-L) 3:00 Social Hour (SS-B & RR-B) | 21 10:00 Reading Group (RR-B) 10:00 Fitness with Activities (SS-A) 10:40 Morning Trivia (SS-B) 11:00 Fitness with Andrew (RR-A) 1:30 Scrabble/ Group board Games (RR-B) 2:00 Movie Committee Meeting (SS-T) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night A Man Called Otto (SS-T) | 22 10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Concert with Jeff Stoddard (RR-A) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B) | 23 10:00 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Julie & Julia (SS-T) |