

RAVINES

AUGUST 2024 ACTIVITIES CALENDAR

Type of Activity: **Blue - Fitness** | **Green - New** | **Red - Movie/ TV/ Virtual** | **Pink - Special** | **Orange - Game** | **Purple - Concert** | Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																								
<table border="1"> <thead> <tr> <th colspan="4">Location Code</th> </tr> </thead> <tbody> <tr> <td>RRB</td> <td>RR Bistro</td> <td>SSB</td> <td>SS Bistro</td> </tr> <tr> <td>RRD</td> <td>RR Dining Room</td> <td>SSD</td> <td>SS Dining Room</td> </tr> <tr> <td>RRG</td> <td>RR Game Room</td> <td>SLI</td> <td>SS Library</td> </tr> <tr> <td>RLI</td> <td>RR Library</td> <td>SSL</td> <td>SS Lobby</td> </tr> <tr> <td>RRL</td> <td>RR Lobby</td> <td>SSP</td> <td>SS Pool</td> </tr> <tr> <td>RRT</td> <td>RR Theatre</td> <td>PKL</td> <td>Front Parking Lot</td> </tr> <tr> <td>RBY</td> <td>Backyard</td> <td>RSD</td> <td>RR & SS Dining Room</td> </tr> <tr> <td>RRA</td> <td>RR Activities Room</td> <td>SSA</td> <td>SS Activities Room</td> </tr> <tr> <td>RRC</td> <td>RR Chapel</td> <td></td> <td></td> </tr> </tbody> </table>				Location Code				RRB	RR Bistro	SSB	SS Bistro	RRD	RR Dining Room	SSD	SS Dining Room	RRG	RR Game Room	SLI	SS Library	RLI	RR Library	SSL	SS Lobby	RRL	RR Lobby	SSP	SS Pool	RRT	RR Theatre	PKL	Front Parking Lot	RBY	Backyard	RSD	RR & SS Dining Room	RRA	RR Activities Room	SSA	SS Activities Room	RRC	RR Chapel			<p>1</p> <p>10:00 Chair Cardio Exercise (SSA)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Euchre (SSB)</p> <p>2:30 Aquafit (SSP)</p> <p>2:30 Music Hall: Paul Anka - Live in Switzerland (RRT)</p> <p>3:00 An Afternoon of Wine Tasting (RRB)</p>	<p>2</p> <p>10:00 Chair Tai Chi (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Bridge (SSB)</p> <p>2:30 Vintage Rummy-O (a tile-based game) (RRA)</p> <p>3:15 Social Hour (SSB)</p> <p>3:30 Virtual Hymn Sing (RRT)</p>	<p>3</p> <p>10:15 Weekend Exercise (SSA)</p> <p>2:15 Movie: Footloose (RRT)</p> <p>3:15 Social Hour (RRB)</p> <p>7:15 Movie Replay: Footloose (RRT)</p>
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<p>4</p> <p>10:15 Weekend Exercise (RRA)</p> <p>11:00 St. Mary's Catholic Live Stream Mass (RRT)</p> <p>2:00 Bridge (SSB)</p> <p>2:15 Movie: The Call of the Wild (RRT)</p> <p>7:15 Movie Replay: The Call of the Wild (RRT)</p>	<p>5</p> <p>10:00 Chair Cardio Exercise (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Scenic Drive</p> <p>2:30 Giant Crossword Puzzle (RRT)</p> <p>3:15 Social Hour (SSB)</p>	<p>6</p> <p>8:00 RR Community Breakfast (RSD)</p> <p>10:00 Chair Aerobics with Mansi (SSA)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Craft Club (SSA)</p> <p>2:00 Euchre (SSB)</p> <p>2:30 Miniseries: Fool Me Once (RRT)</p> <p>2:30 Staff Appreciation "WoW Party" (RRA)</p> <p>3:15 Social Hour (RRB)</p>	<p>7</p> <p>9:00 Tuck Shop (SSL)</p> <p>10:00 Tuck Shop (RRL)</p> <p>10:00 Zumba (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>10:30 Outing: Wheelers Pancake House, Sugar Camp & Museums / Balderson Village Cheese Factory</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Bridge (SSB)</p> <p>2:30 Aquafit (SSP)</p> <p>3:15 Social Hour (SSB)</p>	<p>8</p> <p>10:00 Chair Cardio Exercise (SSA)</p> <p>10:35 Gentle Chair Exercise (RRA)</p> <p>2:00 Euchre (SSB)</p> <p>2:30 Aquafit (SSP)</p> <p>2:30 Music Hall: Kenny Rogers - Live by Request (RRT)</p> <p>3:15 Social Hour (RRB)</p>	<p>9</p> <p>10:00 Tech Friday (SSB)</p> <p>10:00 Chair Tai Chi (SSA)</p> <p>10:35 Seated Ball Exercise (RRA)</p> <p>2:00 BINGO (SSA)</p> <p>2:00 Bridge (SSB)</p> <p>2:30 Vintage Rummy-O (a tile-based game) (RRA)</p> <p>3:15 Social Hour (SSB)</p> <p>3:30 Virtual Hymn Sing (RRT)</p>	<p>10</p> <p>10:15 Weekend Exercise (SSA)</p> <p>2:15 Movie: A Little Chaos (RRT)</p> <p>3:15 Social Hour (RRB)</p> <p>7:15 Movie Replay: A Little Chaos (RRT)</p>																																								

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: The Miracle Club (RRT) 7:15 Movie Replay: The Miracle Club (RRT)	12 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Scenic Drive 2:30 Hangman – a letter guessing game (RRT) 2:30 Handi House - Walker Repair Clinic (RRL) 2:45 Aquafit (SSP) 3:15 Social Hour (SSB) 3:15 Handi House (SSL)	13 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Fool Me Once (RRT) 2:30 Create with Navy (RRA) 3:15 Social Hour (RRB)	14 9:00 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 11:15 Lunch Outing: Mandarin Restaurant 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Shopping: Merivale Mall 2:30 Aquafit (SSP) 3:15 Social Hour (SSB)	15 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 11:45 High Tea Lunch (RRD) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Engelbert Humperdinck – Totally Amazing (RRT) 3:15 Social Hour (RRB)	16 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Vintage Rummy-O (a tile-based game) (RRA) 3:15 Social Hour (SSB) 3:30 Virtual Hymn Sing (RRT)	17 10:15 Weekend Exercise (SSA) 2:15 Movie: The Phantom of the Open (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: The Phantom of the Open (RRT)
18 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Chocolat (RRT) 2:30 Interdenominational Church Service (RRA) 7:15 Movie Replay: Chocolat (RRT)	19 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Scenic Drive 2:30 Wordle – a game that involves figuring-out a secret 5-letter word (RRT) 2:45 Aquafit (SSP) 3:15 Social Hour (SSB)	20 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Fool Me Once (RRT) 2:30 Afternoon Pancakes Special, Coffee & Tea (RR) 3:15 Social Hour (RRB)	21 9:00 Tuck Shop (SSL) 9:30 Shopping: Billings Bridge Mall 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Shopping: Merivale Mall 2:30 Aquafit (SSP) 3:15 Social Hour (SSB)	22 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: HAUSER & Friends – Gala Concert (RRT) 3:15 Social Hour (RRB) 5:00 Birthday/Anniversary Dinner (RSD)	23 10:00 Tech Friday (SSB) 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Vintage Rummy-O (a tile-based game) (RRA) 3:15 Social Hour (SSB) 3:30 Virtual Hymn Sing (RRT)	24 10:15 Weekend Exercise (SSA) 2:15 Movie: The Nutty Professor (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: The Nutty Professor (RRT)
25 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Gifted Hands (RRT) 2:30 Interdenominational Church Service (RRA) 7:15 Movie Replay: Gifted Hands (RRT)	26 10:00 Life in Colour - Photo Restorations (SSL) 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Scenic Drive 2:30 Kahoot – a game-based learning platform (RRT) 2:45 Aquafit (SSP) 3:15 Social Hour (SSB)	27 10:00 Life in Colour - Photo Restorations (RRL) 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Fool Me Once (RRT) 3:15 Social Hour (RRB)	28 9:00 Tuck Shop (SSL) 10:00 Vendor: My Closet (SSL) 10:00 Outing: Day Trip to Brockville 10:00 Blood Pressure Clinic (SSB) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:00 Professor Cammy (RRC) 2:30 Aquafit (SSP) 3:15 Social Hour (SSB)	29 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Daniel O'Donnell – Shades of Green (RRT) 3:15 Social Hour (RRB)	30 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:00 Sing-a-long with Keith (RRC) 2:30 Vintage Rummy-O (a tile-based game) (RRA) 2:30 Book Club Meeting (RRL) 3:15 Social Hour (SSB) 3:30 Virtual Hymn Sing (RRT)	31 10:15 Weekend Exercise (SSA) 2:15 Movie: Monster-in-Law (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: Monster-in-Law (RRT)