

PARK PLACE

August 2024

Location of Activities:

RR = Retirement Residence | SS = Senior Suites | A = Auditorium |
 B = Bistro | T = Theatre | P = Patio | AR = Activity Room | C =
 Chapel

Type of Activity:

Blue = Fitness | Green = New | Red= Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Concert



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 Chair Tai Chi (RR-A) 1:30 Puzzle Sprint (SS-B) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Young Woman and The Sea (SS-T)	2 10:00 -11:30 Blood Pressure Clinic (SS-L) 10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Balloon Ball Team VS Team (RR-L) 1:30 -Olympic Torch Baking (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)	3 10:30 Coffee and Current Events (SS-B) 10:30 Concert with Lary Wright (RR-A) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: The Intern (SS-T)
4 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 The Crafty Hour (RR-B) 7:15 Movie Night: Mr Deeds (SS-T)	5 Civic Holiday 10:00 Fitness with Activities (SS-A) 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Paul Blart Mall Cop (RR-A)	6 10:00 Outing: Swimming at Ravine's Pool 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 11:00 Fitness with Andrew (RR-A) 1:30 Outing: Shopping at Walmart 2:00 Afternoon Trivia (RR-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Marry Me (SS-T)	7 10:00 Fitness with Activities (SS-A) 10:30 Target Practice (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Painting Group (RR-AR) 2:00 Afternoon Trivia (SS-B) 3:00 Social Hour (SS-B & RR-B)	8 10:00 Fitness with Activities (SS-A) 10:40 Staff Olympics (Parking Lot) 11:00 Fitness with Andrew (RR-A) 1:30 Manager's Ice Cream Stand (Parking Lot) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Always be my Maybe (SS-T)	9 International Book Lovers Day 10:00 Fun and Fitness with Gabe (SS-A) 10:00- 10:30 Blind Date with a Book (SS-L & RR-L) 10:30 Concert with Doug Martin (RR-A) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Resident Closing Ceremony Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)	10 10:30 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Accepted (SS-T)
11 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 The Crafty Hour (RR-B) 7:15 Movie Night: The Other Guys (SS-T)	12 10:00 Fitness with Activities (SS-A) 10:30 Current Events with Prof. Cammy (SS-T) 1:30 Bingo (RR-AR) 2:00 Men's Group (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Maybe I Do (RR-A)	13 10:00 Outing: Day trip to Manotick 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 11:00 Fitness with Andrew (RR-A) 2:00 Button art- create a canvas picture with buttons (SS-B) 2:00 Sing-A-Long with Kelly (RR-L) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Set it up (SS-T)	14 10:00 Fitness with Activities (SS-A) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Button art - Create a canvas picture with buttons (RR-AR) 2:00 Afternoon Trivia (SS-B) 3:00 Social Hour(SS-B & RR-B)	15 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 Afternoon Trivia (RR-B) 2:00 Movie Committee Meeting (SS-T) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Mean Girls (SS-T)	16 10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Concert with Kevin Agnew (RR-A) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)	17 10:30 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Something Borrowed (SS-T)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
18 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 The Crafty Hour (RR-B) 7:15 Movie Night: Ocean's Eleven (SS-T)	19 10:00 Fitness with Activities (SS-A) 10:15 Women's Group (SS-T) 10:30 Axe Throwing (RR-L) 1:30 Bingo (RR-AR) 2:00 Resident Council Meeting (SS-T) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: She's All That (RR-A)	20 9:00- Aqua Fit at Brewer Pool 10:00 Fitness with Activities (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 11:00 Fitness with Andrew (RR-A) 1:30 Outing: Rideau Carleton Casino 2:00 Afternoon Trivia (RR-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Persuasion (SS-T)	21 10:00 Fitness with Activities (SS-A) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Meet Me at The Movies (SS-T) 3:00 Social Hour (SS-B & RR-B)	22 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 11:30 BBQ Lunch (SS-P & RR-P Regular seating times) 1:30 Afternoon Yoga (RR-A) 2:00 Afternoon Trivia (SS-B) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Little Women (SS-T)	23 10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Bean Bag Toss (RR-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Karaoke Social Hour (SS-T) All Residents Welcome 7:00 Independent Games Night (SS-B)	24 10:30 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: The Last Laugh (SS-T)
25 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:00 Current Events Discussion Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 Crafty Hour (RR-B) 7:15 Movie Night: Home Again (SS-T)	26 10:00 Fitness with Activities (SS-A) 10:35 Morning Yoga (RR-A) 1:30 Bingo (RR-AR) 2:00 Painting Group (SS-A) 3:00 New Resident Meet and Greet (SS-B & RR-B) 7:15 Movie Night: Kindergarten Cop (RR-A)	27 10:00 Outing: Swimming at Ravines Pool 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 11:00 Fitness with Andrew (RR-A) 1:30 Outing: Shopping at Carlingwood Mall 2:00 Sing-along with Kelly (RR-L) 2:00 Twist of Colour (SS-L) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Mother's Day (SS-T)	28 10:00 Fitness with Activities (SS-A) 10:30 Group Crossword (RR-B) 10:35 Yoga with Georgia (SS-A) 1:15 Chair Drums (RR-A) 2:00 Twist of Colour (RR-AR) 2:00 Afternoon Trivia (SS-B) 5:00 Monthly Birthday Dinner - One Seating (SS-DR & RR-DR)	29 10:00 Coffee and Coloring (RR-B) 10:30 General Manager Chat (SS-T) 11:00 Fitness with Andrew (RR-A) 1:30 Afternoon Trivia (RR-A) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Family Affair (SS-T)	30 10:00 Fun and Fitness with Gabe (SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Group Board Games (RR-B) 1:30 Baking Group 2:00 Play Jeopardy! 3:00 Social Hour (SS-B & RR-B) 7:00 Independent Games Night (SS-B)	31 10:30 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: As Time Goes By (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Find Me Falling (SS-T)