

RAVINES

JULY 2024 MEMORY CARE CALENDAR

Type of Activity: **Blue** - Fitness | **Green** - New | **Red** - Movie/ TV/ Virtual | **Pink** - Special | **Orange** - Game | **Purple** - Concert | Holidays

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|--|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 11:00 Flag Rasing Ceremony (PKL) 2:00 Afternoon Walk 2:30 Canada Day Celebration with Rick Crepin (RRA) | 9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 12:30 Exercise with Shima (RR2) 2:00 Afternoon Music with Jennifer (RR2) 3:00 Arts & Crafts (RRA) | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:15 Balloon and Pool Noodle Game (RR2) | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Sing-a-long with Keith (RR2) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 1:00 Exercise with Shima (RR3) 2:00 Arts & Crafts (RR2) 3:00 Toss the Ball Game (RR2) | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:15 Giant Jigsaw Puzzle (RR2) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Sing-a-long with Keith (RRC) 3:00 Toss the Ball Game (RR2) | 9:30 1 on 1 Visit (RR3) 9:30 Relaxing Nature Scenery and Music (RR2) 10:30 Coffee & Snack (RR2) 2:15 Movie: The Intern (RRT) 2:30 Painting and Coloring (RR2) 3:30 Afternoon Walk |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 9:30 1 on 1 Visit (RR3/RR4) 10:15 Weekend Exercise (RRA) 10:30 Coffee & Snack (RR2) 11:00 St. Mary's Catholic Live Steam Mass (RRT) 2:15 Movie: The Mask of Zorro (RRT) 3:00 Toss the Ball (RR2) | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:30 Balloon and Pool Noodle Game (RR2) | 9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 12:30 Exercise with Shima (RR2) 2:00 Afternoon Music with Jennifer (RR2) 3:00 Arts & Crafts (RRA) | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:30 Staff Appreciation "WoW Party" (RRA) 3:15 Afternoon Walk | 9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 1:00 Exercise with Shima (RR3) 2:00 Arts & Crafts (RR2) 3:00 Toss the Ball Game (RR2) | 9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:15 Giant Jigsaw Puzzle (RR2) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:00 Toss the Ball Game (RR2) 3:30 Virtual Hymns Sing (RR2) | 9:30 1 on 1 Visit (RR3) 9:30 Relaxing Nature Scenery and Music (RR2) 10:30 Coffee & Snack (RR2) 2:15 Movie: The Whole Nine Yards (RRT) 2:30 Painting and Coloring (RR2) 3:30 Afternoon Walk |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <p align="right">14</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:15 Weekend Chair Exercise (RRA) 10:30 Coffee & Snack (RR2) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:15 Movie: Marry Me (RRT) 3:00 Toss the Ball (RR2)</p> | <p align="right">15</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Virtual Sing-along (RR2) 2:00 Afternoon Walk 3:30 Balloon and Pool Noodle Game (RR2)</p> | <p align="right">16</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 12:30 Exercise with Shima (RR2) 2:00 Afternoon Music with Jennifer (RR2) 3:00 Arts & Crafts (RRA)</p> | <p align="right">17</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:15 Balloon and Pool Noodle Game (RR2)</p> | <p align="right">18</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 11:45 High Tea Lunch (RRD) 1:00 Exercise with Shima (RR3) 2:00 Arts & Crafts (RR2) 3:00 Toss the Ball Game (RR2)</p> | <p align="right">19</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:15 Giant Jigsaw Puzzle (RR2) 10:30 Coffee & Snack (RR2) 10:35 Seated Ball Exercise (RRA) 2:00 Afternoon Walk 3:30 Virtual Hymns Sing (RR2)</p> | <p align="right">20</p> <p>9:30 1 on 1 Visit (RR3) 9:30 Relaxing Nature Scenery and Music (RR2) 10:30 Coffee & Snack (RR2) 2:15 Movie: Matilda the Musical (RRT) 2:30 Painting and Coloring (RR2) 3:30 Afternoon Walk</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p align="right">21</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:15 Weekend Chair Exercise (RRA) 10:30 Coffee & Snack (RR2) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:30 Bethel Church Service with Pastor Pauline (RRA) 2:15 Movie: The Bucket List (RRT) 3:00 Toss the Ball (RR2)</p> | <p align="right">22</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:30 Balloon and Pool Noodle Game (RR2)</p> | <p align="right">23</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 12:30 Exercise with Shima (RR2) 2:00 Afternoon Music with Jennifer (RR2) 3:00 Arts & Crafts (RRA)</p> | <p align="right">24</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:15 Balloon and Pool Noodle Game (RR2)</p> | <p align="right">25</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 1:00 Exercise with Shima (RR3) 2:00 Arts & Crafts (RR2) 3:00 Toss the Ball Game (RR2) 5:00 Birthday/Anniversary Dinner (RSD)</p> | <p align="right">26</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:15 Giant Jigsaw Puzzle (RR2) 10:30 Coffee & Snack (RR2) 10:35 Exercise (RRA) 2:00 Afternoon Walk 3:30 Virtual Hymns Sing (RR2)</p> | <p align="right">27</p> <p>9:30 1 on 1 Visit (RR3) 9:30 Relaxing Nature Scenery and Music (RR2) 10:30 Coffee & Snack (RR2) 2:15 Movie: Something's Gotta Give (RRT) 2:30 Painting and Coloring (RR2) 3:30 Afternoon Walk</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p align="right">28</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:15 Weekend Chair Exercise (RRA) 10:30 Coffee & Snack (RR2) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:30 Bethel Church Service with Pastor Pauline (RRA) 2:15 Movie: Mad Money (RRT) 3:00 Toss the Ball (RR2)</p> | <p align="right">29</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:30 Balloon and Pool Noodle Game (RR2)</p> | <p align="right">30</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 12:30 Exercise with Shima (RR2) 2:00 Afternoon Music with Jennifer (RR2) 3:00 Arts & Crafts (RRA)</p> | <p align="right">31</p> <p>9:30 1 on 1 Visit (RR3/RR4) 10:00 Morning Walk 10:30 Coffee & Snack (RR2) 10:35 Chair Exercise (RRA) 2:00 Afternoon Walk 3:15 Balloon and Pool Noodle Game (RR2)</p> | <h3>Location Code</h3> <table border="1"> <tbody> <tr> <td>RRB</td> <td>RR Bistro</td> <td>SSB</td> <td>SS Bistro</td> </tr> <tr> <td>RRD</td> <td>RR Dining Room</td> <td>SSD</td> <td>SS Dining Room</td> </tr> <tr> <td>RRG</td> <td>RR Game Room</td> <td>SLI</td> <td>SS Library</td> </tr> <tr> <td>RLI</td> <td>RR Library</td> <td>SSL</td> <td>SS Lobby</td> </tr> <tr> <td>RRL</td> <td>RR Lobby</td> <td>SSP</td> <td>SS Pool</td> </tr> <tr> <td>RRT</td> <td>RR Theatre</td> <td>PKL</td> <td>Front Parking Lot</td> </tr> <tr> <td>RBV</td> <td>Backyard</td> <td>RSD</td> <td>RR & SS Dining Room</td> </tr> <tr> <td>RRA</td> <td>RR Activities Room</td> <td>SSA</td> <td>SS Activities Room</td> </tr> <tr> <td>RRC</td> <td>RR Chapel</td> <td></td> <td></td> </tr> </tbody> </table> | | | RRB | RR Bistro | SSB | SS Bistro | RRD | RR Dining Room | SSD | SS Dining Room | RRG | RR Game Room | SLI | SS Library | RLI | RR Library | SSL | SS Lobby | RRL | RR Lobby | SSP | SS Pool | RRT | RR Theatre | PKL | Front Parking Lot | RBV | Backyard | RSD | RR & SS Dining Room | RRA | RR Activities Room | SSA | SS Activities Room | RRC | RR Chapel | | |
| RRB | RR Bistro | SSB | SS Bistro | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RRD | RR Dining Room | SSD | SS Dining Room | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RRG | RR Game Room | SLI | SS Library | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RLI | RR Library | SSL | SS Lobby | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RRL | RR Lobby | SSP | SS Pool | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RRT | RR Theatre | PKL | Front Parking Lot | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RBV | Backyard | RSD | RR & SS Dining Room | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RRA | RR Activities Room | SSA | SS Activities Room | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RRC | RR Chapel | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |