

RAVINES

JULY 2024 ACTIVITIES CALENDAR

Type of Activity: **Blue** - Fitness | **Green** - New | **Red** - Movie/ TV/ Virtual | **Pink** - Special | **Orange** - Game | **Purple** - Concert | Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CANADA DAY 1 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 11:00 Flag Rasing Ceremony (PKL) 2:00 BINGO (SSA) 2:30 Canada Day Celebration with Rick Crepin (RRA) 3:30 Social Hour (SSB)	2 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: The Empress (RRT) 2:30 Arts & Crafts (RRA) 3:15 Social Hour (RRB)	3 9:00 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 Outdoor Games: Ladder Ball (RBY) 3:15 Social Hour (SSB)	4 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Andrea Bocelli Concerto - One Night in Central Park (RRT) 3:15 Social Hour (RRB)	5 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:00 Sing-a-long with Keith (RRC) 3:15 Social Hour (SSB) 3:30 Virtual Hymns Sing (RRT)	6 10:15 Weekend Exercise (SSA) 2:15 Movie: The Intern (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: The Intern (RRT)
7 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: The Mask of Zorro (RRT) 7:15 Movie Replay: The Mask of Zorro (RRT)	8 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Handi House - Walker Repair Clinic (RRL) 2:30 Hangman (Letter Guessing Game) (RRT) 2:45 Aquafit (SSP) 2:30 Handi House - Walker Repair Clinic (SSL) 3:15 Social Hour (SSB)	9 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: The Empress (RRT) 2:30 Arts & Crafts (RRA) 3:15 Social Hour (RRB)	10 9:00 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 Staff Appreciation "WoW Party" (RRA) 3:15 Social Hour (SSB)	11 8:00 SS Community Breakfast (SSD) 9:30 Shopping: Billings Bridge Mall 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Euchre (SSB) 2:30 Shopping: Merivale Mall 2:30 Aquafit (SSP) 2:30 Music Hall: Neil Diamond - Greatest Hits Live (RRT) 3:15 Social Hour (RRB)	12 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 3:15 Social Hour (SSB) 3:30 Virtual Hymns Sing (RRT)	13 10:15 Weekend Exercise (SSA) 2:15 Movie: The Whole Nine Yards (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: The Whole Nine Yards (RRT)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																				
14 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Marry Me (RRT) 7:15 Movie Replay: Marry Me (RRT)	15 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Giant Crossword Puzzle (RRT) 2:45 Aquafit (SSP) 3:15 Social Hour (SSB)	16 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: The Empress (RRT) 2:30 Arts & Crafts (RRA) 3:15 Social Hour (RRB)	17 9:00 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 Outdoor Games: Bean Bags (RBY) 3:15 Social Hour (SSB)	18 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 11:45 High Tea Lunch (RRD) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Il Volo - Takes Flight (The Young Three Tenors) (RRT) 3:15 Social Hour (RRB)	19 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 3:15 Social Hour (SSB) 3:30 Virtual Hymns Sing (RRT)	20 10:15 Weekend Exercise (SSA) 2:15 Movie: Matilda the Musical (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: Matilda the Musical (RRT)																																				
21 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: The Bucket List (RRT) 7:15 Movie Replay: The Bucket List (RRT)	22 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Wordle (a game that involves figuring out a secret 5-letter word) (RRT) 2:45 Aquafit (SSP) 3:15 Social Hour (SSB)	23 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: The Empress (RRT) 2:30 Create with Navy (RRA) 3:15 Social Hour (RRB)	24 9:00 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Prof. Cammy (RRC) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 Outdoor Games: Ring Toss (RBY) 3:15 Social Hour (SSB)	25 9:00 Shopping: Billings Bridge Mall 10:00 Chair Cardio Exercise (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Carpenters in Concert at the New London Theatre (RRT) 2:30 Shopping: Merivale Mall 5:00 Birthday/Anniversary Dinner (RSD)	26 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Book Club Meeting (RR Library) 3:15 Social Hour (SSB) 3:30 Virtual Hymns Sing (RRT)	27 10:15 Weekend Exercise (SSA) 2:15 Movie: Something's Gotta Give (RRT) 3:15 Social Hour (RRB) 7:15 Movie Replay: Something's Gotta Give (RRT)																																				
28 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Mad Money (RRT) 2:30 The Metropolitan Bible Church Service (RRA) 7:15 Movie Replay: Mad Money (RRT)	29 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Brain Teasers: Tricky Riddles (RRT) 2:45 Aquafit (SSP) 3:15 Social Hour (SSB)	30 10:00 Chair Aerobics with Mansi (SSA) 10:35 Gentle Chair Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: The Empress (RRT) 2:30 Arts & Crafts (RRA) 3:15 Social Hour (RRB)	31 9:00 Tuck Shop (SSL) 10:00 Blood Pressure Clinic (SSB) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Outdoor Games: Ladder Ball (RBY) 2:30 Aquafit (SSP) 3:15 Social Hour (SSB)	<h3 style="text-align: center;">Location Code</h3> <table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td>RRB</td> <td>RR Bistro</td> <td>SSB</td> <td>SS Bistro</td> </tr> <tr> <td>RRD</td> <td>RR Dining Room</td> <td>SSD</td> <td>SS Dining Room</td> </tr> <tr> <td>RRG</td> <td>RR Game Room</td> <td>SLI</td> <td>SS Library</td> </tr> <tr> <td>RLI</td> <td>RR Library</td> <td>SSL</td> <td>SS Lobby</td> </tr> <tr> <td>RRL</td> <td>RR Lobby</td> <td>SSP</td> <td>SS Pool</td> </tr> <tr> <td>RRT</td> <td>RR Theatre</td> <td>PKL</td> <td>Front Parking Lot</td> </tr> <tr> <td>RBY</td> <td>Backyard</td> <td>RSD</td> <td>RR & SS Dining Room</td> </tr> <tr> <td>RRA</td> <td>RR Activities Room</td> <td>SSA</td> <td>SS Activities Room</td> </tr> <tr> <td>RRC</td> <td>RR Chapel</td> <td></td> <td></td> </tr> </tbody> </table>			RRB	RR Bistro	SSB	SS Bistro	RRD	RR Dining Room	SSD	SS Dining Room	RRG	RR Game Room	SLI	SS Library	RLI	RR Library	SSL	SS Lobby	RRL	RR Lobby	SSP	SS Pool	RRT	RR Theatre	PKL	Front Parking Lot	RBY	Backyard	RSD	RR & SS Dining Room	RRA	RR Activities Room	SSA	SS Activities Room	RRC	RR Chapel		
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