

RAVINES

APRIL 2024 ACTIVITIES CALENDAR

Type of Activity: Blue - Fitness | Green - New | Red - Movie/ TV/ Virtual | Pink - Special | Orange - Game | Purple - Concert | Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Hangman (RRT) 2:30 Walker Repair Clinic (RRL) 2:45 Aquafit (SSP) 3:15 Walker Repair Clinic (SSL) 3:30 Mix & Mingle (SSB)	2 10:00 Moderate Intensity Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Queen's Gambit (ep. 1) (RRT) 2:30 Art craft (RRA) 3:30 Mix & Mingle (RRB)	3 9:30 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 Baking, Coffee, Tea & Music (RRA) 3:30 Mix & Mingle (SSB)	4 10:00 Chair Cardio Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Simon and Garfunkel – The Concert in Central Park (RRT) 3:30 Mix & Mingle (RRB)	5 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:00 Sing along with Keith (RRC) 3:30 Mix & Mingle (SSB) 3:30 Virtual Hymns Sing (RRT)	6 10:15 Weekend Exercise (SSA) 2:15 Movie: Queen Bees (RRT) 3:30 Mix & Mingle (RRB) 7:15 Movie Replay: Queen Bees (RRT)
7 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Annie (RRT) 7:15 Movie Replay: Annie (RRT)	8 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Wordle (RRT) 2:45 Aquafit (SSP) 3:30 Mix & Mingle (SSB)	9 8:00 RR Community Breakfast (RRD) 10:00 Moderate Intensity Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Queen's Gambit (ep. 2) (RRT) 2:30 Art craft (RRA) 3:30 Mix & Mingle (RRB)	10 9:30 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 Staff Appreciation "WoW Party" (RRA) 3:30 Mix & Mingle (SSB)	11 9:00 Shopping: Billings Bridge Mall 10:00 Chair Cardio Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Euchre (SSB) 2:30 Shopping: Carlingwood Mall 2:30 Aquafit (SSP) 2:30 Music Hall: Glen Campbell – In Concert In Sioux Falls (RRT) 3:30 Mix & Mingle (RRB)	12 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 3:30 Mix & Mingle (SSB) 3:30 Virtual Hymns Sing (RRT)	13 10:15 Weekend Exercise (SSA) 2:15 Movie: Enola Holmes 1 (RRT) 3:30 Mix & Mingle (RRB) 7:15 Movie Replay: Enola Holmes 1 (RRT)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																												
<p>14 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Enola Holmes 2 (RRT) 2:30 Interdenominational Church Service with Pastor Pauline Williams (RRC) 7:15 Movie Replay: Enola Holmes 2 (RRT)</p>	<p>15 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 11:00 RR Residents Meeting with Management (RRT) 2:00 BINGO (SSA) 2:30 Kahoot (RRT) 2:45 Aquafit (SSP) 3:30 Mix & Mingle (SSB)</p>	<p>16 10:00 Moderate Intensity Exercise (SSA) 10:35 SS Resident Council Meeting (RRT) 10:35 Resistance Band Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Queen's Gambit (ep. 3) (RRT) 3:30 Mix & Mingle (RRB) 7:00 Casino Night & Open House (SSL)</p>	<p>17 9:30 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Aquafit (SSP) 2:30 TED Talks: Brain Changing Benefits of Exercise (RRT) 3:30 Mix & Mingle (SSB)</p>	<p>18 10:00 Chair Cardio Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Cliff Richard & The Shadows – The Final Reunion (RRT) 3:30 Mix & Mingle (RRB)</p>	<p>19 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 3:30 Mix & Mingle (SSB) 3:30 Virtual Hymns Sing (RRT)</p>	<p>20 10:15 Weekend Exercise (SSA) 2:15 Movie: The Age of Adaline (RRT) 3:30 Mix & Mingle (RRB) 7:15 Movie Replay: The Age of Adaline (RRT)</p>																												
<p>21 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: The Devil Wears Prada (RRT) 7:15 Movie Replay: The Devil Wears Prada (RRT)</p>	<p>22 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Giant Crossword Puzzle (RRT) 2:30 Earth Day - Neighbourhood Clean-up (RBY) 2:45 Aquafit (SSP) 3:30 Mix & Mingle (SSB)</p>	<p>23 10:00 Moderate Intensity Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Queen's Gambit (ep. 4) (RRT) 2:30 Art craft (RRA) 3:30 Mix & Mingle (RRB)</p>	<p>24 9:00 Shopping: Billings Bridge Mall 9:30 Tuck Shop (SSL) 10:00 Tuck Shop (RRL) 10:00 Zumba (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 Shopping: Carlingwood Mall 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:00 Professor Cammy (RRC) 2:30 Aquafit (SSP) 2:30 Game: Bean Bags (RRA) 3:30 Mix & Mingle (SSB)</p>	<p>25 10:00 Chair Cardio Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Euchre (SSB) 2:30 Aquafit (SSP) 2:30 Music Hall: Shirley Bassey – Live at the Royal Albert Hall (RRT) 5:00 Birthday & Anniversary Dinner (RSD)</p>	<p>26 10:00 Chair Tai Chi (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:00 Bridge (SSB) 2:30 Book Club Meeting (RRA) 3:30 Mix & Mingle (SSB) 3:30 Virtual Hymns Sing (RRT)</p>	<p>27 10:15 Weekend Exercise (SSA) 2:15 Movie: Wild Mountain Thyme (RRT) 3:30 Mix & Mingle (RRB) 7:15 Movie Replay: Wild Mountain Thyme (RRT)</p>																												
<p>28 10:15 Weekend Exercise (RRA) 11:00 St. Mary's Catholic Live Stream Mass (RRT) 2:00 Bridge (SSB) 2:15 Movie: Dirty Dancing (RRT) 2:30 The Metropolitan Bible Church Service (RRC) 7:15 Movie Replay: Dirty Dancing (RRT)</p>	<p>29 10:00 Chair Cardio Exercise (SSA) 10:35 Seated Ball Exercise (RRA) 2:00 BINGO (SSA) 2:30 Hangman (RRT) 2:45 Aquafit (SSP) 3:30 Mix & Mingle (SSB)</p>	<p>30 10:00 Moderate Intensity Exercise (SSA) 10:35 Resistance Band Exercise (RRA) 2:00 Craft Club (SSA) 2:00 Euchre (SSB) 2:30 Miniseries: Queen's Gambit (ep. 5) (RRT) 2:30 Art craft (RRA) 2:30 Afternoon Tea with Management and Live Entertainment (SSD) 3:30 Mix & Mingle (RRB)</p>	<h3>Location Code</h3> <table border="1"> <tbody> <tr> <td>RRB</td> <td>RR Bistro</td> <td>SSB</td> <td>SS Bistro</td> </tr> <tr> <td>RRD</td> <td>RR Dining Room</td> <td>SSD</td> <td>SS Dining Room</td> </tr> <tr> <td>RRG</td> <td>RR Game Room</td> <td>SLI</td> <td>SS Library</td> </tr> <tr> <td>RLI</td> <td>RR Library</td> <td>SSL</td> <td>SS Lobby</td> </tr> <tr> <td>RRL</td> <td>RR Lobby</td> <td>SSP</td> <td>SS Pool</td> </tr> <tr> <td>RRT</td> <td>RR Theatre</td> <td>PKL</td> <td>Front Parking Lot</td> </tr> <tr> <td>RBY</td> <td>Backyard</td> <td>RSD</td> <td>RR & SS Dining Room</td> </tr> </tbody> </table>				RRB	RR Bistro	SSB	SS Bistro	RRD	RR Dining Room	SSD	SS Dining Room	RRG	RR Game Room	SLI	SS Library	RLI	RR Library	SSL	SS Lobby	RRL	RR Lobby	SSP	SS Pool	RRT	RR Theatre	PKL	Front Parking Lot	RBY	Backyard	RSD	RR & SS Dining Room
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