

PARK PLACE

Memory Care April 2024



Location of Activity:

RR = Retirement Residence | SS = Senior Suites
 A = Auditorium | B = Bistro | T = Theatre | P = Patio
 AR = Activity Room | C = Chapel | LL = Lower Level

Type of activity:

Blue = Fitness | Green = New | Red = Movie / TV / Virtual | Pink = Special | Orange = Game | Purple = Music / Concert

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>14</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Sing-A-Long with Kelly (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Crafty Corner (RR-AR)</p> <p>4:30 Around the World Dinner (4th Floor Dining Room)</p>	<p>15</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Outing: Scenic Drive</p> <p>12:45 1:1 Walks and Visits</p> <p>2:15 Bingo (4th Floor Activity Room)</p> <p>3:00 1:1 Snoezelen Sessions (4th Floor Activity Room)</p> <p>4:00 Chair Yoga (4th Floor Activity Room)</p>	<p>16</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Music with Homa (4th Floor Activity Room)</p> <p>3:00 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Fit Minds (4th Floor Activity Room)</p> <p>4:00 News and Views (4th Floor Activity Room)</p>	<p>17</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Music Therapy with Grace (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Painting Group (4th Floor Activity Room)</p> <p>3:00 Montessori Group (4th Floor Activity Room)</p> <p>4:00 Musical Game (4th Floor Activity Room)</p>	<p>18</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Colouring and Coffee (RR-B)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 - 4:00 Spring Open House (SS-DR)</p>	<p>19</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 1:1 Snoezelen Sessions (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Baking Group (RR-AR)</p> <p>1:30 Catholic Mass with Father Martin (RR-C)</p> <p>3:00 Social Tea (4th Floor Dining Room)</p> <p>4:00 Balloon Ball (4th Floor Activity Room)</p>	<p>20</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Montessori Group (4th Floor Activity Room)</p> <p>3:00 Afternoon Movie (4th Floor Activity Room)</p> 
<p>21</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Sing-A-Long with Kelly (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Crafty Corner (RR-AR)</p> 	<p>22</p> <p>Earth Day</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Outing: Scenic Drive</p> <p>12:45 1:1 Walks and Visits</p> <p>2:15 Bingo (4th Floor Activity Room)</p> <p>3:00 Earth Day Social Hour (RR-B)</p> <p>4:00 Chair Yoga (4th Floor Activity Room)</p>	<p>23</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Music with Homa (4th Floor Activity Room)</p> <p>3:00 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Fit Minds (4th Floor Activity Room)</p> <p>4:00 News and Views (4th Floor Activity Room)</p>	<p>24</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Reading Group (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Painting Group (4th Floor Activity Room)</p> <p>3:00 Montessori Group (4th Floor Activity Room)</p> <p>4:00 Musical Game (4th Floor Activity Room)</p>	<p>25</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Colouring and Coffee (RR-B)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Afternoon Spa (4th Floor Activity Room)</p> <p>2:00 Anglican & Lutheran Worship Service (RR-C)</p> <p>3:00 Games and Puzzles (4th Floor Activity Room)</p> <p>4:00 News and Views (4th Floor Activity Room)</p>	<p>26</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 1:1 Snoezelen Sessions (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Baking Group (RR-AR)</p> <p>3:00 Social Tea (4th Floor Dining Room)</p> <p>4:00 Balloon Ball (4th Floor Activity Room)</p>	<p>27</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Montessori Group (4th Floor Activity Room)</p> <p>3:00 Afternoon Movie (4th Floor Activity Room)</p>
<p>28</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Sing-A-Long with Kelly (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Crafty Corner (RR-AR)</p>	<p>29</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Outing: Scenic Drive</p> <p>12:45 1:1 Walks and Visits</p> <p>2:15 Bingo (4th Floor Activity Room)</p> <p>3:00 1:1 Snoezelen Sessions (4th Floor Activity Room)</p> <p>4:00 Chair Yoga (4th Floor Activity Room)</p>	<p>30</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Music with Homa (4th Floor Activity Room)</p> <p>3:00 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Fit Minds (4th Floor Activity Room)</p> <p>4:00 News and Views (4th Floor Activity Room)</p>	