

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Promenade</h1> <h2>Memory Care/Assisted Living</h2> <h1>APRIL 2024</h1>						
	1	2	3	4	5	6
	9:30 Monday Manicures (3 <sup>rd</sup> ) 10:30 Jokes and Coffee (RR B) 11:00 Let's Tell Jokes (3 <sup>rd</sup> ) 2:00 Zumba Dancing (2 <sup>nd</sup> ) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3 <sup>rd</sup> ) Easter Monday/April Fools Day	9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 Peanut Butter Jelly and Tea Social (RR B) 1:30 1:1 Visits (3 <sup>rd</sup> ) 2:00 Flowers Hair Decorations Craft (2 <sup>nd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )	9:30 Colouring Club (RR AR) 10:45 Fun and Fitness (2 <sup>nd</sup> ) 1:30 Bryan and Heather's Music Social (SS L) 3:00 Social Hour (RR B) 4:00 1:1 Visits (3 <sup>rd</sup> )	8:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 High Tea Social (3 <sup>rd</sup> ) 2:00 Fruit Punch Social (2 <sup>nd</sup> ) 2:00 Catholic Mass (RR C) 4:00 Billiards (RR GR)	8:30 Scenery Walk (3 <sup>rd</sup> ) 10:30 Sing A Long (RR T) 3:00 Social Hour (RR B) 3:00 Beach Ball Catch (2 <sup>nd</sup> )	9:30 1:1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 1:30 Bean Bags (3 <sup>rd</sup> ) 4:00 Jeopardy Social (RR T)
7	8	9	10	11	12	13
10:00 Coffee and Snacks 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 10:30 Baking Club: Butterscotch Muffins (RR AR) 10:30 Arm Chair Travel: Egypt (RR T) 1:30 Bean Bags (2 <sup>nd</sup> ) 2:30 Movie Matinee (RR T) 4:00 Mocktail Social (3 <sup>rd</sup> )	9:30 Monday Manicures (3 <sup>rd</sup> ) 10:30 Pillow Pass Game (RR B) 11:00 Mindful Colouring (3 <sup>rd</sup> ) 2:00 Zumba Dancing (2 <sup>nd</sup> ) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3 <sup>rd</sup> ) National Pillow Fight Day	9:30 Scenery Walk (2 <sup>nd</sup> ) 1:30 1:1 Visits (2 <sup>nd</sup> ) 10:30 Balloon Tennis (3 <sup>rd</sup> ) 10:45 Music Therapy with Jennifer (2 <sup>nd</sup> ) 2:00 Flower Hair Decorations Craft (3 <sup>rd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )	9:30 Colouring Club (RR AR) 10:45 Fun and Fitness (2 <sup>nd</sup> ) 1:30 Fun and Fitness (3 <sup>rd</sup> ) 1:30 Hearing Aid Clinic (RR WC) 3:00 Social Hour (RR B) 4:00 1:1 Visits (3 <sup>rd</sup> )	8:30 Scenery Walk (2 <sup>nd</sup> ) 10-4 Promenade Craft Fair (SS L) 10:30 High Tea Social (3 <sup>rd</sup> ) 2:00 Iced Tea Social (2 <sup>nd</sup> ) 2:00 Catholic Mass (RR C) 4:00 Billiards (RR GR)	8:30 Scenery Walk (3 <sup>rd</sup> ) 10:00 Sing A Long (RR T) 2:00 Live Entertainment with Just Us (SS L) 3:00 Social Hour (RR B) 3:00 Beach Ball Catch (2 <sup>nd</sup> )	9:30 1:1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 1:30 Bean Bags (3 <sup>rd</sup> ) 4:00 Tea and Trivia (RR B)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																												
14 9:30 1:1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 1:30 Bean Bags (2 <sup>nd</sup> ) 2:30 Movie Matinee (RR T) 5:15 After Supper Chit Chat (3 <sup>rd</sup> )	15 9:30 Monday Manicures (2 <sup>nd</sup> ) 10:30 Coffee and Current Events (RR B) 10:30 Mindful Colouring (3 <sup>rd</sup> ) 2:00 Zumba Dancing (2 <sup>nd</sup> ) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3 <sup>rd</sup> )	16 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 Balloon Tennis (3 <sup>rd</sup> ) 1:30 1:1 Visits (3 <sup>rd</sup> ) 1:30 Falls Prevention Workshop (RR T) 2:00 April Showers Craft (2 <sup>nd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )	17 9:30 Colouring Club (RR AR) 10:45 Fun and Fitness (2 <sup>nd</sup> ) 2:30 Fun and Fitness (3 <sup>rd</sup> ) 3:00 Social Hour (RR B) 3:00 Veterans Meeting (RR LL) 4:00 1:1 Visits (3 <sup>rd</sup> )	18 8:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 High Tea Social (3 <sup>rd</sup> ) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 4:00 Scenery Walk (3 <sup>rd</sup> )	19 8:30 Scenery Walk (3 <sup>rd</sup> ) 9:40 Latin Chair Dancing (RR LL) 10:30 Sing A Long (RR T) 1:30 Music Jam with Bryan (SS L) 3:00 Beach Ball Catch (2 <sup>nd</sup> ) 3:00 Social Hour (RR B)	20 9:30 1:1 Visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 1:30 Bean Bags (3 <sup>rd</sup> ) 2:00 1:1 Visits (2 <sup>nd</sup> ) 4:00 Orange Punch Social (RR B)																												
21 9:30 1:1 visits (2 <sup>nd</sup> ) 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 10:30 Arm Chair Travel: Bermuda (RR T) 10:30 Make Your Own Ice-Cream Sundae (RR AR) 1:30 Bean Bags (2 <sup>nd</sup> ) 2:30 Movie Matinee (RR T) 4:00 Mocktails Social (3 <sup>rd</sup> )	22 9:30 Monday Manicures (3 <sup>rd</sup> ) 10:30 Community Walk and Clean Up (RR L) 2:00 Zumba Dancing (2 <sup>nd</sup> ) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3 <sup>rd</sup> ) Earth Day	23 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 Balloon Tennis (2 <sup>nd</sup> ) 10:45 Music Therapy with Jennifer (3 <sup>rd</sup> ) 1:30 1:1 Visits (2 <sup>nd</sup> ) 2:00 Spring Flowers Painting (3 <sup>rd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )	24 9:30 Colouring Club (RR AR) 10:45 Fun and Fitness (2 <sup>nd</sup> ) 2:30 Fun and Fitness (3 <sup>rd</sup> ) 3:00 Social Hour (RR B) 4:00 1:1 Visits (3 <sup>rd</sup> )	25 8:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 High Tea Social (3 <sup>rd</sup> ) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 2:00 Chocolate Milk and Cookies Social (2 <sup>nd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )	26 8:30 Scenery Walk (3 <sup>rd</sup> ) 10:30 Sing A Long (RR T) 2:00 Musical Exercise (3 <sup>rd</sup> ) 3:00 Beach Ball Catch (2 <sup>nd</sup> ) 3:00 Social Hour with Pretzels Treats (RR B) National Pretzels Day	27 9:30 1 to 1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 1:30 Bean Bags (3 <sup>rd</sup> ) 5:15 After Supper Chit Chats (2 <sup>nd</sup> )																												
28 9:30 1:1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 1:30 Bean Bags (2 <sup>nd</sup> ) 2:30 Movie Matinee (RR T) 4:00 Life Stories Discuss and Recall (RR B) 5:15 After Supper Chit Chat (3 <sup>rd</sup> )	29 9:30 Monday Manicures (2 <sup>nd</sup> ) 10:30 Coffee and Current Events (RR B) 10:30 Mindful Colouring (3 <sup>rd</sup> ) 2:00 Zumba Dancing (2 <sup>nd</sup> ) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3 <sup>rd</sup> )	30 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 Balloon Tennis (3 <sup>rd</sup> ) 1:30 1:1 Visits (2 <sup>nd</sup> ) 2:00 Bird House Painting (3 <sup>rd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )		Type of Activity: Blue - Fitness Green - New Red - Movie/ TV/Virtual Pink - Special Orange - Game Purple - Concert Lilac - Holidays	<b>Location Code</b> <table border="1"> <tr> <td>B</td> <td>Bistro</td> <td>L</td> <td>Lobby</td> </tr> <tr> <td>BR</td> <td>SS Bridge Room</td> <td>YR</td> <td>SS Yoga Room</td> </tr> <tr> <td>GR</td> <td>RR Game Room</td> <td>Lib</td> <td>SS Library</td> </tr> <tr> <td>2<sup>nd</sup></td> <td>2<sup>nd</sup> floor dining room</td> <td>3<sup>rd</sup></td> <td>3<sup>rd</sup> floor lounge</td> </tr> <tr> <td>T</td> <td>Theatre</td> <td></td> <td></td> </tr> <tr> <td>C</td> <td>Chapel</td> <td></td> <td></td> </tr> <tr> <td>WC</td> <td>Wellness Centre</td> <td></td> <td></td> </tr> </table>		B	Bistro	L	Lobby	BR	SS Bridge Room	YR	SS Yoga Room	GR	RR Game Room	Lib	SS Library	2 <sup>nd</sup>	2 <sup>nd</sup> floor dining room	3 <sup>rd</sup>	3 <sup>rd</sup> floor lounge	T	Theatre			C	Chapel			WC	Wellness Centre		
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