

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Promenade</div> <div>Memory Care/Assisted Living</div> <div>MARCH 2024</div>					<div>1</div> <div>8:30 Scenery Walk (3<sup>rd</sup>)</div> <div>10:30 Sing A Long (RR T)</div> <div>2:00 Musical Exercise (3<sup>rd</sup>)</div> <div>2:00 Spring Craft (RR AR)</div> <div>3:00 Beach Ball Catch (2<sup>nd</sup>)</div> <div>3:00 Social Hour (RR B)</div>	<div>2</div> <div>9:30 1:1 visits (2<sup>nd</sup> and 3<sup>rd</sup>)</div> <div>1:30 Bean Bags (3<sup>rd</sup>)</div> <div>3:00 Balloon Games (3<sup>rd</sup>)</div> <div>4:00 Tea and Trivia (RR B)</div>
<div>3</div> <div>9:30 1:1 visits (2<sup>nd</sup>)</div> <div>10:00 Coffee and Snacks</div> <div>10:00 Catholic TV Mass (3<sup>rd</sup>)</div> <div>1:30 Bean Bags (2<sup>nd</sup>)</div> <div>2:30 Movie Matinee (RR T)</div> <div>5:15 After Supper Chit Chat (3<sup>rd</sup>)</div>	<div>4</div> <div>9:30 Monday Manicures (3<sup>rd</sup>)</div> <div>10:30 Coffee and Current Events (RR B)</div> <div>10:30 Mindful Colouring (3<sup>rd</sup>)</div> <div>2:00 Zumba Dancing (2<sup>nd</sup>)</div> <div>3:00 Social Hour (RR B)</div> <div>4:00 Beach Ball Catch (3<sup>rd</sup>)</div>	<div>5</div> <div>9:30 Scenery Walk (2<sup>nd</sup>)</div> <div>10:45 Balloon Tennis (3<sup>rd</sup>)</div> <div>1:30 1:1 Visits (3<sup>rd</sup>)</div> <div>2:00 St. Patrick's Colouring (2<sup>nd</sup>)</div> <div>4:00 Scenery Walk (3<sup>rd</sup>)</div>	<div>6</div> <div>9:30 Colouring Club (RR AR)</div> <div>10:45 Fun and Fitness (2<sup>nd</sup>)</div> <div>1:30 Fun and Fitness (3<sup>rd</sup>)</div> <div>3:00 Social Hour (RR B)</div>	<div>7</div> <div>9:30 Scenery Walk (2<sup>nd</sup>)</div> <div>10:30 High Tea Social (3<sup>rd</sup>)</div> <div>2:00 Hot Chocolate Social (2<sup>nd</sup>)</div> <div>2:00 Catholic Mass (RR C)</div> <div>4:00 Billiards (RR GR)</div>	<div>8</div> <div>8:30 Scenery Walk (3<sup>rd</sup>)</div> <div>10:30 Sing A Long with Tea and Treats (RR B)</div> <div>2:00 Live Entertainment with Bob Schartz (SS L)</div> <div>3:15 High Tea Social for International Woman's Day (2<sup>nd</sup>)</div> <div>3:00 Social Hour (RR B)</div> <div>3:30 Woman's Day Discuss and Recall (3<sup>rd</sup>)</div> <div>International Woman's Day</div>	<div>9</div> <div>10:30 Baking Club: Make Your Ice-Cream Sundae (RR AR)</div> <div>1:30 Bean Bags (3<sup>rd</sup>)</div> <div>2:00 1:1 Visits (2<sup>nd</sup>)</div> <div>4:00 Tea and Trivia (RR B)</div>
<div>10</div> <div>9:30 1:1 visits (2<sup>nd</sup>)</div> <div>10:00 Coffee and Snacks</div> <div>10:00 Catholic TV Mass (3<sup>rd</sup>)</div> <div>10:30 Sing A Long (3<sup>rd</sup>)</div> <div>1:30 Bean Bags (2<sup>nd</sup>)</div> <div>2:30 Movie Matinee (RR T)</div> <div>4:00 Mocktail Social (3<sup>rd</sup>)</div>	<div>11</div> <div>9:30 Monday Manicures (3<sup>rd</sup>)</div> <div>10:30 Coffee and Current Events (RR B)</div> <div>10:30 Mindful Colouring (3<sup>rd</sup>)</div> <div>2:00 Zumba Dancing (2<sup>nd</sup>)</div> <div>3:00 Social Hour (RR B)</div> <div>4:00 Beach Ball Catch (3<sup>rd</sup>)</div>	<div>12</div> <div>9:30 Scenery Walk (2<sup>nd</sup>)</div> <div>1:30 1:1 Visits (2<sup>nd</sup>)</div> <div>10:30 Shamrock Shake Social (RR B)</div> <div>2:00 St. Patrick's Shamrock Craft (3<sup>rd</sup>)</div> <div>4:00 Scenery Walk (3<sup>rd</sup>)</div>	<div>13</div> <div>9:30 Colouring Club (RR AR)</div> <div>10:45 Fun and Fitness (2<sup>nd</sup>)</div> <div>1:30 Fun and Fitness (3<sup>rd</sup>)</div> <div>3:00 Social Hour (RR B)</div>	<div>14</div> <div>9:30 Scenery Walk (2<sup>nd</sup>)</div> <div>10:30 High Tea Social (3<sup>rd</sup>)</div> <div>2:00 Hot Chocolate Social (2<sup>nd</sup>)</div> <div>2:00 Catholic Mass (RR C)</div> <div>4:00 Billiards (RR GR)</div>	<div>15</div> <div>8:30 Scenery Walk (3<sup>rd</sup>)</div> <div>9:00 Latin Chair Dancing (2<sup>nd</sup>)</div> <div>9:40 Latin Chair Dancing (3<sup>rd</sup>)</div> <div>10:00 Sing A Long (RR T)</div> <div>1:00-2:30 Musical Jam with Bryan (SS L)</div> <div>3:00 Social Hour (RR B)</div> <div>3:00 Beach Ball Catch (2<sup>nd</sup>)</div>	<div>16</div> <div>9:30 1:1 visits (2<sup>nd</sup> and 3<sup>rd</sup>)</div> <div>1:30 Bean Bags (3<sup>rd</sup>)</div> <div>3:30 Nail Salon: Please sign up with reception (RR AR)</div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																								
17 9:30 St Patrick’s Day Social and Irish Music Sing A Long (3 <sup>rd</sup> ) 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 2:00 Live Entertainment with Jeff Stroddard (SS L) 2:30 Movie Matinee (RR T) 4:00 St. Patrick’s Day Social (RR B)  St Patrick’s Day	18 9:30 Monday Manicures (2 <sup>nd</sup> ) 10:30 Coffee and Current Events (RR B) 10:30 Mindful Colouring (3 <sup>rd</sup> ) 3:00 Social Hour (RR B) 4:00 Scenery Walk (2 <sup>nd</sup> )	19 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 Spring Time in Paris Tea Social (RR B) 1:30 1:1 Visits (3 <sup>rd</sup> ) 2:00 Easter Decorations Craft (2 <sup>nd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )  First Day of Spring!	20 9:30 Colouring Club (RR AR) 10:45 Fun and Fitness (2 <sup>nd</sup> ) 2:30 Fun and Fitness (3 <sup>rd</sup> ) 3:00 Social Hour (RR B)	21 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 High Tea Social (3 <sup>rd</sup> ) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 4:00 Scenery Walk (3 <sup>rd</sup> )	22 8:30 Scenery Walk (3 <sup>rd</sup> ) 10:30 Love Songs Sing A Long (RR T) 2:00 Musical Exercise (3 <sup>rd</sup> ) 3:00 Beach Ball Catch (2 <sup>nd</sup> ) 3:00 Social Hour (RR B)	23 9:30 1:1 Visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 10:30 Baking Club: Easter Cookies (RR AR) 1:30 Bean Bags (3 <sup>rd</sup> ) 2:00 1:1 Visits (2 <sup>nd</sup> ) 4:00 Orange Punch Social (RR B)																								
24 9:30 1:1 visits (2 <sup>nd</sup> ) 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 10:30 Sing A Long (3 <sup>rd</sup> ) 1:30 Bean Bags (2 <sup>nd</sup> ) 2:30 Movie Matinee (RR T) 4:00 Mocktails Social (3 <sup>rd</sup> )	25 9:30 Monday Manicures (3 <sup>rd</sup> ) 10:30 Current Events and Coffee (RR B) 2:00 Zumba Dancing (2 <sup>nd</sup> ) 3:00 Social Hour (RR B) 3:00 Beach Ball Catch (3 <sup>rd</sup> )	26 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 Balloon Tennis (3 <sup>rd</sup> ) 1:30 1:1 Visits (2 <sup>nd</sup> ) 2:00 Easter Egg Decorating (3 <sup>rd</sup> )  4:00 Scenery Walk (3 <sup>rd</sup> )	27 9:30 Colouring Club (RR AR) 10:45 Fun and Fitness (2 <sup>nd</sup> ) 2:30 Fun and Fitness (3 <sup>rd</sup> ) 3:00 Social Hour (RR B)	28 9:30 Scenery Walk (2 <sup>nd</sup> ) 10:30 High Tea Social (3 <sup>rd</sup> ) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 2:00 Hot Chocolate Social (2 <sup>nd</sup> ) 4:00 Scenery Walk (3 <sup>rd</sup> )	29 8:30 Scenery Walk (3 <sup>rd</sup> ) 10:30 Sing A Long (RR T) 2:00 Musical Exercise (3 <sup>rd</sup> ) 2:00 Easter Egg Painting (RR AR) 3:00 Beach Ball Catch (2 <sup>nd</sup> ) 3:00 Social Hour (RR B)  Good Friday	30 9:30 1 to 1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 1:30 Bean Bags (3 <sup>rd</sup> ) 5:15 After Supper Chit Chats (2 <sup>nd</sup> )																								
31 9:30 1:1 visits (2 <sup>nd</sup> and 3 <sup>rd</sup> ) 10:00 Catholic TV Mass (3 <sup>rd</sup> ) 1:30 Bean Bags (2 <sup>nd</sup> ) 2:30 Movie Matinee (RR T) 4:00 Easter Sunday Tea Social (SS B) 5:15 After Supper Chit Chat (3 <sup>rd</sup> )  Easter Sunday				Type of Activity:  Blue - Fitness Green - New Red - Movie/TV/Virtual Pink – Special Orange – Game Purple - Concert Lilac - Holidays	Location Code <table><tr><td>B</td><td>Bistro</td><td>L</td><td>Lobby</td></tr><tr><td>BR</td><td>SS Bridge Room</td><td>YR</td><td>SS Yoga Room</td></tr><tr><td>GR</td><td>RR Game Room</td><td>Lib</td><td>SS Library</td></tr><tr><td>2<sup>nd</sup></td><td>2<sup>nd</sup> floor dining room</td><td>3<sup>rd</sup></td><td>3<sup>rd</sup> floor lounge</td></tr><tr><td>T</td><td>Theatre</td><td colspan="2" rowspan="3"></td></tr><tr><td>C</td><td>Chapel</td></tr><tr><td>WC</td><td>Wellness Centre</td></tr></table>		B	Bistro	L	Lobby	BR	SS Bridge Room	YR	SS Yoga Room	GR	RR Game Room	Lib	SS Library	2 <sup>nd</sup>	2 <sup>nd</sup> floor dining room	3 <sup>rd</sup>	3 <sup>rd</sup> floor lounge	T	Theatre			C	Chapel	WC	Wellness Centre
B	Bistro	L	Lobby																											
BR	SS Bridge Room	YR	SS Yoga Room																											
GR	RR Game Room	Lib	SS Library																											
2 <sup>nd</sup>	2 <sup>nd</sup> floor dining room	3 <sup>rd</sup>	3 <sup>rd</sup> floor lounge																											
T	Theatre																													
C	Chapel																													
WC	Wellness Centre																													