

# RAVINES FEBRUARY 2024

## Memory Care Activity Calendar

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|---|--|--|---|---|--|---|
| 28<br>9:30 1 on 1 Visit (RR3)<br>10:15 Exercise (RRA)<br>10:30 Coffee & Snack (RR2)<br>11:00 St. Mary's Catholic Live Steam Mass (RRT)<br>2:15 Movie: The Pale Blue Eye (RRT)<br>2:30 Game: Bean Bags (RR2) | 29<br>9:30 1 on 1 Visit (RR3)<br>10:00 Water Painting (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>4:00 Scenery Walk                                 | 30<br>9:30 1 on 1 Visit (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>12:30 Exercise with Shima (RR2)<br>2:00 Afternoon Music with Jennifer (RR2)<br>2:30 Documentary: Life on Our Planet (RRT) | 31<br>9:30 1 on 1 Visit (RR3)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>1:30 Scenery Walk<br>2:00 Fit Minds (RR2)<br>4:00 Game: Ring Toss (RR2)  | 1<br>9:30 1 on 1 Visit (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>1:00 Exercise with Shima (RR3)<br>2:00 Word Search (RR2)<br>2:30 Music Hall (RR2)     | 2<br>9:30 1 on 1 Visit (RR3)<br>10:15 Table Curling (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>2:00 Sing-along with Keith (RR2)<br>3:30 Virtual Hymns Sing (RR2) | 3<br>9:30 1 on 1 Visit (RR2)<br>9:30 Relaxing Nature Scenery and Music (RR2)<br>10:30 Coffee & Snack (RR2)<br>2:15 Movie: Bank of Dave (RRT)<br>2:30 Game: Ring Toss (RR2)<br>4:00 Scenery Walk |
| 4<br>9:30 1 on 1 Visit (RR3)<br>10:15 Weekend Exercise (RRA)<br>10:30 Coffee & Snack (RR2)<br>11:00 St. Mary's Catholic Live Steam Mass (RRT)<br>2:15 Movie: Elvis (RRT)<br>2:30 Game: Bouncing Ball (RR2)  | 5<br>9:30 1 on 1 Visit (RR3)<br>10:00 Water Painting (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>2:00 Virtual Sing-along (RR2)<br>2:30 Scenery Walk | 6<br>9:30 1 on 1 Visit (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>12:30 Exercise with Shima (RR2)<br>2:00 Afternoon Music with Jennifer (RR2)<br>2:30 Documentary: Predators-Cheetah (RRT)   | 7<br>9:30 1 on 1 Visit (RR3)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>1:30 Scenery Walk<br>2:00 Fit Minds (RR2)<br>4:00 Game: Ladder Ball (RR2) | 8<br>9:30 1 on 1 Visit (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>1:00 Exercise with Shima (RR3)<br>2:00 Giant Crossword (RR2)<br>2:30 Music Hall (RR2) | 9<br>9:30 1 on 1 Visit (RR3)<br>10:15 Giant Bingo (RR2)<br>10:30 Coffee & Snack (RR2)<br>10:35 Exercise (RRA)<br>3:30 Virtual Hymns Sing (RR2)                                       | 10<br>9:30 1 on 1 Visit (RR2)<br>9:30 Relaxing Nature Scenery and Music (RR2)<br>10:30 Coffee & Snack (RR2)<br>2:15 Movie: Chef (RRT)<br>2:30 Game: Bouncing Ball (RR2)<br>4:00 Scenery Walk    |

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |     |                 |     |                |     |            |     |            |     |          |     |                     |
|--|---|--|--|---|---|---|-----|-----------------|-----|----------------|-----|------------|-----|------------|-----|----------|-----|---------------------|
| <p style="text-align: right;"><b>11</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> <b>10:15 Weekend Exercise (RRA)</b><br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>11:00 St. Mary's Catholic Live Steam Mass (RRT)</b><br/> <b>2:15 Movie: The Proposal (RRT)</b><br/> <b>2:30 Game: Ring Toss (RR2)</b></p>          | <p style="text-align: right;"><b>12</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:00 Water Painting (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>2:00 Virtual Sing-along (RR2)</b><br/> 2:30 Scenery Walk</p>  | <p style="text-align: right;"><b>13</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>12:30 Exercise with Shima (RR2)</b><br/> 2:00 Afternoon Music with Jennifer (RR2)<br/> <b>2:30 Documentary: Predators-Lion (RRT)</b></p>       | <p style="text-align: right;"><b>14</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> 1:30 Scenery Walk<br/> 2:00 Heart Coloring and Crafting (RR2)<br/> <b>4:00 Game: Table Curling (RR2)</b><br/> <b>7:00 Happy Valentine's Day - Live Music with Andre and Maria (RRA)</b></p> | <p style="text-align: right;"><b>15</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>1:00 Exercise with Shima (RR3)</b><br/> 2:00 Hidden Objects (RR2)<br/> <b>2:30 Music Hall (RR2)</b></p>     | <p style="text-align: right;"><b>16</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:15 Connect The Dots (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>3:30 Virtual Hymns Sing (RR2)</b></p> | <p style="text-align: right;"><b>17</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 9:30 Relaxing Nature Scenery and Music (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>2:15 Movie: Pretty Woman (RRT)</b><br/> <b>2:30 Game: Ladder Ball (RR2)</b><br/> 4:00 Scenery Walk</p>   |     |                 |     |                |     |            |     |            |     |          |     |                     |
| <p style="text-align: right;"><b>18</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> <b>10:15 Weekend Exercise (RRA)</b><br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>11:00 St. Mary's Catholic Live Steam Mass (RRT)</b><br/> <b>2:15 Movie: The Monuments Men (RRT)</b><br/> <b>2:30 Game: Bouncing Ball (RR2)</b></p> | <p style="text-align: center;"><b>Family Day</b></p> <p style="text-align: right;"><b>19</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:00 Water Painting (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>2:00 Virtual Sing-along (RR2)</b><br/> 2:30 Scenery Walk</p> | <p style="text-align: right;"><b>20</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>12:30 Exercise with Shima (RR2)</b><br/> 2:00 Afternoon Music with Jennifer (RR2)<br/> <b>2:30 Documentary: Predators-Puma (RRT)</b></p>       | <p style="text-align: right;"><b>21</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> 1:30 Scenery Walk<br/> 2:00 Fit Minds (RR2)<br/> <b>4:00 Game: Ring Toss (RR2)</b></p>  | <p style="text-align: right;"><b>22</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>1:00 Exercise with Shima (RR3)</b><br/> 2:00 Coloring Pages (RR2)<br/> 2:30 Sing-along with Chris (RR2)</p> | <p style="text-align: right;"><b>23</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:15 Hidden Objects (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>3:30 Virtual Hymns Sing (RR2)</b></p>   | <p style="text-align: right;"><b>24</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 9:30 Relaxing Nature Scenery and Music (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>2:15 Movie: The Secret: Dare to Dream (RRT)</b><br/> <b>2:30 Game: Ladder Ball (RR2)</b><br/> 4:00 Scenery Walk</p>  |     |                 |     |                |     |            |     |            |     |          |     |                     |
| <p style="text-align: right;"><b>25</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> <b>10:15 Weekend Exercise (RRA)</b><br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>11:00 St. Mary's Catholic Live Steam Mass (RRT)</b><br/> <b>2:15 Movie: The Nanny Diaries (RRT)</b><br/> <b>2:30 Game: Bouncing Ball (RR2)</b></p> | <p style="text-align: right;"><b>26</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:00 Water Painting (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>2:00 Virtual Sing-along (RR2)</b><br/> 2:30 Scenery Walk</p>  | <p style="text-align: right;"><b>27</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>12:30 Exercise with Shima (RR2)</b><br/> 2:00 Afternoon Music with Jennifer (RR2)<br/> <b>2:30 Documentary: Predators-Polar Bear (RRT)</b></p> | <p style="text-align: right;"><b>28</b></p> <p>9:30 1 on 1 Visit (RR3)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> 1:30 Scenery Walk<br/> 2:00 Connect the Dots (RR2)<br/> <b>4:00 Game: Bean Bags (RR2)</b></p>   | <p style="text-align: right;"><b>29</b></p> <p>9:30 1 on 1 Visit (RR2)<br/> 10:30 Coffee &amp; Snack (RR2)<br/> <b>10:35 Exercise (RRA)</b><br/> <b>1:00 Exercise with Shima (RR3)</b><br/> 2:00 Hidden Objects (RR2)<br/> <b>2:30 Music Hall (RR2)</b></p>     | <p>Type of Activity:</p> <p>Blue - Fitness<br/> Green - New<br/> Red - Movie/TV/Virtual<br/> Pink - Special<br/> Orange - Game<br/> Purple - Concert<br/> Lilac - Holidays</p>  | <p>Location Code:</p> <table border="1"> <tr> <td>RR2</td> <td>RR Second Floor</td> </tr> <tr> <td>RR3</td> <td>RR Third Floor</td> </tr> <tr> <td>RRT</td> <td>RR Theatre</td> </tr> <tr> <td>RLI</td> <td>RR Library</td> </tr> <tr> <td>RRL</td> <td>RR Lobby</td> </tr> <tr> <td>RSD</td> <td>RR &amp; SS Dining Room</td> </tr> </table> | RR2 | RR Second Floor | RR3 | RR Third Floor | RRT | RR Theatre | RLI | RR Library | RRL | RR Lobby | RSD | RR & SS Dining Room |
| RR2  | RR Second Floor   |  |  |   |   |   |     |                 |     |                |     |            |     |            |     |          |     |                     |
| RR3  | RR Third Floor  |  |  |   |   |   |     |                 |     |                |     |            |     |            |     |          |     |                     |
| RRT  | RR Theatre  |  |  |   |   |   |     |                 |     |                |     |            |     |            |     |          |     |                     |
| RLI  | RR Library  |  |  |   |   |   |     |                 |     |                |     |            |     |            |     |          |     |                     |
| RRL  | RR Lobby  |  |  |   |   |   |     |                 |     |                |     |            |     |            |     |          |     |                     |
| RSD  | RR & SS Dining Room   |  |  |   |   |   |     |                 |     |                |     |            |     |            |     |          |     |                     |