

The ALAVIDA Times

February 2024

RAVINES

Dial **4636** from your suite's phone to listen to what activities we have planned for the month!

Contact your Activity Team for more details.



THE RAVINES MANAGEMENT TEAM

Department	Name	Ext#
General Manager	Julie Smith	1115
Office Manager	Edith Espera	1114
Sales Manager	Michele Brydges	1116
Food Service Manager	Maryann Padrones	1111
Director of Care	Honey Mostoles	1009
Maintenance Manager	Sean Skokos	1117
Recreation Manager	Chao Wu	1001

Dining Room Hours	Hair Salon
<p style="text-align: center;">Breakfast 8:00am-9:00am</p> <p style="text-align: center;">Lunch 1st Sitting: 11:45am-12:45pm 2nd Sitting: 1:00pm-2:00pm</p> <p style="text-align: center;">Dinner 1st Sitting: 4:45pm-5:45pm 2nd Sitting: 6:00pm-7:00pm</p>	<p style="text-align: center;">Haircuts by Helen Please dial 1005 to book your hair appointment or leave a message. Helen works: Wednesdays, Thursdays and Fridays Starting at 9:30am</p>
Findlay Creek Hearing Clinic	Mobile Dental Cleaning Clinic
<p>For more information or to book an appointment, please call their clinic: Phone Number: 613-916-6111 Email: info@FCHearing.ca Website: www.FCHearing.ca Date and Location: TBD</p>	<p>To book an appointment for the mobile dental clinic at Ravines run by Rosemary Valliant (RDH) Please Call: 613-898-2292</p>

Calling all born in February!

Ravines residents born in February will be celebrated with a special dinner on **Thursday, February 22nd, 2024**

Barbara Withey	Feb. 5th	Anita Maddalena	Feb. 17th
Irene Ross	Feb. 7th	Betty Dorling	Feb. 19th
Katharine Elliott	Feb. 10th	Margaret Richard	Feb. 19th
Roslyn Walker	Feb. 10th	Margaret Casterson	Feb. 21st
Glen Muldoon	Feb. 11th	Clare Fowler	Feb. 22nd
Bruce Sisson	Feb. 13th	Rudolph Salewski	Feb. 22nd
Donald Moffatt	Feb. 14th	Alexandria Miriguay	Feb. 24th
Peter Verbruggen	Feb. 14th	Barbara Armstrong	Feb. 28th
Jean Curtis	Feb. 15th	Henry Doseger	Feb. 29th
Barb Muir	Feb. 16th		

Anniversaries

Wynn and Peter Hill February 17th, 1955

Please contact reception in case we missed you on the list.

Ravines wishes a warm welcome to our new residents this month!

Anne Brownrigg Lorenza Chiumera Brenda Junker Aira Ranta

A message from your residents' craft group

Every day between 10:30am and 2:30pm during the month of February, we will be in the SS lobby selling hand crafted items. Please stop and visit!

All profits will be donated to the Ottawa Food Bank at the end of the month.

Thank you.



Resident Ambassadors



Iris Byers
(RR)



Jean Fong
(RR)



Melba Hurd
(RR)



Allan Brown
(SS)



Henry Doseger
(SS)



Peter Hill
(SS)



Peggy Moffatt
(SS)



Adeline Turcotte
(SS)

Food Committee



Maryan Padrones
Food Service Manager



Iris Byers
(RR)



Melba Hurd
(RR)



Agnes Heaslip
(RR)



Barbara Delorme
(SS)



Henry Doseger
(SS)



Connie Huggett
(SS)



Heather Keatley
(SS)



David Martin
(SS)



Angus Strong
(SS)

Executives of SS Resident Council



President
Irene Caswell



Secretary
Elizabeth Mundell



Vice President
Angus Strong



Treasurer
Shirley Tobin