

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Promenade</h1> <h2>Memory Care/Assisted Living</h2> <h1>FEBRUARY 2024</h1>						
Type of Activity: Blue - Fitness Green - New Red - Movie/ TV/Virtual Pink - Special Orange - Game Purple - Concert Lilac - Holidays				9:30 Scenery Walk (2 nd) 10:30 Winter Colouring (3 rd) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 4:00 Scenery Walk (3 rd)	8:30 Scenery Walk (3 rd) 10:30 Sing A Long (RR T) 2:00 Musical Exercise (3 rd) 2:00 Valentines Day Craft (RR AR) 3:00 Beach Ball Catch (2 nd) 3:00 Social Hour (RR B)	10:00 Coffee and Snacks 10:00 Baking Club: Scones (RR AR) 1:30 Bean Bags (3 rd) 2:00 Bingo (RR T) 4:00 Trivia and Tea Social (RR B)
9:30 1:1 visits (3 rd) 10:00 Coffee and Snacks 10:00 Catholic TV Mass (3 rd) 10:30 Sing A Long (3 rd) 1:30 Bean Bags (2 nd) 2:30 Movie Matinee (RR T) 4:00 Mocktail Social (3 rd)	9:30 Monday Manicures (3 rd) 10:30 Coffee and Current Events (RR B) 10:30 Mindful Colouring (3 rd) 2:00 Zumba Dancing (2 nd) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3 rd)	9:30 Scenery Walk (2 nd) 10:45 Balloon Tennis (3 rd) 1:30 Fit Minds and Trivia (2 nd) 4:00 Scenery Walk (3 rd)	9:30 Craft Club: Valentines Day Cards (RR AR) 10:45 Fun and Fitness (2 nd) 1:30 Fun and Fitness (3 rd) 3:00 Social Hour (RR B)	9:30 Scenery Walk (2 nd) 10:30 High Tea Social (3 rd) 2:00 Hot Chocolate Social (2 nd) 2:00 Catholic Mass (RR C) 4:00 Billiards (RR GR)	8:30 Scenery Walk (3 rd) 9:00 Latin Chair Dancing (2 nd) 9:40 Latin Chair Dancing (3 rd) 10:00 Sing A Long (RR T) 3:00 Social Hour (RR B) 3:00 Beach Ball Catch (2 nd)	10:15 Baking Club: Sugar Heart Cookies (RR AR) 1:30 Bean Bags (3 rd) 2:00 Bingo (RR T) 4:00 Valentines Nail Art with Remi: Please sign up with reception (RR B)

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<p>11</p> <p>9:30 1:1 visits (3rd) 10:00 Catholic TV Mass (3rd) 10:30 Hot chocolate social (3rd) 1:30 Bean Bags (2nd) 2:30 Movie Matinee (RR T) 3:00 Valentines Day Discuss and Recall (3rd) 4:00 Mocktails Social (2nd)</p>	<p>12</p> <p>9:30 Monday Manicures (2nd) 10:30 Coffee and Current Events (RR B) 10:30 Love Songs Sing A Long (3rd) 2:00 Live Entertainment with Marko Zarko (SS L) 3:00 Chocolate Tasting Social Hour (RR B) 4:00 Scenery Walk (2nd)</p>	<p>13</p> <p>9:30 Scenery Walk (2nd) 10:45 Mardi Gras/Shrove Tuesday Social (RR B) 10:45 Musical Therapy with Jennifer (3rd) 1:15 Mardi Gras Party (3rd) 4:00 Mardi Gras Party (2nd) Mardi Gras/Shrove Tuesday</p>	<p>14</p> <p>9:30 Coloring Club: Valentines Hearts (RR AR) 10:30 Strawberry Milkshake Social (RR B) 2:00 Valentines Day Party (2nd) 3:00 Social Hour (RR B) 4:00 Valentines Day Party (3rd) Valentine's Day</p>	<p>15</p> <p>9:30 Scenery Walk (2nd) 10:30 Trivia (3rd) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 4:00 Scenery Walk (3rd)</p>	<p>16</p> <p>8:30 Scenery Walk (3rd) 10:30 Love Songs Sing A Long (RR T) 2:00 Musical Exercise (3rd) 3:00 Beach Ball Catch (2nd) 3:00 Social Hour (RR B)</p>	<p>17</p> <p>10:00 1:1 visits (2nd) 10:00 Baking Club: Banana Loaf (RR AR) 1:30 1:1 Puzzles (2nd) 1:30 Bean Bags (3rd) 2:00 Bingo (RR T) 4:00 Tea and Trivia Social (RR B)</p>																												
<p>18</p> <p>9:30 1:1 visits (3rd) 10:00 Catholic TV Mass (3rd) 10:30 Sing A Long (3rd) 1:30 Bean Bags (2nd) 2:30 Movie Matinee (RR T) 4:00 Mocktails Social (3rd)</p>	<p>19</p> <p>9:30 Monday Manicures (3rd) 10:30 Family Day Memories (RR B) 2:00 Zumba Dancing (2nd) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3rd) FAMILY DAY</p>	<p>20</p> <p>9:30 Scenery Walk (2nd) 10:30 Balloon Tennis (3rd) 1:30 Fit Minds and Trivia (2nd) 4:00 Scenery Walk (3rd)</p>	<p>21</p> <p>9:30 Craft Club: Posters for our Doors (RR AR) 10:45 Fun and Fitness (2nd) 2:30 Fun and Fitness (3rd) 3:00 Social Hour (RR B)</p>	<p>22</p> <p>9:30 Scenery Walk (2nd) 10:30 High Tea Social (3rd) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 2:00 Hot Chocolate Social (2nd) 4:00 Scenery Walk (3rd)</p>	<p>23</p> <p>8:30 Scenery Walk (3rd) 10:30 Sing A Long (RR T) 2:00 Musical Exercise (3rd) 3:00 Beach Ball Catch (2nd) 3:00 Social Hour (RR B)</p>	<p>24</p> <p>9:30 1:1 visits (3rd) 10:30 Coconut Cookies (2nd) 2:00 Bingo (RR T) 3:30 Bean Bags (3rd) 4:00 Strawberry Iced Tea (RR B)</p>																												
<p>25</p> <p>9:30 1:1 visits (3rd) 10:00 Catholic TV Mass (3rd) 10:30 Sing A Long (3rd) 1:30 Bean Bags (2nd) 2:30 Movie Matinee (RR T) 3:00 Word Games (3rd) 4:00 Mocktails Social (2nd)</p>	<p>26</p> <p>9:30 Monday Manicures (3rd) 10:30 Coffee and Current Events (RR B) 10:30 Mindful Colouring (3rd) 2:00 Zumba Dancing (2nd) 3:00 Social Hour (RR B) 4:00 Beach Ball Catch (3rd)</p>	<p>27</p> <p>9:30 Scenery Walk (2nd) 10:45 Music Therapy with Jennifer (2nd) 10:30 Balloon Tennis (3rd) 1:30 Fit Minds and Trivia (2nd) 4:00 Scenery Walk (3rd)</p>	<p>28</p> <p>9:30 Craft Club: Water colour Snowflakes (RR AR) 10:45 Fun and Fitness (2nd) 1:30 Fun and Fitness (3rd) 3:00 Social Hour (RR B) 4:00 Birthday Party (2nd) 4:30 Birthday Party (3rd) Birthday and Anniversary Dinner</p>	<p>29</p> <p>9:30 Scenery Walk (2nd) 11:00 Leap Year Social (3rd) 1:30 Billiards (RR GR) 2:00 Catholic Mass (RR C) 2:00 Leap Year Social (2nd) 4:00 Scenery Walk (3rd)</p>	<p>Location Code</p> <table border="1"> <tr> <td>B</td> <td>Bistro</td> <td>L</td> <td>Lobby</td> </tr> <tr> <td>BR</td> <td>SS Bridge Room</td> <td>YR</td> <td>SS Yoga Room</td> </tr> <tr> <td>GR</td> <td>RR Game Room</td> <td>Lib</td> <td>SS Library</td> </tr> <tr> <td>2nd</td> <td>2nd floor dining room</td> <td>3rd</td> <td>3rd floor lounge</td> </tr> <tr> <td>T</td> <td>Theatre</td> <td></td> <td></td> </tr> <tr> <td>C</td> <td>Chapel</td> <td></td> <td></td> </tr> <tr> <td>WC</td> <td>Wellness Centre</td> <td></td> <td></td> </tr> </table>		B	Bistro	L	Lobby	BR	SS Bridge Room	YR	SS Yoga Room	GR	RR Game Room	Lib	SS Library	2 nd	2 nd floor dining room	3 rd	3 rd floor lounge	T	Theatre			C	Chapel			WC	Wellness Centre		
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