

PARK PLACE


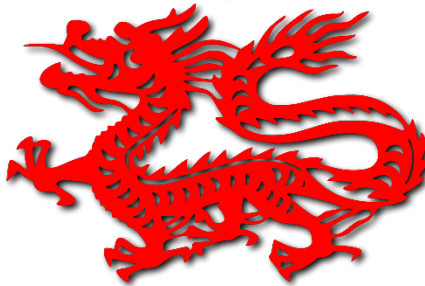
Memory Care February 2024


Location of Activity:

RR = Retirement Residence | SS = Senior Suites
A = Auditorium | B = Bistro | T = Theatre | P = Patio
AR = Activity Room | C = Chapel | LL = Lower Level

Type of Activity:

Blue = Fitness | Green = New | Red = Movie/ TV/ Virtual | Pink = Special | Orange = Game | Purple = Music/ Concert

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p>1</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Colouring and Coffee (RR-B)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Afternoon Spa (4th Floor Activity Room)</p> <p>3:00 Games and Puzzles (4th Floor Activity Room)</p> <p>4:00 News and Views (4th Floor Activity Room)</p>	<p>2</p> <p>10:00 Lobby Games with Student Visitors (RR-L)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Baking Group (RR-AR)</p> <p>3:00 Social Tea (4th Floor Dining Room)</p> <p>4:00 Balloon Ball (4th Floor Activity Room)</p>	<p>3</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Montessori Group (4th Floor Activity Room)</p> <p>3:00 Afternoon Movie (4th Floor Activity Room)</p>
<p>4</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Balloon Ball (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Sing-A-Long with Kelly (4th Floor Activity Room)</p>	<p>5</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Outing: Scenic Drive</p> <p>12:45 1:1 Walks and Visits</p> <p>2:15 Bingo (4th Floor Activity Room)</p> <p>3:00 1:1 Snoezelen Sessions (4th Floor Activity Room)</p> <p>4:00 Chair Yoga (4th Floor Activity Room)</p>	<p>6</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Music with Homa (4th Floor Activity Room)</p> <p>3:00 Balloon Ball (4th Floor Activity Room)</p> <p>3:30 Fit Minds (4th Floor Activity Room)</p> <p>4:00 News and Views (4th Floor Activity Room)</p>	<p>7</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:30 Music Therapy with Grace (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Painting Group (4th Floor Activity Room)</p> <p>3:00 Montessori Group (4th Floor Activity Room)</p> <p>4:00 Musical Game (4th Floor Activity Room)</p>	<p>8</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 Colouring and Coffee (RR-B)</p> <p>10:30 Fitness with Andrew (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Paczki Day (RR-B)</p> <p>4:00 Games and Puzzles (4th Floor Activity Room)</p>	<p>9</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:15 1:1 Snoezelen Sessions (4th Floor Activity Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>1:30 Baking Group (RR-AR)</p> <p>3:00 Social Tea (4th Floor Dining Room)</p> <p>4:00 Balloon Ball (4th Floor Activity Room)</p> 	<p>10</p> <p>Chinese New Year</p> <p>10:00 Morning Mindfulness and Stretches (4th Floor Activity Room)</p> <p>10:45 Musical Cafe with Rosal (4th Floor Activity Room)</p> <p>11:30 Chinese New Year Lunch (Regular Seating Times) (4th Floor Dining Room)</p> <p>12:45 1:1 Walks and Visits</p> <p>2:00 Montessori Group (4th Floor Activity Room)</p> <p>3:00 Afternoon Movie (4th Floor Activity Room)</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
11 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Balloon Ball (4th Floor Activity Room) 12:45 1:1 Walks and Visits 1:30 Sing-A-Long with Kelly (4th Floor Activity Room) 3:30 Valentine Card Craft (RR-AR)	12 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:15 Outing: Scenic Drive 12:45 1:1 Walks and Visits 2:15 Valentine's Bingo (4th Floor Activity Room) 3:00 1:1 Snoezelen Sessions (4th Floor Activity Room) 4:00 Chair Yoga (4th Floor Activity Room)	13 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Fitness with Andrew (4th Floor Activity Room) 11:30 Pancake Day Lunch (Regular Seating Times) (4th Floor Dining Room) 12:45 1:1 Walks and Visits 2:00 Music with Homa (4th Floor Activity Room) 3:00 Balloon Ball (4th Floor Activity Room) 3:30 Fit Minds (4th Floor AR) 4:00 News and Views (4th Floor AR)	14 Ash Wednesday Valentine's Day 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Valentine's Day Craft 12:45 1:1 Walks and Visits 2:00 Painting Group (4th Floor Activity Room) 2:30 Valentine's Day Tea (SS-DR) 4:00 Name that Love Song (4th Floor Activity Room)	15 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:15 Colouring and Coffee (RR-B) 10:30 Fitness with Andrew (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Afternoon Spa (4th Floor Activity Room) 3:00 Games and Puzzles (4th Floor Activity Room) 4:00 News and Views (4th Floor Activity Room)	16 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:15 1:1 Snoezelen Sessions (4th Floor Activity Room) 12:45 1:1 Walks and Visits 1:30 Baking Group (RR-AR) 3:00 Social Tea (4th Floor Dining Room) 4:00 Balloon Ball (4th Floor Activity Room)	17 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Montessori Group (4th Floor Activity Room) 3:00 Afternoon Movie (4th Floor Activity Room)
18 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Balloon Ball (4th Floor Activity Room) 12:45 1:1 Walks and Visits 1:30 Sing-A-Long with Kelly (4th Floor Activity Room)	19 Family Day 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Bowling (RR-L) 12:45 1:1 Walks and Visits 4:00 Chair Yoga (4th Floor Activity Room) 	20 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Fitness with Andrew (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 RR Anniversary Tea (RR-B) 3:00 Balloon Ball (4th Floor Activity Room) 3:30 Fit Minds (4th Floor Activity Room) 4:00 News and Views (4th Floor Activity Room)	21 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Music Therapy with Grace (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Planting Activity (4th Floor Activity Room) 3:00 Montessori Group (4th Floor Activity Room) 4:00 Musical Game (4th Floor Activity Room)	22 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:15 Colouring and Coffee (RR-B) 10:30 Fitness with Andrew (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Afternoon Spa (4th Floor Activity Room) 2:00 Anglican & Lutheran Worship Service (RR-C) 3:00 Games and Puzzles (4th Floor Activity Room) 4:00 News and Views (4th Floor Activity Room)	23 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Concert with Kevin Agnew (RR-A) 12:45 1:1 Walks and Visits 1:30 Baking Group (RR-AR) 1:30 Catholic Mass with Father Martin (RR-C) 3:00 Social Tea (4th Floor Dining Room) 4:00 Balloon Ball (4th Floor Activity Room)	24 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Montessori Group (4th Floor Activity Room) 3:00 Afternoon Movie (4th Floor Activity Room)
25 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Balloon Ball (4th Floor Activity Room) 12:45 1:1 Walks and Visits 1:30 Sing-A-Long with Kelly (4th Floor Activity Room) 3:30 The Crafty Hour (RR-AR)	26 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:15 Outing: Scenic Drive 12:45 1:1 Walks and Visits 2:00 - 4:00 Park Place Casino with Roxy Swann (SS-L)	27 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Fitness with Andrew (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Music with Homa (4th Floor Activity Room) 3:00 Balloon Ball (4th Floor Activity Room) 3:30 Fit Minds (4th Floor Activity Room) 4:00 News and Views (4th Floor Activity Room)	28 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:30 Reading Group (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Painting Group (4th Floor Activity Room) 3:00 Montessori Group (4th Floor Activity Room) 4:00 Musical Game (4th Floor Activity Room)	29 Leap Day 10:00 Morning Mindfulness and Stretches (4th Floor Activity Room) 10:15 Colouring and Coffee (RR-B) 10:30 Fitness with Andrew (4th Floor Activity Room) 12:45 1:1 Walks and Visits 2:00 Afternoon Spa (4th Floor Activity Room) 3:00 Games and Puzzles (4th Floor Activity Room) 4:00 News and Views (4th Floor Activity Room)	