## PARK PLACE

## January 2024

## **Location of Activity:**

RR = Retirement Residence | SS = Senior Suites A = Auditorium | B = Bistro | T = Theatre | P = Patio AR = Activity Room | C = Chapel | LL = Lower Level

Type of Activity:

Blue = Fitness | Green = New | Red = Movie/TV/Virtual | Pink = Special | Orange = Game | Purple = Concert

Sun	Mon	Tue	Wed	Thu	Fri	Sat
WINTER Starts today!	1 STAT Holiday 10:00 Fitness with Activities (SS-A) 11:00 Balloon Ball (RR-L) 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B) 7:15 Movie Night: The Miracle Club (RR-A)	10:00 Outing: Shopping at Walmart 10:00 Fitness with Activities (SS-A) 10:15 Tuck Shop (RR-LL) 11:00 Fitness with Andrew (RR-A) 1:30 Outing: Shopping at Rexall (Seniors Day-sign up to get 20% off. See an Activity Aide for assistance) 1:30 Current Events Discussion Group (RR-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Julie and Julia (SS-T)	10:35 Yoga with Georgia (SS-A)	10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 Chair Tai Chi (RR-A) 2:00 Book Club (SS-A) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Monster-In Law (SS-T)	(SS-A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Axe Throwing (RR-L) 1:30 Baking Group (RR-AR)	10:30 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Waiting for God (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: How Do You Know (SS-T)
10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 3:30 The Crafty Hour (RR-AR) 7:15 Movie Night: Life or Something Like It (SS-T)	10:00 Bowling (RR-L) 10:00 Fitness with Activities (SS-A) 10:15 Women's Group (SS-T) 11:00 Balloon Ball (RR-L) 1:30 Bingo (RR-AR) 2:15 Tai Chi (SS-A) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Loonie Tunes Back in Action (RR-A)	10:00 Outing: Shopping at Billings Bridge 10:00 Fitness with Activities (SS-A) 10:15 Tuck Shop (RR-LL) 11:00 Fitness with Andrew (RR-A) 1:30 Current Events Discussion Group (RR-B) 2:00 Outing: Coffee at Tim Hortons 2:30 RR 2023 Anniversary Tea (RR-B) 7:15 Movie Night: Mr. & Mrs. Smith (SS-T)	(SS-A)	10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 Chair Tai Chi (RR-A)	1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T)	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 3:30 The Crafty Hour (RR-AR) 7:15 Movie Night: The Other Guys (SS-T)	10:00 Axe Throwing (RR-L) 10:00 Fitness with Activities (SS-A) 11:00 Balloon Ball (RR-L) 1:30 Bingo (RR-AR)	10:00 Outing: Shopping at Carlingwood 10:00 Fitness with Activities (SS-A) 10:15 Tuck Shop (RR-LL) 11:00 Fitness with Andrew (RR-A) 1:30 Outing: Shopping at Walmart 1:30 Current Events Discussion Group (RR-B) 2:30 January Anniversary Tea (SS-DR) 7:15 Movie Night: Elephant Whisperers (SS-T)	10:35 Yoga with Georgia (SS-A)	10:00 Coffee and Colouring (RR-B) 10:00 Fun and Fitness with Gabe (SS-A) 11:00 Fitness with Andrew (RR-A) 1:30 Chair Tai Chi (RR-A) 2:00 Men's Group (SS-T) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Elvis (SS-T)	A) 10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L) 10:30 Bowling (RR-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T)	10:30 Coffee and Current Events (SS-B) 10:30 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Waiting for God (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Couples Retreat (SS-T)
10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 3:30 The Crafty Hour (RR-AR) 7:15 Movie Night: Neighbors (SS-T)	10:00 Bean Bag Toss (RR-L) 10:00 Fitness with Activities (SS-A) 11:00 Balloon Ball (RR-L) 1:30 Bingo (RR-AR) 2:15 Tai Chi (SS-A) 3:00 Social Hour (SS-B & RR-B)	10:00 Fitness with Activities (SS-A) 10:15Tuck Shop (RR-LL) 11:00 Fitness with Andrew (RR-A) 12:00 Outing: Lunch at Restaurant International (Max. 7 residents, please sign up with Activities) 1:30 Current Events Discussion Group (RR-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: Military Wives (SS-T)		10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Activities (SS-A) 11:00 Fitness with Andrew (RR-A) 11:30 Robbie Burns Day Lunch (Regular Seating Times) (SS-DR & RR-DR) 1:30 Chair Tai Chi (RR-A) 2:00 Anglican & Lutheran Worship Service (RR-C) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Bridesmaids (SS-T)	Social Hour today (SS-T)  10:00 Fun and Fitness with Gabe (SS-A)  10:15 Mobile Tuck Shop (10:15 RR-L & 10:30 SS-L)  10:30 Axe Throwing (RR-L)  1:30 Baking Group (RR-AR)	10:30 Coffee and Current Events (SS-B)
10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 3:30 The Crafty Hour (RR-AR) 7:15 Movie Night: New York Minute (SS-T)	10:00 Bowling (RR-L) 10:00 Fitness with Activities (SS-A) 11:00 Balloon Ball (RR-L) 1:30Bingo (RR-AR) 2:15 Tai Chi (SS-A) 3:00 New Resident Meet and	10:00 Outing: Shopping at Loblaws 10:00 Fitness with Activities (SS-A) 10:15 Tuck Shop (RR-LL) 11:00 Fitness with Andrew (RR-A) 1:30 Outing: Nepean Museum 1:30 Current Events Discussion Group (RR-B) 3:00 Group Crossword (SS-B) 7:15 Movie Night: What If (SS-T)	10:00 Fitness with Activities			