

PARK PLACE

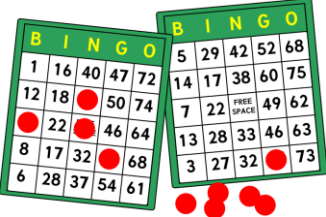
July
2023

Location of Activity:
RR = Retirement Residence | SS = Senior Suites
A = Auditorium | B = Bistro | T = Theatre
AR = Activity Room | C = Chapel | P = Patio
LL = Lower Level

Type of Activity:

Blue-Fitness | Green-New | Red-Movie/TV Series/Virtual | Pink-Special | Orange-Game | Purple-Concert

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
						Canada Day1 10:00 Canada Themed Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Canada - Geography, History and Attractions (SS-T) 3:30 Canadian Themed Trivia (RR-B) 7:15 Movie Night: Erin Brockovich (SS-T)
2 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 7:15 Movie Night: The Pursuit of Happyness (SS-T)	3 Stat Holiday 10:00 Nature Walks (Meet in RR-L) * Please note there is no Morning Exercise group 1:30 Bingo (RR-AR) 3:00 Social Hour (SS-B) 7:15 Movie Night: Dolly Parton: Here I Am (RR-A)	4 10:00 RR GM Chat (RR-A) 10:00 Light Cardio Fitness (SS-A) 10:15 Tuck Shop (RR-LL) 11:30 Outing: Lunch at Canal Ritz 1:30 Fitness with Harmanpreet (RR-A) 2:00 SS GM Chat (SS-T) 2:30 Outing: Shopping at Rexall (Seniors Day-sign up to get 20% off. See an Activity Aide for assistance) 3:00 Smoothie Bar and Trivia (RR-B) 7:15 Movie Night: Larry Crowne (SS-T)	5 10:00 Group Crossword (RR-B) 10:00 Fitness with Abeba (SS-A) 10:45 Yoga with Georgia (SS-A) 1:30 Chair Drums (RR-A) 2:00 Painting Group (SS-A) 3:00 Wine Tasting (SS-B & RR-B)	6 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Abeba (SS-A) 10:45 Morning Mindfulness (RR-A) 1:30 Fitness with Harmanpreet (RR-A) 2:00 Book Club (SS-A) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: The Notebook (SS-T)	7 10:00 Strength and Balance Exercise (SS-A) Mobile Tuck Shop (10:15 RR-L & 10:45 SS-L) 10:30 Concert with Kevin Agnew (RR-A) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Patio Social Hour (SS-P & RR-P) 	8 10:00 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Waiting for God (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: You've Got Mail (SS-T)
9 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 7:15 Movie Night: The Lost Husband (SS-T)	10 10:00 Nature Walks (Meet in RR-L) 10:00 Fitness with Abeba (SS-A) 10:15 Women's Group (SS-T) 1:30 Bingo (RR-AR) 2:00 Walk to Tim Horton's (Meet in SS-L) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Crazy Stupid Love (RR-A) 	11 10:00 Light Cardio Fitness (SS-A) 10:15 Tuck Shop (RR-LL) 10:30 Painting with Navy (SS-A) 10:45 Current Events Discussion Group (RR-B) 1:30 Fitness with Harmanpreet (RR-A) 2:00 Computer Tutorials: General Q & A (SS-T) 3:00 Smoothie Bar and Trivia (SS-B) 7:15 Movie Night: Brooklyn (SS-T)	12 10:00 Group Crossword (RR-B) 10:00 Fitness with Abeba (SS-A) 10:30 Current Events with Prof. Cammy (SS-T) 10:45 Yoga with Georgia (SS-A) 1:30 Chair Tai Chi with Hiromi (RR-A) 2:00 Painting Group (SS-A) 3:00 Social Hour (SS-B & RR-B)	13 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Abeba (SS-A) 10:45 Morning Mindfulness (RR-A) 1:30 Fitness with Harmanpreet (RR-A) 2:00 Learn to Play Pool (SS-GR) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: A Tourist Guide to Love (SS-T)	14 8:00 RR Chef's Showcase (RR-DR) 10:00 Outing: Coffee at Starbucks 10:00 Strength and Balance Exercise (SS-A) Mobile Tuck Shop (10:15 RR-L & 10:45 SS-L) 10:30 Bowling (RR-L) 10:45 Men's Group (SS-T) 12:15 Outing: Watch a Play at the Classic Theatre Festival (See Newsletter for more details) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Patio Social Hour (RR-P)	15 10:00 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Waiting for God (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Enola Holmes (SS-T)

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16 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 7:15 Movie Night: Enola Holmes 2 (SS-T)	17 10:00 Nature Walks (Meet in RR-L) 10:00 Fitness with Abeba (SS-A) 1:30 Bingo (RR-AR) 2:00 Resident Council Meeting (SS-A) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Little Women (RR-A)	18 9:50 Outing: Aqua Fitness with Abeba at Ravines' Pool 10:00 Light Cardio Fitness (SS-A) 10:15 Tuck Shop (RR-LL) 10:45 Current Events Discussion Group (RR-B) 1:30 Outing: Shopping at Billings Bridge 1:30 Fitness with Harmanpreet (RR-A) 2:00 SS Food Forum (SS-T) 3:00 Smoothie Bar and Trivia (SS-B) 7:15 Movie Night: Ave Maria (SS-T)	19 10:00 Group Crossword (RR-B) 10:00 Fitness with Abeba (SS-A) 10:45 Yoga with Georgia (SS-A) 1:30 Chair Drums (RR-A) 2:00 Painting Group (SS-A) 2:00 RR Food Forum (RR-A) 3:00 Social Hour (SS-B & RR-B)	20 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Abeba (SS-A) 10:30 Presentation: Wills of Steel: Estates and Saving Taxes (SS-T) 10:45 Morning Mindfulness (RR-A) 1:30 Fitness with Harmanpreet (RR-A) 2:00 Movie Committee Meeting (SS-T) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: Tammy (SS-T)	21 8:00 SS Chef's Showcase (SS-DR) 10:00 Strength and Balance Exercise (SS-A) Mobile Tuck Shop (10:15 RR-L & 10:45 SS-L) 10:30 Bean Bag Toss (RR-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Ice Cream Social (SS-P & RR-P)	22 10:00 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Waiting for God (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Dreamgirls (SS-T) 
23 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 7:15 Movie Night: The Blind Side (SS-T) 	24 10:00 Nature Walks (Meet in RR-L) 10:00 Fitness with Abeba (SS-A) 1:30 Bingo (RR-AR) 2:00 Walk to Tim Horton's (Meet in SS-L) 3:00 Social Hour (SS-B & RR-B) 7:15 Movie Night: Top Gun (RR-A)	25 10:00 Outing: Day Trip to Perth (Please see Newsletter for details) 10:00 Light Cardio Fitness (SS-A) 10:15 Tuck Shop (RR-LL) 10:45 Current Events Discussion Group (RR-B) 1:30 Fitness with Harmanpreet (RR-A) 3:00 Smoothie Bar and Trivia (RR-B) 7:15 Movie Night: Maudie (SS-T)	26 10:00 Group Crossword (RR-B) 10:00 Fitness with Abeba (SS-A) 10:45 Yoga with Georgia (SS-A) 1:30 Chair Tai Chi with Hiromi (RR-A) 2:00 Painting Group (SS-A) 3:00 Social Hour (SS-B & RR-B) 5:00 Monthly Birthday Dinner - One Seating (SS-DR & RR-DR)	27 10:00 Coffee and Colouring (RR-B) 10:00 Fitness with Abeba (SS-A) 10:45 Morning Mindfulness (RR-A) 1:30 Fitness with Harmanpreet (RR-A) 2:00 Anglican & Lutheran Worship Service (RR-C) 3:00 Fit Minds (SS-B & RR-B) 7:15 Movie Night: A Secret Love (SS-T)	28 Handi House (Walker and Wheelchair Repair) (9:30 SS-L) (10:15 RR-L) 10:00 Strength and Balance Exercise (SS-A) Mobile Tuck Shop (10:15 RR-L & 10:45 SS-L) 10:30 Skee Ball (RR-L) 1:30 Baking Group (RR-AR) 2:00 Play Jeopardy! (SS-T) 3:00 Patio Social Hour (SS-P & RR-P)	29 10:00 Group Crossword (RR-B) 1:45 Bingo (SS-B) 3:15 Afternoon TV: Waiting for God (SS-T) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night: Did You Hear About the Morgans (SS-T)
30 10:00 Virtual Catholic Mass (RR-A) 10:30 Virtual United Church Service (SS-T) 10:40 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 2:30 Sing-A-Long with Kelly (RR-L) 7:15 Movie Night: The Water Horses (SS-T)	31 10:00 Fitness with Abeba (SS-A) 10:30 RR GM Chat (RR-A) 1:30 Bingo (RR-AR) 2:00 SS GM Chat (SS-T) 3:00 New Resident Meet and Greet (SS-B & RR-B) 7:15 Movie Night: Fatherhood (RR-A)	