

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					<p align="center">Type of Activity</p> <p align="center"> Blue = Fitness Green = Spiritual Red = Events Purple = Vendors Brown = Excursions </p>		
					1	2	
5	6 9:30 Monday Manicures (2nd) 1:00 1:1 visits with Rayza (3rd) 2:00 Fun and Fitness (2nd)	7 9:45 Chit Chat with Kristy (3rd) 11:15 Balloon Tennis (2nd) 1:00 Cupcake Decorating (3rd)	8 9:45 Morning Stretches (3rd) 10:30 Women's Day Tea (2nd) 2:00 Fun and Fitness (3rd) 3:30 Women's Day Tea (3rd) International Women's Day	9 8:30 Walking Club (2nd) 10:30 Activities Meeting (RR T) 11:00 Sing-A-Long (3rd) 1:30 Mosaic Colouring (3rd) 2:00 Catholic Mass (RR C) 3:00 Fit Minds (2nd)	10 8:30 Walking Club (3rd) 10:45 Balloon Tennis (3rd) 2:00 Reading of the Word (SS C) 3:00 Social Hour (RR B)	11 9:45 1:1 visits with Crystal (2nd) 2:00 Hot Chocolate & Cookie Social (2nd) 3:30 Bean Bags (3rd)	
12 9:45 1:1s with Crystal (3rd) 10:30 Hot Chocolate Social (3rd) 1:30 Bean Bags (2nd) 2:30 Movie Matinee: "Riverdance" (RR T)	13 9:30 Monday Manicures (3rd) 2:00 Fun and Fitness (2nd) 3:00 Armchair Travel: Ireland (RR T)	14 9:45 Chit Chat with Kristy (3rd) 10:45 Music Therapy with Jennifer (2nd) 1-3:00 Pool Reopening Day (please sign up with Reception) 2:00 Celtic Music	15 10:45 St. Patrick's Baking (RR AR) 1:30 Scenic Drive: Navan 2:00 Fun and Fitness (3rd) 3:00 St. Patrick's Craft (2nd)	16 8:30 Walking Club (2nd) 10:30 Shamrock Shake Social (RR B) 2:00 Catholic Mass (RR C) 3:00 St. Patrick's Craft (3rd)	17 St. Patrick's Day   8:30 Walking Club (3rd) 9:00 Latin Chair Dancing (2nd) 9:40 Latin Chair Dancing (3rd) 2:00 Reading of the Word (SS C) 2:00 Live Entertainment: Arlene Quinn (SS L) 3:00 St. Patrick's Social Hour (RR B)	18 9:45 1:1 visits with Nadia (2nd) 10:45 Lets Travel to Ireland (3rd) 3:30 Bean Bags (3rd)	
19 9:45 1:1s with Nadia (3rd) 10:30 Morning Dancing (3rd) 1:30 Bean Bags (2nd) 2:30 Movie Matinee: "Till the Clouds Roll By" (RR T)	20 9:30 Monday Manicures (2nd) 10:30 Balloon Tennis (3rd) 2:00 Fun and Fitness (2nd)	21 9:45 Chit Chat with Kristy (2nd) 1:00 1:1 Trivia and Word Puzzles (3rd)	22 10:30 Chair Zumba (2nd) 2:00 Fun and Fitness (3rd) 2:00 Live Entertainment: Larry Garnett (RR T)	23 8:30 Walking Club (2nd) 10:45 Sing A Long (3rd) 1:30 Watercolour Craft (2nd) 2:00 Catholic Mass (RR C) 7:00 Ottawa Senators Game	24 8:30 Walking Club (3rd) 10:45 50's Trivia (2nd) 1:30 Scenic Drive: Rockcliffe 2:00 Reading of the Word (SS C)	25 9:45 1:1 visits with Crystal (2nd and 3rd) 2:00 Treat Cart (2nd and 3rd)	
26 9:45 1:1 visits with Crystal (2nd and 3rd) 1:30 Bean Bags Tournament (2nd) 2:30 Movie Matinee: "Elizabeth" (RR T) Purple Day Wearing purple is encouraged	27 9:30 Monday Manicures (3rd) 1:00 1:1 Trivia and Word Puzzles (2nd) 2:00 Fun and Fitness (2nd)	28 10:45 Balloon Tennis (2nd) 10:45 Music Therapy with Jennifer (3rd) 1:00 1:1 Trivia and Word Puzzles (3rd)	29 10:45 Cookie Baking (RR AR) 1:30 Scenic Drive: Downtown 3:00 Bingo (2nd) 4:00 Celebrate March Birthdays with Crystal (2nd & 3rd) Birthday & Anniversary Dinner	30 8:30 Walking Club (2nd) 10:30 Food Service Meeting (RR T) 10:45 Sing A Long (3rd) 1:30 Watercolour Craft (3rd) 2:00 Catholic Mass (RR C) 3:30 Fit Minds (2nd)	31 8:30 Walking Club (3rd) 9:00 Latin Chair Dancing (2nd) 9:40 Latin Chair Dancing (3rd) 10:45 Crayon Melting Craft (2nd) 2:00 Reading of the Word (SS C) 3:00 Colourful Social Hour (RR B) National Crayon Day		