

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>				<div><div><div>Location of Activity</div><div>RR= Retirement Residence SS= Senior Suites</div><div><div>B= Bistro T= Theatre C= Chapel L = Lobby GR= Games Room</div><div>Lib= Library AR= Activity Room A = Auditorium DR= Dining Room P = Patio</div></div></div><div><div>Type of Activity</div><div>Blue—Fitness Green-New Red— Movie/TV Series/Virtual Pink— Special Orange—Game Purple—Concert</div></div></div>		
<div><div>New Year's Day 1</div><div>10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): Hello, My Name is Doris</div></div>	<div><div>2</div><div>10:00 Light Cardio Fitness (SS-A) 10:00 Balloon Ball (RR-L) 10:30 Coffee and Trivia (SS-B &amp; RR-B) 2:00 Group Crossword (SS-B) 2:00 Bingo (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B)</div></div>	<div><div>3</div><div>10:15 The Tuck Shop (RR-LL) 11:00 Chair Exercises (SS-A) 12:30 Lunch at Red Lobster 2:00 Chair Drums (RR-A) 3:00 Resident Bridge Group (SS-GR) 6:00 Magic of Lights Drive 7:15 Movie Night (SS-T): Stuck in Love</div></div>	<div><div>4</div><div>10:00 Light Cardio Fitness (SS-A) 10:00 Group Crossword (RR-B) 10:45 Yoga With Georgia (SS-A) 2:00 Painting with Ellen (SS-A) 3:00 Social Hour (SS-B &amp; RR-B)</div></div>	<div><div>5</div><div>10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Chair Exercises (SS-A) 2:00 Book Club Meeting (SS-A) 2:00 Colouring and Coffee (RR-B) 7:15 Movie Night (SS-T): Chef</div></div>	<div><div>6</div><div>10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 2:00 Concert with Noel (SS-L) 3:00 Social Hour (SS-B &amp; RR-B) 7:15 Card and Games (SS-B)</div></div>	<div><div>7</div><div>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Downton Abbey (Testing for this month, if you have a preference talk to Activities!) 3:30 Drop in Trivia (RR-B) 7:15 Movie Night (SS-T): Eddie the Eagle</div></div>
<div><div>8</div><div>10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:00 Sing-a-long with Kelly (RR-L) 2:30 Knitting Club (SS-L) 3:15 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): Stanger than Fiction</div></div>	<div><div>9</div><div>10:00 Light Cardio Fitness (SS-A) 10:00 Balloon Ball (RR-L) 10:15 Women's Group (SS-T) 10:30 Coffee and Trivia (SS-B &amp; RR-B) 2:00 Group Crossword (SS-B) 2:00 Bingo (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B)</div></div>	<div><div>10</div><div><div>**Please note Outing moved to Friday this week</div>10:15 The Tuck Shop (RR-LL) 11:00 Chair Exercises (SS-A) 2:00 Concert with Jumpin' Jimmy (RR-L) 3:00 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): The Intouchables</div></div>	<div><div>11</div><div>8:00 Chef's Showcase (SS-DR) 10:00 Light Cardio Fitness (SS-A) **Please note no Group Crossword Today 10:30 Current Events with Professor Cammy (SS-T) 10:45 Yoga With Georgia (SS-A) 1:30 Chair Tai Chi with Hiromi (RR-A) 2:15 Horse Racing (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B)</div></div>	<div><div>12</div><div>10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Chair Exercises (SS-A) 2:00 Colouring and Coffee (RR-B) 2:00 Chair Drums (SS-A) 7:15 Movie Night (SS-T): Indiana Jones and the Raiders of the Lost Ark</div></div>	<div><div>13</div><div>10:00 Strength and Balance Exercise (SS-A) 10:00 Outing: Shopping at Walmart 10:15 The Tuck Shop (RR-LL) 10:45 Men's Group (SS-T) 1:30 Outing: Ottawa Art Gallery (Free admission) 1:30 Baking Group (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B) 7:15 Card and Games (SS-B)</div></div>	<div><div>14</div><div>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Downton Abbey 3:30 Drop in Trivia (RR-B) 7:15 Movie Night (SS-T): Little Women</div></div>

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15 10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 3:15 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): The Imitation Game	16 10:00 Light Cardio Fitness (SS-A) 10:00 Balloon Ball (RR-L) 10:30 Coffee and Trivia (SS-B & RR-B) 2:00 Group Crossword (SS-B) 2:00 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B)	17 10:00 Outing: Caddy Cafe 10:15 The Tuck Shop (RR-LL) 11:00 Chair Exercises (SS-A) 2:00 Outing: Shopping at Carlingwood 2:00 Chair Drums (RR-A) 3:00 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): About Time	18 10:00 Light Cardio Fitness (SS-A) 10:00 Group Crossword (RR-B) 10:45 Yoga With Georgia (SS-A) 2:00 Horse Racing (RR-AR) 2:30 Social Hour with Elisa (RR-B) 3:00 Social Hour with Elisa (SS-B)	19 10:00 Fit Minds (SS-B & RR-B) 11:00 Chair Exercises (SS-A) 2:00 Colouring and Coffee (RR-B) 3:00 Movie Committee Meeting (SS-T) 7:15 Movie Night (SS-T): It Takes Two	20 10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 1:30 Baking Group (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Card and Games (SS-B)	21 10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 11:00 Chair Drums (RR-A) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Downton Abbey 3:30 Drop in Trivia (RR-B) 7:15 Movie Night (SS-T): It's Complicated
22 10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:00 Sing-a-long with Kelly (SS-L) 2:30 Knitting Club (SS-L) 3:15 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): Pride and Prejudice	23 10:00 Light Cardio Fitness (SS-A) 10:00 Balloon Ball (RR-L) 10:30 Coffee and Trivia (SS-B & RR-B) 1:30 Resident Council Meeting (SS-A) 2:00 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B)	24 10:00 Outing: Shopping at Billings Bridge 10:15 The Tuck Shop (RR-LL) 11:00 Chair Exercises (SS-A) 2:00 Outing: Scenic Drive Downton Ottawa 2:00 Chair Drums (RR-A) 3:00 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): Gatsby	25 10:00 Light Cardio Fitness (SS-A) 10:00 Group Crossword (RR-B) 10:45 Yoga With Georgia (SS-A) 1:30 Chair Tai Chi with Hiromi (RR-A) 2:15 Horse Racing (RR-AR) 3:00 Social Hour (SS-B & RR-B) 5:00 Monthly Birthday Dinner	26 10:00 Fit Minds (SS-B & RR-B) 11:00 Chair Exercises (SS-A) 2:00 Colouring and Coffee (RR-B) 2:00 Chair Drums (SS-A) 3:00 New Resident Meet and Greet (SS-B & RR-B) 7:15 Movie Night (SS-T): Silver Linings Playbook	27 10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 1:30 Food Forum (SS-A) 1:30 Baking Group (RR-AR) 3:00 Social Hour (SS-B & RR-B) 7:15 Card and Games (SS-B)	28 10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 11:00 Chair Drums (RR-A) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Downton Abbey 3:30 Drop in Trivia (RR-B) 7:15 Movie Night (SS-T): The Italian Job
29 10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 3:15 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): The Queen	30 10:00 Light Cardio Fitness (SS-A) 10:00 Balloon Ball (RR-L) 10:30 Coffee and Trivia (SS-B & RR-B) 2:00 Group Crossword (SS-B) 2:00 Bingo (RR-AR) 3:00 Social Hour (SS-B & RR-B)	31 10:00 Outing: Brunch at Cora's 10:15 The Tuck Shop (RR-LL) 11:00 Chair Exercises (SS-A) 2:00 Outing: Shopping at Walmart 2:00 Chair Drums (RR-A) 3:00 Resident Bridge Group (SS-GR) 7:15 Movie Night (SS-T): Monty Python and the Holy Grail				



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<h1>Neighborhood &amp; Community Activity Calendar</h1>			 <h1>2023</h1>			<p><b>Type of Activity</b>  <b>Blue</b>—Fitness <b>Green</b>—New  <b>Red</b>— Movie/TV Series/Virtual  <b>Pink</b>— Special <b>Orange</b>—Game  <b>Purple</b>—Concert</p> <h1>PARK PLACE</h1>
<p>1</p> <p>1:00 One on One Walks (4th and 2nd floor)</p>	<p>2</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor)</p>	<p>3</p> <p>1:00 One on One Walks</p> 	<p>4</p> <p>1:00 One on One Walks</p>	<p>5</p> <p>1:00 One on One Walks 2:00 Colouring and Coffee (RR-B)</p>	<p>6</p> <p>10:00 Music with Paddy Steward (4th floor—AR) 1:00 One on One Walks</p> 	<p>7</p> <p>1:00 One on One Walks (4th and 2nd floor)</p>
<p>8</p> <p>10:00 Sing-a-long with Kelly (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor)</p>	<p>9</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Virtual Concert (4th floor—AR)</p>	<p>10</p> <p>10:00 Chair Exercises (4th floor—AR) 11:00 Bowling (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Baking (4th floor—DR) 3:00 Social Tea (4th floor—DR)</p>	<p>11</p> <p>10:00 Coffee and Chats (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Bingo (4th floor—AR) 3:30 Balloon Ball (4th floor—AR)</p>	<p>12</p> <p>10:00 Chair Drums (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Colouring and Coffee (RR-B)</p>	<p>13</p> <p>10:00 Bean Bag Toss (4th floor—AR) 11:00 Lap Baskets (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Musical (4th floor—AR) 3:00 One on One Visits (4th and 2nd floor)</p>	<p>14</p> <p>1:00 One on One Walks (4th and 2nd floor)</p> 

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<p>15</p> <p>1:00 One on One Walks (4th and 2nd floor)</p>	<p>16</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Music with Elaine (4th floor—AR)</p>	<p>17</p> <p>10:00 Chair Exercises (4th floor—AR) 11:00 Bowling (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Baking (4th floor—DR) 3:00 Social Tea (4th floor—DR)</p>	<p>18</p> <p>10:00 Coffee and Chats (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Bingo (4th floor—AR) 3:30 Balloon Ball (4th floor—AR)</p>	<p>19</p> <p>10:00 Chair Drums (4th floor—AR) 1:00 One on One Walks 2:00 Colouring and Coffee (RR-B)</p>	<p>20</p> <p>10:00 Music with Paddy Steward (4th floor-AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Musical (4th floor—AR) 3:00 One on One Visits (4th and 2nd floor)</p>	<p>21</p> <p>1:00 One on One Walks (4th and 2nd floor)</p>
<p>22</p> <p>10:00 Sing-a-long with Kelly (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor)</p>	<p>23</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Virtual Concert (4th floor—AR)</p>	<p>24</p> <p>10:00 Chair Exercises (4th floor—AR) 11:00 Bowling (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Baking (4th floor—DR) 3:00 Social Tea (4th floor—DR)</p>	<p>25</p> <p>10:00 Coffee and Chats (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Bingo (4th floor—AR) 3:30 Balloon Ball (4th floor—AR)</p>	<p>26</p> <p>10:00 Chair Drums (4th floor—AR) 1:00 One on One Walks 2:00 Colouring and Coffee (RR-B)</p>	<p>27</p> <p>10:00 Bean Bag Toss (4th floor—AR) 11:00 Lap Baskets (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Musical (4th floor—AR) 3:00 One on One Visits (4th and 2nd floor)</p>	<p>28</p> <p>1:00 One on One Walks (4th and 2nd floor)</p>
<p>29</p> <p>1:00 One on One Walks (4th and 2nd floor)</p>	<p>30</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Virtual Concert (4th floor—AR)</p>	<p>31</p> <p>10:00 Chair Exercises (4th floor—AR) 11:00 Bowling (4th floor—DR) 1:00 One on One Walks (4th and 2nd floor) 2:00 Afternoon Baking (4th floor—DR) 3:00 Social Tea (4th floor—DR)</p>				