


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				LOCATION OF ACTIVITY RR = Retirement Residence SS = Senior Suites B = Bistro GS = Golf Simulator LL = Lower Lounge BP = Back Patio GR = Games Room DR = Dining Room AR = Activity Room L = Lobby BR = Bridge Room YR = Yoga Room Lib = Library T = Theatre C = Chapel P = Pool Type of Activity Blue—Fitness Green—Spiritual Red—Events Purple—Vendors Brown—Excursions		
1	2	3	4	5	6	7
<p>New Year's Day</p> <p>10:00 Morning Mimosas (RR B)</p> <p>11:00 Morning Mimosas (SS B)</p> <p>1:30 Wii Bowling (RR T)</p> <p>1:30 Bean Bag Toss (RR 2nd FL)</p> <p>2:30 Movie Matinée: Netflix Movie of Choice (RR T)</p> <p>3:00 \$ Toonie Bingo \$ (SS B)</p>	<p>10:00 Exercise with Rayza (SS YR)</p> <p>10:00 Crochet-a-Way Leisure (SS L)</p> <p>10:30 Game of Choice (RR T)</p> <p>1:30 Bridge Game (SS BR)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Euchre (SS B)</p> <p>3:00 Social Hour (RR B)</p> <p>4:00 Social Hour (SS B)</p>	<p>10:00 Exercise with Rayza (SS YR)</p> <p>10:30 4 Pics 1 Word (RR T)</p> <p>10:30 Fun & Fitness (2nd)</p> <p>2:00 Fit Minds (RR T)</p> <p>3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>10:00 Indoor Walking Club (SS L)</p> <p>10:00 Outing to The Canadian War Museum</p> <p>10:45 Chair Taichi (SS YR)</p> <p>10:30 Word Game of Choice (RR T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Euchre (SS B)</p> <p>3:00 Social Hour (RR B)</p> <p>3:00 Art with Verbana (L10)</p> <p>4:00 Colouring Club (RR AR)</p> <p>4:00 Social Hour (SS B)</p>	<p>10:00 Exercise with Rayza (SS YR)</p> <p>10:00 Crochet-a-Way Leisure (SS L)</p> <p>10:30 Word Connection (RR T)</p> <p>2:00 Catholic Mass (RR C)</p> <p>3:00 Word Games (RR LL)</p> <p>3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>10:00 Shopping at Walmart</p> <p>10:20 Latin Chair Dancing (SS YR)</p> <p>10:30 Jeopardy (RR T)</p> <p>1:30 Bridge Game (SS BR)</p> <p>2:00 Celebration of the Word (SS C)</p> <p>3:00 Social Hour (RR B)</p> <p>3:00 Art with Verbana (L10)</p> <p>3:00 Social Hour (RR B)</p> <p>4:00 Colouring Club (RR AR)</p> <p>4:00 Social Hour (SS B)</p>	<p>10:30 Crosswords (RR T)</p> <p>1:30 Movie Matinée: Billy Elliot (SS T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Euchre (SS B)</p> <p>2:00 Water Colour Painting with Crystal (SS B)</p> <p>3:00 Wordle (RR T)</p>
8	9	10	11	12	13	14
<p>10:30 4 Pics 1 Word (RR T)</p> <p>1:30 Wii Bowling (RR T)</p> <p>1:30 Bean Bag Toss (RR 2nd FL)</p> <p>2:30 Movie Matinée: Netflix Movie of Choice (RR T)</p> <p>3:00 \$ Toonie Bingo \$ (SS B)</p>	<p>10:00 Crochet-a-Way Leisure (SS L)</p> <p>10:30 Fun & Fitness (SS YR)</p> <p>10:30 Game of Choice (RR T)</p> <p>1:30 Bridge Game (SS BR)</p> <p>2:00 Live Entertainment: Arlene Quinn (RR T)</p> <p>2:00 Euchre (SS B)</p> <p>3:00 Social Hour (RR B)</p> <p>4:00 Social Hour (SS B)</p>	<p>10:00 Exercise with Rayza (SS YR)</p> <p>10:30 4 Pics 1 Word (RR T)</p> <p>10:30 Fun & Fitness (2nd)</p> <p>2:00 Hang Man (RR LL)</p> <p>3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>10:00 Outing to Casino Lac Leamy</p> <p>10:30 Wordle (RR T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Euchre (SS B)</p> <p>3:00 Social Hour (RR B)</p> <p>3:00 Art with Verbana (L10)</p> <p>4:00 Colouring Club (RR AR)</p> <p>4:00 Social Hour (SS B)</p>	<p>10:00 Exercise with Rayza (SS YR)</p> <p>10:00 Crochet-a-Way Leisure (SS L)</p> <p>10:30 Boggle (RR T)</p> <p>2:00 Catholic Mass (RR C)</p> <p>3:00 Word Games (RR LL)</p> <p>3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>10:00 Shopping at Metro Fallingbrook Mall</p> <p>10:30 Game of Choice (RR T)</p> <p>1:30 Bridge Game (SS BR)</p> <p>2:00 Celebration of the Word (SS C)</p> <p>3:00 Art with Verbana (L10)</p> <p>3:00 Social Hour (RR B)</p> <p>3:00 Craft (RR AR)</p> <p>4:00 Colouring Club (RR AR)</p> <p>4:00 Social Hour (SS B)</p>	<p>10:30 Crosswords (RR T)</p> <p>1:30 Movie Matinée: Jane Austen's Emma (SS T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Euchre (SS B)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>10:30 Family Feud (RR T) 1:30 Wii Bowling (RR T) 1:30 Bean Bags (RR 2nd FL) 2:30 Movie Matinée: Netflix Movie of Choice (RR T) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>16</p> <p>9-12:00 Blood Pressure Clinic Wellness Center 10:00 Exercise with Rayza (SS YR) 10:00 Crochet-a-Way Leisure (SS L) 10:30 Game of Choice (RR T) 1:30 Bridge Game (SS BR) 2:00 Bingo (RR T) 2:00 Euchre (SS B) 3:00 Social Hour (RR B) 4:00 Social Hour (SS B)</p>	<p>17</p> <p>10:00 Exercise with Rayza (SS YR) 10:30 Jeopardy (RR T) 10:30 Fun & Fitness (RR 2nd) 11:00 Lunch Outing to The Royal Canadian Legion Branch 632 Taylor Creek Rd. 2:00 Fit Minds (SS B) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>18</p> <p>10:00 Indoor Walking Club (SS L) 10:00 Shopping at Place D'Orleans Mall 10:30 Fitminds (RR T) 10:45 Chair Taichi (SS YR) 1:30 Outing to Giant Tiger 2:00 Bingo (RR T) 2:00 Euchre (SS B) 3:00 Social Hour (RR B) 3:00 Art with Verbana (L10) 4:00 Colouring Club (RR AR) 4:00 Social Hour (SS B)</p>	<p>19</p> <p>10:00 Exercise with Rayza (SS YR) 10:00 Crochet-a-Way Leisure (SS L) 10:30 Word Connection (RR T) 2:00 Catholic Mass (RR C) 3:00 Word Games (RR LL) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>20</p> <p>10:20 Latin Chair Dancing (SS YR) 10:30 Wordle (RR T) 1:30 Bridge Game (SS BR) 2:00 Live Entertainment: Noel Dimar "Piano Man" 2:00 Celebration of the Word (SS C) 3:00 Art with Verbana (L 10) 3:00 Social Hour (RR B) 4:00 Colouring Club (RR AR) 4:00 Social Hour (SS B)</p>	<p>21</p> <p>10:30 Crosswords (RR T) 1:30 Movie Matinée: The Poseidon Adventure (SS T) 2:00 Bingo (RR T) 2:00 Euchre (SS B) 2:00 Craft (SS B) 3:00 Baking with Nadia (RR AR)</p>
<p>22</p> <p>10:30 4 Pics 1 Word (RR T) 1:30 Wii Bowling (RR T) 1:30 Bean Bags (RR 2nd FL) 2:30 Movie Matinée: Netflix Movie of Choice (RR T) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>23</p> <p>TROPICAL WEEK 10:00 Exercise with Rayza (SS YR) 10:00 Crochet-a-Way Leisure (SS L) 10:30 Word Unscramble (RR T) (SS L) 1:30 Bridge Game (SS BR) 2:00 Euchre (SS B) 3:00 Tropical Social Hour (RR B) 4:00 Tropical Social Hour (SS B)</p>	<p>24</p> <p>10:00 Exercise with Rayza (SS YR) 10:30 TV Scrabble (RR T) 10:30 Balloon Volleyball (RR 2nd) 1:30 Ice Cream Social (RR & SS B) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>25</p> <p>10:00 Indoor Walking Club (SS L) 11:00 Lunch Outing to Mexicali Rosa's 10:30 Trivia (RR T) 2:00 Bingo (RR T) 2:00 Euchre (SS B) 3:00 Social Hour (RR B) 3:00 Art with Verbana (L10) 4:00 Colouring Club (RR AR) 4:00 Social Hour (SS B) Birthday & Anniversary Dinner</p>	<p>26</p> <p>10:00 Exercise with Rayza (SS YR) 10:30 Tropical Morning Social (RR & SS B) 10:00 Crochet-a-Way Leisure (SS L) 10:30 Scattogories (RR T) 2:00 Catholic Mass (RR C) 3:00 Scattogories (RR LL) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>27</p> <p>10:00 Shopping at Superstore 10:30 Game of Choice (RR T) 1:30 Bridge Game (SS BR) 2:00 Word Games (RR T) 2:00 Celebration of the Word (SS C) 3:00 Art with Verbana (L 10) 3:00 Margarita Social Hour (RR B) 3:00 Craft (RR AR) 4:00 Colouring Club (RR AR) 4:00 Margarita Social Hour (SS B)</p>	<p>28</p> <p>10:30 Word Games (RR T) 1:30 Movie Matinée: Tears of the Sun (SS T) 2:00 Bingo (RR T) 3:00 Euchre (SS B)</p>
<p>29</p> <p>10:30 4 Pics 1 Word (RR T) 1:30 Wii Bowling (RR T) 1:30 Bean Bags (RR 2nd FL) 2:30 Movie Matinée: Netflix Movie of Choice (RR T) 3:00 \$ Toonie \$ Bingo (SS B)</p>	<p>30</p> <p>10:00 Exercise with Rayza (SS YR) 10:00 Crochet-a-Way Leisure (SS L) 10:30 4 Pics 1 Word (RR T) 1:30 Bridge Game (SS BR) 2:00 Bingo (RR T) 2:00 Euchre (SS B) 3:00 Social Hour (RR B) 4:00 Social Hour (SS B)</p>	<p>31</p> <p>10:00 Exercise with Rayza (SS YR) 10:30 Fun & Fitness (RR 2nd) 10:30 Wordle (RR T) 1:30 Word Games (RR LL) 3:00 \$ Toonie \$ Bingo (SS B)</p>				