

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# PARK PLACE

# 2022



# December



**Location of Activity**

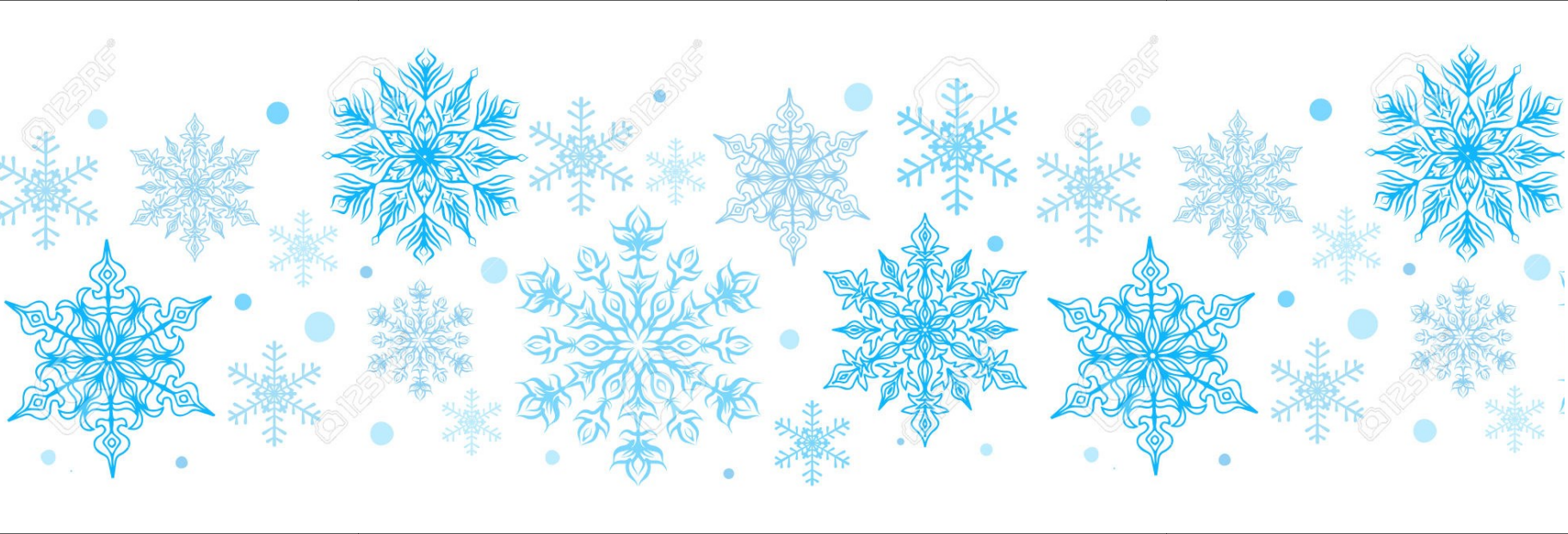
RR= Retirement Residence  
SS= Senior Suites

**B=** Bistro  
**T=** Theatre  
**C=** Chapel  
**L=** Lobby  
**GR=** Games Room

**Lib=** Library  
**AR=** Activity Room  
**A=** Auditorium  
**DR=** Dining Room  
**P=** Patio

**Type of Activity**

**Blue—Fitness** **Green—New** **Red— Movie/TV Series/Virtual**  
**Pink— Special** **Orange—Game** **Purple—Concert**



<p><b>1</b></p> <p>10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Community Exercise (SS-A) 2:00 Chair Exercises (RR-A) 2:00 Book Club (SS-A) 3:30 Movie Committee Meeting (SS-T) 7:15 Movie Night (SS-T): He's Just Not That Into You</p>	<p><b>2</b></p> <p>10:00-11:00 Blood Pressure Clinic (RR-Wellness Centre) 10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 10:45 Men's Group (SS-B) 2:00 Bingo (RR-AR) 2:30 Chef's Showcase and Social Hour (SS-B) 7:15 Cards and Games (SS-B)</p>	<p><b>3</b></p> <p>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Anne with an E (SS-T) 3:30 Drop-in Trivia (SS-B) 7:15 Movie Night (SS-T): Young Adult</p>
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<p><b>4</b></p> <p>10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:00 Chair Drums (RR-A) 2:30 Knitting Club (SS-L) 3:00 Resident Bridge Group (SS-B) 7:15 Movie Night (SS-T): Christmas Wedding</p>	<p><b>5</b></p> <p>10:00 Light Cardio Fitness (SS-A) 10:30 Coffee and Chats (SS-L and RR-L) 2:00 Group Crossword (SS-B) 2:00 Chair Exercises (RR-A) 3:00 Social Hour (SS-B &amp; RR-B)</p>	<p><b>6</b></p> <p>10:00 Balloon Ball (RR-L) 10:15 The Tuck Shop (RR-LL) 11:00 Community Exercise (SS-A) 1:30 Outing: Shopping trip to Walmart 2:00 Winter Snowflake Craft (RR-AR) 3:00 Resident Bridge (RR-GR) 6:00 Outing: Christmas lights drive (Magic of Lights) 7:15 Movie Night (SS-T): Bad Moms</p>	<p><b>7</b></p> <p>10:00 Light Cardio Fitness (SS-A) 10:00 Bingo (RR-AR) 10:45 Yoga with Georgia (SS-A) 2:30 Concert with Guy Lalonde (RR-L) 3:00 Social Hour (SS-B) 3:30 Social Hour (RR-B)</p>	<p><b>8</b></p> <p>9:00 Findlay Creek Hearing Clinic (RR-GR) *By appointment only 10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Community Exercise (SS-A) 3:00 Resident Christmas Caroling (SS-B) 7:15 Movie Night (SS-T): Funny Girl</p>	<p><b>9</b></p> <p>10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 2:00 Salt Dough Ornaments craft (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B) 7:15 Cards and Games (SS-B)</p>	<p><b>10</b></p> <p>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Anne with an E (SS-T) 3:30 Drop-in Trivia (SS-B) 7:15 Movie Night (SS-T): Grown Ups</p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;"><b>11</b></p> <p>10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:00 Chair Drums (RR-A) 2:30 Knitting Club (SS-L) 3:00 Resident Bridge Group (SS-B) 7:15 Movie Night (SS-T): The Princess Switch</p>	<p style="text-align: right;"><b>12</b></p> <p>10:00 Light Cardio Fitness (SS-A) 10:15 Women's Group (SS-T) 2:00 Make your own Christmas Cards (RR-AR) 2:00 Infinity Health Hearing Presentation (SS-A) 2:00 Group Crossword (SS-B) 3:00 Social Hour with Rachel (Activities Manager) (SS-B) 3:00 Social Hour (RR-B)</p>	<p style="text-align: right;"><b>13</b></p> <p>10:00 Balloon Ball (RR-L) 10:15 The Tuck Shop (RR-LL) 11:00 Community Exercise (SS-A) 12:00 Outing: Lunch at St. Louis Bar and Grill 2:30 Concert with Kevin Agnew (SS-L) 3:00 Resident Bridge (RR-GR) 6:00 Outing: Christmas lights drive (Magic of Lights) 7:00 Painting with Navy (SS-A)</p>	<p style="text-align: right;"><b>14</b></p> <p>10:00 Light Cardio Fitness (SS-A) 10:00 Bingo (RR-AR) 10:45 Yoga with Georgia (SS-A) 1:00 Handi House Wheelchair/Walker Repair 1:30 Chair Tai Chi with Hiromi (RR-A) 3:00 Social Hour (SS-B &amp; RR-B) 4:00 Christmas Party! Entertainment by Dai Basset (SS-L) Entertainment by Lauren Hall (RR-L)</p>	<p style="text-align: right;"><b>15</b></p> <p>10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Community Exercise (SS-A) 2:00 High Tea (RR-DR) 3:00 Resident Christmas Caroling (SS-B) 7:15 Movie Night (SS-T): Falling For Christmas</p>	<p style="text-align: right;"><b>16</b></p> <p>10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 10:45 Men's Group (SS-B) 2:00 Horse Racing (RR-AR) 3:00 Social Hour (SS-B) 3:00 Social Hour with Rachel (Activities Manager) (RR-B) 7:15 Cards and Games (SS-B)</p>	<p style="text-align: right;"><b>17</b></p> <p>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Anne with an E (SS-T) 3:30 Drop-in Trivia (SS-B) 7:15 Movie Night (SS-T): Christmas Catch</p>
<p style="text-align: right;"><b>18</b></p> <p>10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:00 Chair Drums (RR-A) 2:30 Knitting Club (SS-L) 3:00 Resident Bridge Group (SS-B) 7:15 Movie Night (SS-T): Christmas with You</p>	<p style="text-align: right;"><b>19</b></p> <p>10:00 Light Cardio Fitness (SS-A) 10:30 Coffee and Chats (SS-L and RR-L) 2:00 Group Crossword (SS-B) 2:00 Chair Exercises (RR-A) 3:00 Social Hour with Elisa (General Manager) (SS-B)</p>	<p style="text-align: right;"><b>20</b></p> <p>10:00 Outing: Shopping at Billings Bridge 10:00 Balloon Ball (RR-L) 10:15 The Tuck Shop (RR-LL) 11:00 Community Exercise (SS-A) 2:00 Outing: Shopping at Carlingwood 2:00 Christmas Cookie Decorating (RR-AR) 3:00 Resident Bridge (RR-GR) 7:15 Movie Night (SS-T): The Farewell</p>	<p style="text-align: right;"><b>21</b></p> <p>10:00 Light Cardio Fitness (SS-A) 10:00 Bingo (RR-AR) 10:00-2:00 In House Jewelry Shopping (SS-L) 10:30 Current events with Professor Cammy 10:45 Yoga with Georgia (SS-A) 1:30 Food Forum (SS-A) 2:30 Concert with Larry Wright (RR-L) 3:00 Social Hour (SS-B &amp; RR-B)</p>	<p style="text-align: right;"><b>22</b></p> <p>10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Community Exercise (SS-A) 2:00 Christmas Service with Father Chris (SS-A) 3:30 Resident Christmas Caroling (SS-B) 7:15 Movie Night (SS-T): Klaus (animated)</p>	<p style="text-align: right;"><b>23</b></p> <p>10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 2:00 Horse Racing (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B) 7:15 Cards and Games (SS-B)</p>	<p style="text-align: right;"><b>24</b></p> <p>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:15 Bingo (SS-B) 3:15 Afternoon TV Series: Anne with an E (SS-T) 3:30 Drop-in Trivia (SS-B) 7:15 Movie Night (SS-T): Dolly Parton's Christmas on the Square</p>
<p style="text-align: right;"><b>25</b></p> <p>10:00 Virtual United Church Service (SS-T) 10:30 Scrabble Group (RR-B) 2:30 Knitting Club (SS-L) 3:00 Resident Bridge Group (SS-B) 7:15 Movie Night (SS-T): The Christmas Chronicles</p> 	<p style="text-align: right;"><b>26</b></p> <p>10:00 Chair Exercises with Tagrid (SS-A) 11:00 Coffee and Chats (RR-L) 2:00 Chair Exercises (RR-A) 3:00 Social Hour (SS-B)</p>	<p style="text-align: right;"><b>27</b></p> <p>10:00 Outing: Caddy Café 10:00 Balloon Ball (RR-L) 10:15 The Tuck Shop (RR-LL) 2:00 Outing: Scenic Drive along Rideau Canal 3:00 Resident Bridge (RR-GR) 7:15 Movie Night (SS-T): Shania Twain: Not Just a Girl</p>	<p style="text-align: right;"><b>28</b></p> <p>10:00 Chair Exercises with Tagrid (SS-A) 10:00 Bingo (RR-AR) 10:45 Yoga with Georgia (SS-A) 1:30 Chair Tai Chi with Hiromi (RR-A) 3:00 New Residents Meet and Greet (SS-B &amp; RR-B) 5:00 Monthly Birthday Dinner</p>	<p style="text-align: right;"><b>29</b></p> <p>10:00 Fit Minds (SS-B &amp; RR-B) 11:00 Community Exercise (SS-A) 2:00 Bingo (SS-B) 2:00 Chair Exercises (RR-A) 7:15 Movie Night (SS-T): Yellow Rose</p>	<p style="text-align: right;"><b>30</b></p> <p>10:00 Strength and Balance Exercise (SS-A) 10:15 The Tuck Shop (RR-LL) 10:45 Men's Group (SS-B) 2:00 Horse Racing (RR-AR) 3:00 Social Hour (SS-B &amp; RR-B) 7:15 Cards and Games (SS-B)</p>	<p style="text-align: right;"><b>31</b></p> <p>10:00 Group Crossword (RR-B) 10:30 Virtual Catholic Mass (SS-T) 2:30 New Year's Eve Party: Entertainment by Lauren Hall (SS-L) 7:15 Movie Night (SS-T): The Pursuit of Happyness</p>

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# Neighborhood & Community Activity Calendar


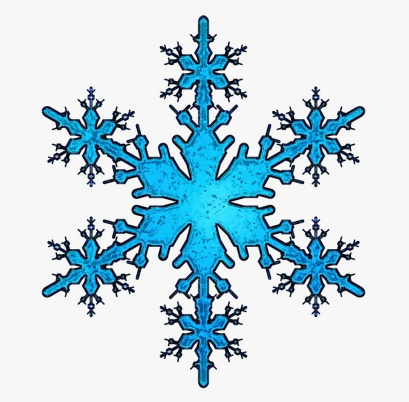




## PARK PLACE

# 2022

# December

**Type of Activity**  
 Blue—Fitness Green—New  
 Red— Movie/TV Series/Virtual  
 Pink— Special Orange—Game  
 Purple—Concert

			<p>1 10:30 Community Exercise (4th floor—AR)</p>	<p>2 </p>	<p>3 1:30 Christmas Carols with Kelly (4th floor—AR)</p>	
<p>4 6:00 Movie Night (4th floor—AR)</p>	<p>5 10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR)</p>	<p>6 10:00 Music with John and Maureen (4th floor—AR)</p>	<p>7 </p>	<p>8 9:00 Findlay Creek Hearing Clinic (RR-GR) *By appointment oonly 10:30 Community Exercise (4th floor—AR)</p>	<p>9 10:00 Music with Paddy Steward (4th floor—AR)</p>	<p>10 </p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11</p> <p>6:00 Movie Night (4th floor—AR)</p>	<p>12</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR)</p>	<p>13</p> <p>10:30 Community Exercise</p>	<p>14</p> <p>1:00 Handi House Wheelchair/ Walker Repair</p>	<p>15</p> <p>10:00 1:1 Visits 4th floor 10:30 Community Exercise (4th floor—AR) 11:00 1:1 Visits 2nd floor 1:30 Bingo (4th floor-AR) 3:00 Balloon Ball</p>	<p>16</p> <p>10:00 Music with Paddy Steward (4th floor—AR) 11:00 1:1 Visits 2nd floor 1:30 Horse Racing 3:00 Social Tea</p>	<p>17</p> <p>1:30 Christmas Carols with Kelly (4th floor—AR)</p>
<p>18</p> <p>6:00 Movie Night (4th floor—AR)</p>	<p>19</p> <p>10:00 Scenic Drive 11:00 Stories with Betty (4th floor—AR)</p>	<p>20</p> <p>10:30 Community Exercise 11:00 1:1 Visits 2nd floor</p>	<p>21</p> <p>10:00 Bowling (4th floor-AR) 11:00 1:1 Visits (2nd floor) 2:00 Baking Group (4th floor—DR) 3:00 Social Tea (4th floor—DR)</p>	<p>22</p> <p>10:00 1:1 Visits 4th floor 10:30 Community Exercise (4th floor—AR) 11:00 1:1 Visits 2nd floor 1:30 Bingo (4th floor-AR) 3:00 Balloon Ball</p>	<p>23</p> <p>10:00 Music with Paddy Steward (4th floor—AR) 11:00 1:1 Visits 2nd floor 1:30 Horse Racing 3:00 Social Tea</p>	<p>24</p> <p>1:30 Christmas Carols with Kelly (4th floor—AR)</p>
<p>25</p> <p>10:00 Virtual Christmas Concert 6:00 Christmas Movie (4th floor—AR)</p> 	<p>26</p> <p>10:00 Scenic Drive</p>	<p>27</p> <p>10:30 Community Exercise 11:00 1:1 Visits 2nd floor</p>	<p>28</p> <p>10:00 Bowling (4th floor-AR) 11:00 1:1 Visits (2nd floor) 2:00 Baking Group (4th floor—DR) 3:00 Social Tea (4th floor—DR) 5:00 Dinner Entertainment with Peter Foret</p>	<p>29</p> <p>10:00 1:1 Visits 4th floor 10:30 Community Exercise (4th floor—AR) 11:00 1:1 Visits 2nd floor 1:30 Bingo (4th floor-AR) 3:00 Balloon Ball</p>	<p>30</p> <p>10:00 Virtual Concert 11:00 1:1 Visits 2nd floor 1:30 Horse Racing 3:00 Social Tea</p>	<p>31</p> <p>1:30 Singalong with Kelly (4th floor—AR)</p>