

Dining Room Hours

Breakfast

8:00am-9:00am

Lunch

1st Sitting: 11:45am-12:45pm

2nd Sitting: 1:00pm-2:00pm

Dinner

1st Sitting: 4:45pm-5:45pm

2nd Sitting: 6:00pm-7:00pm

Hair Salon

Haircuts by Helen

Please dial 1005 to book your hair appointment, or leave a message.

Helen works:

Wednesdays, Thursdays and Fridays Starting at 9:30am



Findlay Creek Hearing

For more information or to book an appointment please call their clinic:

Phone Number: 613-916-6111

Email: info@FCHearing.ca

Website: www.FCHearing.ca

*This service comes to Ravines once a month
This Month: TBD in room SS106*

Dental Clinic

To book an appointment for the mobile dental clinic at

Ravines run by

Rosemary Valliant (RDH)

Please Call: 613-898-2292

THE RAVINES MANAGEMENT TEAM

Department	Name	Ext#
General Manager	Julie Smith	1115
Office Manager	Edith Espera	1114
Sales Manager	Michele Brydges	1116
Food Service Manager	Maryann Padrones	1111
Director of Care	Honey Mostoles	1009
Maintenance Manager	Sean Skokos	1117
Recreation Manager	Chao Wu	1001

A VERY MERRY CHRISTMAS and Happy New Year!

What's happening in December 2022

Please refer to our Activity Phone line to hear what is happening each day at Ravines!
Dial 4636 on your telephone

Christmas Bazaar

The Ravines Annual Christmas Bazaar will be open for sale on December 2nd and 3rd from 10:00 am to 3:00 pm. Our profit will be donated to Ottawa Food Bank.

Breakfast with Santa

Mrs. Claus let us know that Santa will be stopping by the Ravines on December 7th at breakfast time in both buildings. Take a photo with Santa as he passes by to say hello!

Elf Hunting

There will be elves hiding in the common areas in both buildings from the 5th until Christmas! Find them then you may win a prize. Who can get the very special one?

Magic Lights

Please sign up at the reception to secure your seat, and have the 1st sitting dinner as the bus leaves at 6pm. No washroom break available during the drive in the light show.

Sweet Bingo

Please come to play Sweet Bingo in the theatre at 2:30pm on every Wednesday in this month. No money needed for the game, but the winner will get a prize of chocolate bar.

New Year's Eve Celebration

Please join us on December 30th at 2:30pm in RR Activity room to celebrate the coming New Year. Live Entertainment will be provided by Bob Schwartz.

Movies for This Month

Please note movies will be shown at 2:15 & 7:15pm
on Saturdays and Sundays

- December 3rd: The Peanut Butter Falcon (Adventure, Comedy, Drama)
- December 4th: Outside In (Drama)
- December 10th: Deck the Halls (Family, Comedy)
- December 11th: Johnny English Reborn (Drama, Biography)
- December 17th: Against the Ice (Adventure, History)
- December 18th: Just Like Heaven (Fantasy, Comedy, Romance)
- December 24th: Scrooge: A Christmas Carol (Animation, Musical, Fantasy)
- December 25th: Klaus (Adventure, Animation, Comedy)
- December 31st: The Pursuit of Happiness (Biography, Drama)

Shows in Theatre This Month

Magic Show by Drummond

Shown on every Tuesday at 2:30pm

Many magic tricks contain little or no harm for those performing them -- a deck of cards isn't very dangerous -- but others not only pose a threat to the performers, but have actually proved to be deadly in the past. It's the latter group of tricks that are featured on this show starring Drummond Money-Coutts.



Classic TV Series: Due South

Shown on every Saturday at 10:00am

Originally aired from 1994 to 1999, this classic TV series features a Canadian Mountie Benton Fraser who moves to Chicago, determined to track down his father's killer, and gets a crash course in American crime.



Happy Birthday and Anniversary



Special Dinner on December 22nd

Mike Scott	Dec. 1	Eliane Bouchard	Dec. 19
Joan Bradley	Dec. 1	Elizabeth Cameron	Dec. 19
Cecil Naraine	Dec. 2	Inge Katins	Dec. 19
Betty Johnston	Dec. 3	Bob Heaslip	Dec. 21
Gudrun Gottlob	Dec. 5	Jim Flegg	Dec. 22
Toni Degruyter	Dec. 9	Giuseppina De Antonis	Dec. 23
Gord Gardner	Dec. 11	Edith Matergio	Dec. 26
Raymond Flaviani	Dec. 15	Flora Roy	Dec. 28
Claire Gagliardi	Dec. 15	Will Koot	Dec. 28
Trudi Kohlruss	Dec. 17	Willy Marthaler	Dec. 31

Sheila and Hugh McCallum
December 9th, 1966

Mary and Roger MacPherson
December 14th, 1963



SS Resident Council Members



Treasurer Shirley Tobin **President** Katharine Elliott **Vice President** Irene Caswell **Secretary** Elizabeth Mundell

SS Resident Council meeting: December 14th @ 10:30am-Theatre

RR Food Committee Members



Left to Right: Iris Byers, Melba Hurd, Maryann Padrones (FSM), Agnes Heaslip

Resident Ambassadors

Senior Suites Ambassadors

Ravines Retirement Ambassadors



Left to Right:

Allan Brown, Adeline Turcotte, Peggy Moffatt, Peter Hill, Henry Doseger



Left to Right:

Melba Hurd, Iris Byers, Jean Fong

SS Food Committee Members



Left to Right (Top Row): Barbara Minshall, Henry Doseger, Irene Caswell
Left to Right (Bottom Row): Wendi Looe, Maryann Padrones (FSM), Heather Keatley

Bus Outings

Thursday December 1st: 10:00 Wal-Mart
2:00 Billings Bridge Mall

Monday December 5th: 1:30 Memory Care Drive

Thursday December 8th: 2:00 Shopping: Carlingwood Mall
6:00 Outing: Magic Light Show

Monday December 12th: 12:00 Lunch Outing: Red Apron

Thursday December 15th: 2:00 Shopping: Merivale Mall
6:00 Outing: Magic Light Show

Monday December 19th: 1:30 Memory Care Drive

Thursday December 22nd: 10:00 Shopping: College Square
2:00 Shopping: Nepean Crossroads Centre

Monday December 26th: No Drive Today

Thursday December 29th: 10:00 Shopping: Bayshore Shopping Centre
2:00 Shopping: SouthKeys Mall

Christmas Spirit Days

Every **Wednesday** and **Friday** this month, residents and staff are encouraged to dress up in their favourite holiday sweater or T-shirt. Let's get into the holiday Spirit!



Meet Our New Office Manager



Dear residents, my name is Edith Espera and I am the new office manager at the Ravines. Many of you might have known me since I started working here as a personal support worker, or since I became a receptionist in Seniors' Suites. I graduated Bachelor of Science in Nursing in the Philippines. I love working with residents and put a smile in their face. I'm a self motivated, dedicated, focused person. I will be glad providing service to you in my new role.

*Welcome
New Residents*



Helen Green

Linda Meyers