

Sunday

Monday

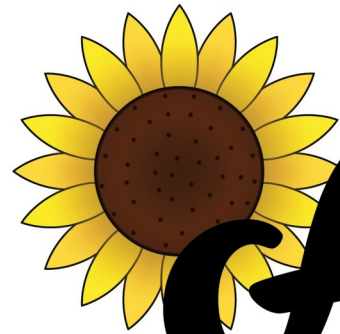
Tuesday

Wednesday

Thursday

Friday

Saturday



August



PROGRAM LOCATIONS

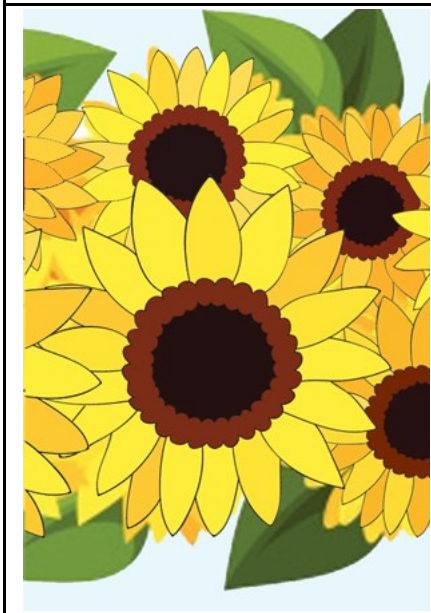
RR= Retirement Residence SS= Seniors' Suites

B= Bistro
LL= Lower Lounge
GR = Games Room
AR = Activity Room
BR = Bridge Room
GS = Golf Simulator

BP = Back Patio
DR= Dining Room
L = Lobby

Type of Activity

Blue—Fitness Green-Spiritual Red- Events
Purple- Vendors Brown- Excursions



1

10:30 Fun & Fitness (SS YR)
10:30 Scategories (RR LL)

2:00 Bingo (RR T)
2:00 Resident run euchre (SS B)

3:00 Social hour (RR B)
4:00 Social hour (SS B)

2

10:30 Word connection (RR T)

2:00 Ice cream sandwich social (Outside)

2:30 Resident run colouring club (RR AR)

3:00 Bingo (SS B)

3

10:00 Shopping and lunch at St Laurent Mall

10:30 Bean bag toss (RR LL)
10:45 Tai chi (SS YR)

2:00 Bingo (RR T)
2:00 Resident run euchre (SS B)

3:00 TV fitness (SS T)
3:00 Social hour (RR B)

4:00 Social hour (SS B)

4

10:30 Activities Meeting (RR LL)
10:30 Music request hour (SS B)

1:30 Activities Meeting (SS B)
1:30 Word in a word (RR LL)

2:00 Catholic Mass (RR C)

3:00 Pay bingo (SS B)

5

9:30 Latin chair dancing (SS YR)
10:00 Shopping at Superstore
10:30 Wordle and word scramble (RR T)

2:00 Celebration of word (SS C)
2:00 Craft (SS B)
2:00 Jeopardy (RR T)

3:00 Social hour (RR B)
4:00 Social hour (SS B)

6

9:00—12:00 Wild Aces band Practice (SS L)

10:30 Crosswords (RR T)

1:30 Movie matinee: "The Untouchables" (SS T) French movie

2:00 Bingo (RR T)
2:00 Resident run euchre (SS B)

7

10:30 Trivia (RR LL)

1:30 Wii bowling (RR T)

2:00 Bingo (SS B)

3:30 The Medici: Godfathers of The Renaissance part 1 (SS T)

8

10:30 Fun & Fitness (SS YR)
10:30 Word game of choice (RR T)

2:00 Bingo (RR T)
2:00 Entertainment by: Pete Foret (SS L)

2:00 Resident run euchre (SS B)

3:00 Social hour (RR B)
4:00 Social hour (SS B)

9

10:30 French word games with Max (SS B)
10:30 4 pics 1 word (RR T)

2:00 Professor Cammy (RR T)

3:00 Bingo (SS B)

10

10:00 Shopping at Convent Glen Plaza

10:30 Armchair travel: The Canadian Prairies. The Grass Kingdom (RR T & SS)

1:30 Shopping at Walmart
2:00 Bingo (RR T)
2:00 Resident run euchre (SS B)
3:00 TV fitness (SS T)
3:00 Social hour (RR B)
4:00 Social hour (SS B)

11

10:30 Food service Meeting (RR LL)
10:30 Fitminds (SS B)

1:30 Food service Meeting (SS B)
1:30 Fit minds (RR LL)

2:00 Catholic Mass (RR C)

3:00 Pay bingo (SS B)

12

10:00 Shopping at Giant Tiger

10:30 Fun & fitness (SS YR)
10:30 Scrabble (RR T)

2:00 Celebration of word (SS C)
1:00 Creations with Chef Tammy (RR LL)
3:00 Cupcake decorating With chef Tammy (SS B)


3:00 Social hour (RR B)

13

10:30 Crosswords (RR T)

1:30 Movie matinee: "Inside man" (SS T)

2:00 Bingo (RR T)
2:00 Resident run euchre (SS B)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|--|
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| <p>10:30 Categories (RR LL)</p> <p>1:30 Wii bowling (RR T)</p> <p>2:00 Bingo (SS B)</p> <p>3:30 The Medici: Godfathers of The Renaissance part 2 (SS T)</p> | <p>10:30 Fun & fitness (SS YR)</p> <p>10:30 Wordle & word Unscramble (RR T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Jeopardy (RR T)</p> <p>1:30 Resident run colouring Club (RR AR)</p> <p>1:30 Afternoon tea with The Management team (RR B)</p> <p>2:00 Tie dye outside (SS Patio)</p> <p>3:00 Bingo (SS B)</p> | <p>10:00 Outing to Mer Blue Boardwalk</p> <p>10:30 Word connection (RR T)</p> <p>10:45 Tai chi (SS YR)</p> <p>1:30 Shopping at Superstore</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> <p>3:00 TV fitness (SS T)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Hangman & Pictionary (RR LL)</p> <p>1:30 Afternoon tea with The Management team (SS B)</p> <p>2:00 Catholic Mass (RR C)</p> <p>3:00 Pay bingo (SS B)</p> | <p>9:30 Latin chair dancing (SS YR)</p> <p>10:30 French word games With Max (RR LL)</p> <p>11:30 Lunch outing to Lexus Resto bar</p> <p>2:00 Celebration of word (SS C)</p> <p>2:00 Armchair travel: The Netherlands (RR T & SS T)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Crosswords (RR T)</p> <p>1:30 Movie matinee: "The Great Escape" (SS T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| <p>10:30 Nature documentary (SS T & RR T)</p> <p>1:30 Wii bowling (RR T)</p> <p>2:00 Bingo (SS B)</p> <p>3:30 The Medici: Godfathers of The Renaissance part 3 (SS T)</p> | <p>10:30 Fun & fitness (SS YR)</p> <p>10:30 4 pics 1 word (RR T)</p> <p>2:00 Entertainment by: Larry Garnet (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Computer word games (RR T)</p> <p>2:00 The Beatles concert video (RR T & SS T)</p> <p>2:30 Resident run colouring club (RR AR)</p> <p>3:00 Bingo (SS B)</p> | <p>10:00 Shopping and lunch at Bayshore Mall</p> <p>10:30 Scategories (RR LL)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> <p>3:00 TV fitness (SS T)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Town hall (RR LL)</p> <p>10:30 Puzzles club (SS B)</p> <p>1:30 Town hall (SS B)</p> <p>1:30 Wheel of Fortune (RR T)</p> <p>2:00 Catholic Mass (RR C)</p> <p>2:00 Veterans group (RR LL)</p> <p>3:00 Pay bingo (SS B)</p> | <p>10:00 Shopping at Walmart</p> <p>10:30 Fun & fitness (SS YR)</p> <p>10:30 Jeopardy (RR T)</p> <p>2:00 Celebration of word (SS C)</p> <p>2:00 Ted Talks (SS B)</p> <p>2:00 Armchair travel: Greece (RR T)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Crosswords (RR T)</p> <p>1:30 Movie matinee: "The Time Traveler's Wife" (SS T)</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> <p>4:00 - 7:00 River Rock Resin Art sale (SS L)</p> |
| 28 | 29 | 30 | 31 |  | | |
| <p>10:30 Wordle & word Unscramble (RR T)</p> <p>1:30 Wii bowling (RR T)</p> <p>2:00 Bingo (SS B)</p> <p>3:30 The Medici: Godfathers of The Renaissance part 4 (SS T)</p> | <p>10:30 Fun & fitness (SS YR)</p> <p>10:30 Word connection</p> <p>2:00 Bingo (RR T)</p> <p>2:00 Resident run euchre (SS B)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> | <p>10:30 Scrabble (RR T)</p> <p>2:00 Wheel of Fortune (SS T)</p> <p>2:00 Resident run colouring club (RR AR)</p> <p>3:00 Bingo (SS B)</p> | <p>10:00 Shopping at Value Village</p> <p>10:30 Trivia (RR T)</p> <p>1:30 Outing to Petrie Island</p> <p>2:00 Resident run euchre (SS B)</p> <p>2:00 Bingo (RR T)</p> <p>3:00 TV fitness (SS T)</p> <p>3:00 Social hour (RR B)</p> <p>4:00 Social hour (SS B)</p> <p style="text-align: center;">Gala Dinner</p> | | | |