

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Type of Activity
Green- Spiritual
Red- Special/New
Blue- Fitness
Purple- Music
Brown- Outings

Memory Care Neighbourhood/ Assisted Living

	<p>10:00 Morning Walks 1</p> <p>11:00 Connect the Dots (4th floor Activity Room)</p> <p>1:00 Manicure Mondays (2nd floor activity room)</p> <p>2:30 Chair Exercise (4th floor activity room)</p>	<p>10:00 Morning Walks 2</p> <p>10:30 Community Exercise (4th Floor)</p> <p>2:00 Music and Colouring (4th dining room)</p> <p>3:30 Hymn Singing with Fidele (4th floor Activity Room)</p>	<p>10:00 Morning Walks 3</p> <p>11:00 Stories with Betty (4th floor Activity Room)</p> <p>1:30 Baking Chocolate Cake (4th floor Dining room)</p>	<p>4 National Chocolate Chip Cookie Day</p> <p>10:00 Morning Walks</p> <p>10:30 Community Exercise (4th Floor Activity Room)</p> <p>11:00 Ball Toss (2nd floor activity room)</p> <p>2:00 Cookie Cart (4th floor Dining room)</p>	<p>10:00 Morning Walks 5</p> <p>10:00 Singing with Paddy (4th Floor Activity Room)</p> <p>11:00 Colouring (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor Activity room)</p>	<p>6</p> <p>10:00 Singing with Fidele (4th floor activity room)</p> <p>11:00 Chair Dance (4th Floor Activity Room)</p> <p>1:00 Afternoon Walks (2nd and 4th)</p> <p>7:15 Movie Night: Jane Eyre</p>
<p>7</p> <p>10:00 Morning Walks</p> <p>10:45 Bowling (RR-4th activity room)</p> <p>3:00 TV Series: Wheel of Fortune (SS-T)</p> <p>7:15 Movie Night: Now is Good</p>	<p>8</p> <p>10:00 Memory Care Drive: Walmart Baseline</p> <p>11:00 Connect the Dots (4th floor Activity Room)</p> <p>2:30 Chair Exercise (4th floor activity room)</p>	<p>10:00 Morning Walks 9</p> <p>10:30 Community Exercise (4th Floor)</p> <p>10:30 Ball Exercise (2nd floor Activity Room)</p> <p>2:00 Music and Matching Games (4th floor Activity Room)</p>	<p>10:00 Morning Walks 10</p> <p>11:00 Stories with Betty (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor activity room)</p> <p>2:30 1:1 Visits</p>	<p>10:00 Morning Walks 11</p> <p>10:30 Community Exercise (4th Floor Activity Room)</p> <p>11:00 Ball Toss (2nd floor Activity Room)</p> <p>2:00 Crafts (4th floor Activity room)</p>	<p>10:00 Morning Walks 12</p> <p>10:00 Singing with Paddy (4th Floor Activity Room)</p> <p>11:00 Colouring (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor Activity room)</p>	<p>13</p> <p>10:00 Singing with Fidele (4th floor activity room)</p> <p>11:00 Chair Dance (4th Floor Activity Room)</p> <p>1:00 Afternoon Walks (2nd and 4th)</p> <p>7:15 Movie Night: The Guide to the Perfect Family</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14</p> <p>10:00 Morning Walks</p> <p>10:45 Bowling (RR-4th activity room)</p> <p>3:00 TV Series: Wheel of Fortune (SS-T)</p> <p>7:15 Movie Night: Our Ladies</p>	<p>15</p> <p>10:00 Memory Care Drive</p> <p>11:00 Connect the Dots (4th floor Activity Room)</p> <p>1:00 Manicure Mondays (2nd floor activity room)</p> <p>2:30 Chair Exercise (4th floor activity room)</p>	<p>16</p> <p>10:00 Morning Walks</p> <p>10:30 Community Exercise (4th Floor)</p> <p>10:30 Ball Exercise (2nd floor Activity Room)</p> <p>2:00 Music and Matching Games (4th floor Activity Room)</p> <p>3:30 Hymn Singing with Fidele (4th floor Activity Room)</p>	<p>17</p> <p>10:00 Morning Walks</p> <p>10:30 Chair Yoga with Georgia (4th floor activity room)</p> <p>11:00 Stories with Betty (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor activity room)</p> <p>2:30 1:1 Visits</p>	<p>18</p> <p>10:00 Morning Walks</p> <p>10:30 Community Exercise (4th Floor Activity Room)</p> <p>11:00 Ball Toss (2nd floor activity room)</p> <p>2:00 Crafts (4th floor activity room)</p>	<p>19</p> <p>10:00 Morning Walks</p> <p>10:00 Singing with Paddy (4th Floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor activity room)</p>	<p>20</p> <p>10:00 Singing with Fidele (4th floor activity room)</p> <p>11:00 Chair Dance (4th Floor Activity Room)</p> <p>1:00 Afternoon Walks (2nd and 4th)</p> <p>7:15 Movie Night: The Davinci Code</p>
<p>21</p> <p>World Senior Citizens Day</p> <p>10:00 Morning Walks</p> <p>10:45 Bowling (RR-4th activity room)</p> <p>3:00 TV Series: Wheel of Fortune (SS-T)</p> <p>7:15 Movie Night: Beethoven</p>	<p>22</p> <p>10:00 Memory Care Drive</p> <p>11:00 Sorting Games (4th floor Activity Room)</p> <p>2:30 Chair Exercise (4th floor activity room)</p>	<p>23</p> <p>10:00 Morning Walks</p> <p>10:30 Community Exercise (4th Floor)</p> <p>10:30 Ball Exercise (2nd floor Activity Room)</p> <p>2:00 Music and Matching Games (4th floor Activity Room)</p>	<p>24</p> <p>10:00 Morning Walks</p> <p>11:00 Stories with Betty (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor activity room)</p> <p>2:30 1:1 Visits</p>	<p>25</p> <p>10:00 Morning Walks</p> <p>10:30 Community Exercise (4th Floor Activity Room)</p> <p>11:00 Ball Toss (2nd floor activity room)</p> <p>2:00 Crafts (4th floor activity room)</p>	<p>26</p> <p>10:00 Morning Walks</p> <p>10:00 Singing with Paddy (4th Floor Activity Room)</p> <p>11:00 Colouring (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor activity room)</p>	<p>27</p> <p>10:00 Singing with Fidele (4th floor activity room)</p> <p>11:00 Chair Dance (4th Floor Activity Room)</p> <p>1:00 Afternoon Walks (2nd and 4th)</p> <p>7:15 Movie Night: Click</p>
<p>28</p> <p>10:00 Morning Walks</p> <p>10:45 Bowling (RR-4th activity room)</p> <p>3:00 TV Series: Wheel of Fortune (SS-T)</p> <p>7:15 Movie Night: Like Father</p>	<p>29</p> <p>10:00 Memory Care Drive</p> <p>11:00 Sorting Games (4th floor Activity Room)</p> <p>1:00 Manicure Mondays (2-4 activity room)</p> <p>2:30 Chair Exercise (4th floor activity room)</p>	<p>30</p> <p>10:00 Morning Walks</p> <p>10:30 Community Exercise (4th Floor)</p> <p>10:30 Ball Exercise (2nd floor Activity Room)</p> <p>2:00 Music and Matching Games (4th floor Activity Room)</p> <p>3:30 Hymn Singing with Fidele (4th floor Activity Room)</p>	<p>31</p> <p>10:00 Morning Walks</p> <p>11:00 Stories with Betty (4th floor Activity Room)</p> <p>2:00 Chair Exercise (2nd floor activity room)</p> <p>2:30 1:1 Visits</p>			