

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Location of Activity RR= Retirement Residence SS= Senior Suites B= Bistro Lib= Library T= Theatre AR= Activity Room C= Chapel FC= Fitness Centre L= Lobby GR= Games Room LL= Lower Level DR= Dining Room Type of Activity Purple= Vendors Blue= Fitness Green= Spiritual Brown= Outing Red= New Program/Events		1 10:30 Jeopardy (SS B) 2:00 bingo (RR T)
2 10:30 horse race (RR LL) 2:00 bingo (SS B)	3 10:00 shopping at Giant Tiger 10:30 trivia (RR LL) 1:30 shopping at Place d'Orleans 2:00 bingo (RR T) 4:00 mix and mingle (SS B)	4 9:30 aquafit class 10:30 strength & balance (SS Y) 10:30 giant crossword (RR LL) 2:00 trivia (SS B) 3:00 Tuck shop (RR GR) 2:30 program meeting (SS B) 3:15 Bingo (SS B)	5 10:30 Fitminds (RR LL) 1:30 program meeting (RR T) 2:00 paid bingo (RR T) 3:00 happy hour (RR B) 4:00 Happy hour (SS B)	6 9:30 aquafit 10:30 plinko (RR LL) 11:00 tuck shop (RR GR) 2:00 catholic mass (RR C) 3:00 paid bingo (SS B)	7 10:00 chair exercise (RR FR) 10:30 giant crossword (SS B) 2:00 Celebration of Word (SS C) 3:00 happy hour (RR B) ** half priced** 4:00 happy Hour (SS B)	8 10:30 board games (RR LL) 2:00 bingo (SS B)
9 10:30 card games (SS B) 2:00 bingo (RR T)	10 10:00 shopping at superstore 10:30 plinko (SS B) 1:30 shopping trip at walmart 2:00 bingo (RR T) 4:00 mix and mingle (SS B)	11 9:30 aquafit class 10:30 strength & balance (SS Y) 10:30 word games (RR LL) 2:00 brain games (SS B) 3:00 tuck shop (RR GR) 3:15 bingo (SS B)	12 10:00 line dancing (SS YR) 10:30 Jeopardy (SS B) 2:00 paid bingo (RR T) 3:00 happy hour (RR B) 4:00 happy hour (SS B)	13 9:30 aquafit 10:30 scategories (RR LL) 11:00 tuck shop (RR GR) 2:00 catholic mass (RR C) 3:00 paid bingo (SS B)	14 10:00 chair exercise (RR FR) 10:30 bean bag toss (SS YR) 2:00 celebration of word (SS C) 3:00 happy hour (RR B) ** HALF PRICED** 4:00 happy hour (SS B)	15 10:30 chair TaiChi (SS YR) 10:30 winter craft (SS B) 2:00 bingo (RR T)

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16 10:30 make your own snowflake (RR LL) 2:00 bingo (SS B)	17 10:00 shopping trip to Place d'Orleans mall 10:00 exercise class (SS YR) 10:30 who am I? game (SS B) 1:30 shopping trip to giant tiger 2:00 hangman (RR LL) 4:00 mix and mingle SS B	18 9:30 aquafit 10:30 strength & balance (SS YR) 10:30 big crossword (SS B) 2:00 bean bag toss (RR LL) 3:00 tuck shop (RR GR) 3:15 bingo (SS B)	19 10:30 fitminds (SS B) 2:00 paid bingo (RR T) 2:30 Alzheimer's Awareness Video (SS T) 3:00 happy hour (RR B) 4:00 happy hour (SS B) Dementia awareness day	20 9:30 aquafit 10:00 board games (RR LL) 11:00 tuck shop (RR GR) 2:00 catholic mass (RR C) 3:00 paid bingo (SS B)	21 10:00 chair exercise (RR FR) 10:30 craft (SS B) 2:00 Celebration of Word (SS C) 3:00 happy hour (RR B) ** half priced** 4:00 happy Hour (SS B)	22 10:30 big crossword (RR LL) 2:00 bingo (SS B)
23 10:30 Jeopardy (SS B) 2:00 bingo (RR T)	24 10:00 shopping trip to Walmart 10:00 exercise class (SS YR) 10:30 hangman (SS B) 1:30 shopping trip to Superstore 2:00 which happened last game (RR LL) 4:00 mix and mingle (SS B)	25 9:30 aquafit 10:30 strength & balance (SS YR) 2:00 scategories (RR LL) 3:00 tuck shop (RR GR) 3:15 bingo (SS B)	26 10:00 line dancing (SS YR) 10:30 which happened last game (SS B) 2:00 paid bingo (RR T) 3:00 happy hour (RR B) 4:00 happy hour (SS B) 5:00 Birthday / Anniversary Dinner (RR and SS DR) 1 sitting	27 9:30 aquafit 10:00 Pictionary (RR LL) 11:00 tuck shop (RR GR) 2:00 catholic mass (RR C) 3:00 paid bingo (SS B)	28 10:00 chair exercise (RR FR) 10:30 craft (RR LL) 2:00 Celebration of Word (SS C) 3:00 happy hour (RR B) ** half priced** 4:00 happy Hour (SS B)	29 10:30 chair Taiichi (SS YR) 10:30 trivia (SS B) 2:00 bingo (RR LL)
30 10:30 word games (RR LL) 2:00 Bingo (SS B)	31 10:00 shopping trip to giant tiger 10:00 exercise class (SS YR) 10:30 coffee chat (SS B) 1:30 shopping trip to Place d'Orleans mall 2:00 board games (RR LL) 4:00 mix and mingle (SS B)					