

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Memory Care Neighbourhood/ Assisted Living

Type of Activity

Green- Spiritual
Red- Special
Blue- Fitness
Purple- Music
Brown-Outings

1	2	3	4	5	6	7	8	9	10	11				
				<p>10:00 Giant Bingo</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Grooving and Moving</p>	<p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Coloring Corner (2nd Floor)</p>	<p>10:00 Fitminds</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>3:30 Hymn Sing (T)</p>	<p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>2:15 Movie of the Day</p>	<p>Facetime Calls</p> <p>10:00 Christmas Craft</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica's Catholic Live Stream Mass (T)</p> <p>2:15 Movie of the Day</p>	<p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>2:30 Music/Movement Corner</p>	<p>10:00 Bean Bags</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Music with Jennifer (2nd Floor)</p>	<p>10:00 Giant Bingo</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Grooving and Moving</p>	<p>10:00 Music with Paddy Stewart (2nd Floor)</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Veteran Stories (2nd Floor)</p>	<p>10:00 Fitminds</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>2:00 Scenic Drive</p> <p>3:30 Hymn Sing (T)</p>	<p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>2:15 Movie of the Day</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12</p> <p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica's Catholic Live Stream Mass (T)</p> <p>2:15 Movie of the Day</p>	<p>13</p> <p>10:00 Sharing Cards</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p>	<p>14</p> <p>Breakfast with Santa</p> <p>10:00 Ladder Ball</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>2:30 Music with Jennifer (2nd Floor)</p>	<p>15</p> <p>Open House</p> <p>10:00 Giant Bingo</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Grooving and Moving</p>	<p>16</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:00 Scenic Drive</p>	<p>17</p> <p>10:00 Fitminds</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>3:30 Hymn Sing (T)</p>	<p>18</p> <p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>2:15 Movie of the Day</p>
<p>19</p> <p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica's Catholic Live Stream Mass (T)</p> <p>2:15 Movie of the Day</p>	<p>20</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>2:30 Christmas cookie decorating</p>	<p>21</p> <p>10:00 Bean Bags</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Music with Jennifer (2nd Floor)</p>	<p>22</p> <p>10:00 Giant Bingo</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Grooving and Moving</p>	<p>23</p> <p>10:00 Music with Paddy Stewart (2nd Floor)</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:00 Scenic Drive</p>	<p>24</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>3:30 Hymn Sing (T)</p>	<p>25</p> <p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>2:15 Movie of the Day</p>
<p>26</p> <p>Facetime Calls</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica's Catholic Live Stream Mass (T)</p> <p>2:15 Movie of the Day</p>	<p>27</p> <p>10:00 Sharing Cards</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>2:30 Music/Movement Corner</p>	<p>28</p> <p>10:00 Balloon Volleyball</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>2:30 Music with Jennifer (2nd Floor)</p>	<p>29</p> <p>10:00 Giant Bingo</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:30 Grooving and Moving</p>	<p>30</p> <p>10:35 Exercise (RR-AR)</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 1 on 1 Visits</p> <p>2:00 Scenic Drive</p>	<p>31</p> <p>10:00 Beanbags</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>1:30 Walking Club</p> <p>3:30 Hymn Sing (T)</p>	