



To: Alavida Retirement Residents & Families
From: Alavida Operations
Date: September 4, 2020

Dear Alavida Residents/Families,

As we enter into Labour Day weekend and begin to say goodbye to summer, we are seeing another step into the reopening of our province. As our children and grandchildren go back to school and many return to work, we would like to take the time to remind everyone to keep themselves safe and healthy. Please refer to the Ottawa Public Health resources if you have questions about appropriate use of your mask or have physical distancing questions.

<https://www.ottawapublichealth.ca/en/public-health-topics/masks.aspx>

Please ensure that if you or a family member are showing symptoms of COVID-19, that you do not visit any retirement homes and consider visiting a testing center for confirmation.

Although we are all facing uncertain times ahead, we would like to thank all of our family members for your efforts to comply with the new normal we are experiencing and the collaboration that has taken place. We are very proud of our staff members who continue to carry out heightened precautions, screening procedures and work toward creating a new version of normal within our communities.

We wish you all a lovely long weekend!

Regards,

Alavida Management