

ACTIVITIES CALENDAR

SHOPPING & OUTINGS

Please be sure to sign-up at Reception,
use a face mask, follow the physical
distancing and bring your own hand
sanitizer.

August 2020

LEGENDS

A Auditorium
AR Activity Room
B Bistro
C Chapel
DR Dining Room
FR Fitness Room
GR Games Room
L Lobby
RR Retirement Residence
SS Senior Suites
SS-RR Senior Suites Red Room
T Theatre
WC Wellness Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:30 Catholic TV Mass SS Theatre	09:30 NO Shuttle 10:00 Chair Dance (SS Theatre) 10:00 Coffee Social (SS-L / RR-B) 02:00 NO Shuttle 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Last Holiday</i>	09:30 Shuttle: TBD 10:00 Outing: Mystery Drive (RR) 10:00 Coffee Social (SS-L / RR-B) 10:00 Chair Dance (SS Theatre) 10:30 Fit Minds (RR-B) 10:15 Tuck Shop (SS-Room 101) 02:00 Shuttle: City Drive 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Last Holiday</i>	10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:30 Fit Minds (SS-A) 10:30 BINGO (RR-B) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Indiana Jones: The Last Crusade</i>	10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Chair Dance (SS Theatre) 10:45 Documentary Film <i>Down to Earth -</i> 02:00 Book Club (SS-Red Room) 02:30 Arts & Craft (RR-4/F) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Indiana Jones: The Last Crusade</i>	10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:15 Tuck Shop (SS-Room 101) 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Walk, Ride, Rodeo</i>	10:00 Resident Fitness (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 02:00 BINGO (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Walk, Ride Rodeo</i>
9	10	11	12	13	14	15
10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:30 Catholic TV Mass SS Theatre	09:30 Shuttle: TBD 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS Theatre) 10:00 Coffee Social (SS-L / RR-B) 02:00 Shuttle: City Drive 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Just Go With It</i>	09:30 Shuttle: TBD 10:00 Outing: Mystery Drive (RR) 10:00 Coffee Social (SS-L / RR-B) 10:00 Chair Dance (SS Theatre) 10:30 Fit Minds (RR-B) 10:15 Tuck Shop (SS-Room 101) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Just Go With It</i>	10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:30 Fit Minds (SS-A) 10:30 BINGO (RR-B) 02:00 ELVIS Entertainment (Park Place Parking Lot) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Betty White: The Lady of Television</i>	10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Chair Dance (SS Theatre) 02:00 Knitting Group (SS-Lobby) 02:30 Arts & Craft (RR-4/F) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Betty White: The Lady of Television</i>	10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:15 Tuck Shop (SS-Room 101) 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>First Knight</i>	10:00 Resident Fitness (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 02:00 BINGO (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>First Knight</i>

August 2020 Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:30 Catholic TV Mass SS Theatre	17 09:30 Shuttle: TBD 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS Theatre) 10:00 Coffee Social (SS-L / RR-B) 02:00 Shuttle: City Drive 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Ocean's Thirteen</i>	18 09:30 Shuttle: TBD 10:00 Outing: Mystery Drive (RR) 10:00 Coffee Social (SS-L / RR-B) 10:00 Chair Dance (SS Theatre) 10:30 Fit Minds (RR-B) 10:15 Tuck Shop (SS-Room 101) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Ocean's Thirteen</i>	19 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:30 Fit Minds (SS-A) 10:30 BINGO (RR-B) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Documentary: Anne Frank</i>	20 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Chair Dance (SS Theatre) 10:45 Documentary Film <i>Down to Earth -</i> 02:30 Arts & Craft (RR-4/F) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Documentary: Anne Frank</i>	21 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:15 Tuck Shop (SS-Room 101) 11:00 Movie Committee Meeting 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>True Grit</i>	22 10:00 Resident Fitness (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 02:00 BINGO (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>True Grit</i>
23 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:30 Catholic TV Mass SS Theatre	24 09:30 Shuttle: TBD 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS Theatre) 10:00 Coffee Social (SS-L / RR-B) 02:00 Shuttle: City Drive 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>Crazy Rich Asians</i>	25 09:30 Shuttle: TBD 10:00 Outing: Mystery Drive (RR) 10:00 Coffee Social (SS-L / RR-B) 10:00 Chair Dance (SS Theatre) 10:30 Fit Minds (RR-B) 10:15 Tuck Shop (SS-Room 101) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Crazy Rich Asians</i>	26 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:30 Fit Minds (SS-A) 10:30 BINGO (RR-B) 02:00 Afternoon Entertainment (Park Place Parking Lot) Birthday/Anniversary Dinner (RR-Dining Room - 2 Settings) Birthday/Anniversary Dinner (SS-Dining Room - 2 Settings) 07:15 Movie Night (SS-Theatre) <i>Documentary: Whitney</i>	27 09:30 Shuttle: TBD 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Chair Dance (SS Theatre) 01:30 Shuttle: TBD 02:00 Knitting Group (SS-Lobby) 02:30 Arts & Craft (RR-4/F) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>Documentary: Whitney</i>	28 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:15 Tuck Shop (SS-Room 101) 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>The Age of Adeline</i>	29 10:00 Resident Fitness (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 02:00 BINGO (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>The Age of Adeline</i>
30 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:30 Catholic TV Mass SS Theatre	31 09:30 Shuttle: TBD 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS Theatre) 10:00 Coffee Social (SS-L / RR-B) 02:00 Shuttle: City Drive 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre) <i>The Natural</i>	Sep 1 09:30 Shuttle: TBD 10:00 Outing: Mystery Drive (RR) 10:00 Coffee Social (SS-L / RR-B) 10:00 Chair Dance (SS Theatre) 10:30 Fit Minds (RR-B) 10:15 Tuck Shop (SS-Room 101) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre) <i>The Natural</i>	Sep 2 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:30 Fit Minds (SS-A) 10:30 BINGO (RR-B) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre)	Sep 3 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:00 Chair Dance (SS Theatre) 10:45 Documentary Film <i>Down to Earth -</i> 02:00 Book Club (SS-Red Room) 02:30 Arts & Craft (RR-4/F) 02:30 Resistance Band Exercise (SS-Auditorium) 03:00 Resistance Band Exercise (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre)	Sep 4 10:00 Moderate Intensity Exercise with Bien (RR-A) 10:00 Chair Dance (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 10:15 Tuck Shop (SS-Room 101) 02:30 Chair Exercise (SS-A) 02:30 Chair Exercise (RR-A) 03:00 Gentle Chair Exercise (RR-4/F) 03:00 Moderate Intensity Exercise (SS-A) 03:30 Social Hour (SS-L) 07:15 Movie Night (SS-Theatre)	Sep 5 09:45 Resident Fitness (SS-A) 10:00 Coffee Social (SS-Lobby) 10:00 Coffee Social (RR-Bistro) 02:00 BINGO (SS-Auditorium) 03:30 Social Hour (RR-B) 07:15 Movie Night (SS-Theatre)