

Memory Care / Enhanced Care Neighborhood Activities Calendar



MARCH



2020



LEGENDS

- A Auditorium
- AR Activity Room
- B Bistro
- C Chapel
- DR Dining Room
- FR Fitness Room
- GR Games Room
- L Lobby
- RR Retirement Residence
- SS Senior Suites
- SS-RR Senior Suites Red Room
- T Theatre
- WC Wellness Centre



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
09:30 News and Weather 10:15 Morning Walk 10:15 Communion (RR-C) 10:30 Morning Refreshment (4/F) 10:30 Catholic TV Mass (SS-Theatre) 02:30 Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Night	09:30 News and Weather 10:15 Morning Walk 10:00 Outing: Mystery Drive 10:30 Morning Refreshment (4/F) 11:00 Reading with Betty (4/F) 01:30 Park Place Sing-Along (SS-A) 02:00 Community Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Documentary Hour	09:30 News and Weather 10:00 Communion (Chapel) 10:15 Painting with AC Students (4/F) 10:15 Tuck Shop (RR-Basement) 10:30 Morning Refreshment (4/F) 11:00 Reading with Dora (4/F) 01:30 Hymn Sing with Debbie (Chapel) 02:00 Gentle Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Hour	09:30 News and Weather 10:30 Music Therapy with Jenny (4/F) 10:30 Morning Refreshment (4/F) 02:00 Gentle Chair Exercise (4/F) 02:00 One on One Visits (RR) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Concert 07:15 BINGO (SS-A)	09:30 News and Weather 10:00 Gentle Yoga with Susan 10:30 Morning Refreshment (4/F) 02:00 Gentle Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Comedy Hour	09:30 News and Weather 10:15 Morning Walk 10:30 Trivia Fun (RR-B) 10:15 Tuck Shop (RR-Basement) 10:30 Morning Refreshment (4/F) 01:30 Park Place Sing-Along (SS-A) 02:00 Community Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Movie Night and Popcorn	09:30 News and Weather 10:15 Morning Walk 10:30 Morning Refreshment (4/F) 10:45 Card/Board Games (RR-B) 02:00 Afternoon BINGO (SS-A) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Comedy Hour
8	9	10	11	12	13	14
09:30 News and Weather 09:30 Bible Film with Lisa (RR-A) 10:15 Morning Walk 10:15 Communion (RR-C) 10:30 Morning Refreshment (4/F) 10:30 Catholic TV Mass (SS-Theatre) 02:30 Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Night	09:30 News and Weather 10:00 Outing: Mystery Drive 10:15 Morning Walk 10:30 Morning Refreshment (4/F) 11:00 Reading with Betty (4/F) 01:30 Park Place Sing-Along (SS-A) 02:00 Community Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Documentary Hour	09:30 News and Weather 10:00 Communion (Chapel) 10:15 Tuck Shop (RR-Basement) 10:30 Tai Chi (4/F) 10:30 Morning Refreshment (4/F) 11:00 Reading with Dora (4/F) 01:30 Hymn Sing with Debbie (Chapel) 02:00 Gentle Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Hour	09:30 News and Weather 10:30 Morning Refreshment (4/F) 10:30 Music Therapy with Jenny (4/F) 02:00 One on One Visits (RR) 02:00 Pet Visits (RR) 02:00 Gentle Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Hour 07:15 BINGO (SS-A)	09:30 News and Weather 10:00 Gentle Yoga with Susan 10:30 Morning Refreshment (4/F) 02:00 Gentle Chair Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Hour	09:30 News and Weather 10:15 Morning Walk 10:15 Tuck Shop (RR-Basement) 10:30 Trivia Fun (RR-B) 10:30 Morning Refreshment (4/F) 01:30 Park Place Sing-Along (SS-A) 02:00 Community Exercise (4/F) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Movie Hour	09:30 News and Weather 10:15 Morning Walk 10:30 Morning Refreshment (4/F) 10:45 Card/Board Games (RR-B) 02:00 Afternoon BINGO (SS-A) 03:00 Afternoon Refreshment (4/F) 06:30 Netflix Comedy Hour

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>15</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:15 Communion (RR-C)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:30 Catholic TV Mass (SS-Theatre)</p> <p>02:30 Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Night</p>	<p>16</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:00 Outing: Mystery Drive</p> <p>10:30 Morning Refreshment (4/F)</p> <p>11:00 Reading with Betty (4/F)</p> <p>01:30 Park Place Sing-Along (SS-A)</p> <p>02:00 Community Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Documentary Hour</p>	<p>17</p> <p>09:30 News and Weather</p> <p>10:00 Communion (Chapel)</p> <p>10:15 Morning Walk</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>11:00 Reading with Dora (4/F)</p> <p>01:30 Hymn Sing with Debbie (Chapel)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>02:30 St. Patrick's Day Party with Guy Lallonde (RR-A)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>	<p>18</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:30 Music Therapy with Jenny (4/F)</p> <p>02:00 One on One Visits (RR)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p> <p>07:15 BINGO (SS-A)</p>	<p>19</p> <p>09:30 News and Weather</p> <p>10:00 Gentle Yoga with Susan</p> <p>10:30 Morning Refreshment (4/F)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>	<p>20</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>10:30 Trivia Fun (RR-B)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>01:30 Park Place Sing-Along (SS-A)</p> <p>02:00 Community Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>	<p>21</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:45 Card/Board Games (RR-B)</p> <p>02:00 Afternoon BINGO (SS-A)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Comedy Hour</p>
<p>22</p> <p>09:30 News and Weather</p> <p>09:30 Bible Film with Lisa (RR-A)</p> <p>10:15 Morning Walk</p> <p>10:15 Communion (RR-C)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:30 Catholic TV Mass (SS-Theatre)</p> <p>02:30 Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Night</p>	<p>23</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:00 Outing: Mystery Drive</p> <p>10:30 Morning Refreshment (4/F)</p> <p>11:00 Reading with Betty (4/F)</p> <p>02:00 Community Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Night</p>	<p>24</p> <p>09:30 News and Weather</p> <p>10:00 Communion (Chapel)</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:30 Tai Chi (4/F)</p> <p>11:00 Reading with Dora (4/F)</p> <p>01:30 Hymn Sing with Debbie (Chapel)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>	<p>25</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:30 Music Therapy with Jenny (4/F)</p> <p>02:00 One on One Visits (RR)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>05:00 Birthday Party Dinner (RR)</p> <p>06:30 Netflix Movie Hour</p> <p>07:15 BINGO (SS-A)</p>	<p>26</p> <p>09:30 News and Weather</p> <p>10:00 Gentle Yoga with Susan</p> <p>10:30 Morning Refreshment (4/F)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>	<p>27</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>10:30 Trivia Fun (RR-B)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>01:30 Park Place Sing-Along (SS-A)</p> <p>02:00 Community Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>	<p>28</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:45 Card/Board Games (RR-B)</p> <p>02:00 Afternoon BINGO (SS-A)</p> <p>02:00 Afternoon Music with Capital Strings (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Comedy Hour</p>
<p>29</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:15 Communion (RR-C)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>10:30 Catholic TV Mass (SS-Theatre)</p> <p>02:30 Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Night</p>	<p>30</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:00 Outing: Mystery Drive</p> <p>10:30 Morning Refreshment (4/F)</p> <p>11:00 Reading with Betty (4/F)</p> <p>02:00 Community Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Night</p>	<p>31</p> <p>09:30 News and Weather</p> <p>10:15 Morning Walk</p> <p>10:00 Communion (Chapel)</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>10:30 Morning Refreshment (4/F)</p> <p>11:00 Reading with Dora (4/F)</p> <p>01:30 Hymn Sing with Debbie (Chapel)</p> <p>02:00 Gentle Chair Exercise (4/F)</p> <p>03:00 Afternoon Refreshment (4/F)</p> <p>06:30 Netflix Movie Hour</p>				