

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

Memory Care/Enhanced Care Neighbourhood



<p>3</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>	<p>4</p> <p>10:00 Morning Walk</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Mental exercises</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>5</p> <p>10:00 <i>Snoezelen Room</i></p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 2nd Floor</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy with Jennifer (2nd Floor)</p> <p><small>Mardi Gras</small></p>	<p>6</p> <p>10:00 <i>Snoezelen Room</i></p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p> <p><small>Ash Wednesday</small></p>	<p>7</p> <p>10:00 Bingo</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p>	<p>8</p> <p>10:00 Music with Paddy Stewart (2nd Floor)</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>9</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p>
<p>10</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p> <p><small>Daylight Saving Time Begins</small></p>	<p>11</p> <p>10:00 Fit minds</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 3rd Floor</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>12</p> <p>10:00 <i>Snoezelen Room</i></p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy with Jennifer (2nd Floor)</p>	<p>13</p> <p>10:00 Bingo</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p>	<p>14</p> <p>10:00 Group Puzzle</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p>	<p>15</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>16</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p>
<p>17</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p> <p><small>St. Patrick's Day</small></p>	<p>18</p> <p>10:00 Scrabble</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Mental exercises</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>19</p> <p>10:00 <i>Snoezelen Room</i></p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 2nd Floor</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy with Jennifer (2nd Floor)</p>	<p>20</p> <p>10:00 Fit Minds</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p> <p><small>Spring Begins</small></p>	<p>21</p> <p>10:00 Pet Visits</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p> <p><small>Purim</small></p>	<p>22</p> <p>10:00 Music with Paddy Stewart (2nd Floor)</p> <p>10:30 Coffee & Treat Cart</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>23</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p>
<p>24</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>	<p>25</p> <p>10:00 Morning Walk</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 3rd Floor</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>26</p> <p>10:00 <i>Snoezelen Room</i></p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy with Jennifer (2nd Floor)</p>	<p>27</p> <p>10:00 Montessori Methods</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p>	<p>28</p> <p>10:00 Fit Minds</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p>	<p>29</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>30</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p>

<p>31</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>
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Type of Activity:

- Green - Spiritual
- Red - Special Event
- Blue - Fitness
- Purple - Music



Type the name, address, and other information about your community/company here.