

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

Memory Care/Enhanced Care Neighbourhood



<p>3</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>	<p>4</p> <p>10:00 Morning Walk</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Mental exercises</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>5</p> <p>10:00 Snoezelen Room</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 2nd Floor</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy w/Jennifer (2nd Floor)</p> <p><small>Chinese New Year</small></p>	<p>6</p> <p>10:00 Karaoke with Bien</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p>	<p>7</p> <p>10:00 Bingo</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p> <p>6:00 Music and Movement</p>	<p>1</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>2</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p> <p><small>Groundhog Day</small></p>
<p>10</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>	<p>11</p> <p>10:00 Fit minds</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 3rd Floor</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>12</p> <p>10:00 Karaoke with Bien</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy w/Jennifer (2nd Floor)</p>	<p>13</p> <p>10:00 Bingo</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p>	<p>14</p> <p>10:00 Group Puzzle</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p> <p>6:00 Music and Movement</p> <p><small>Valentine's Day</small></p>	<p>15</p> <p>10:00 1 on 1 Visits</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>16</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p>
<p>17</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>	<p>18</p> <p>10:00 Scrabble</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Mental exercises</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p> <p><small>Presidents' Day (US)</small></p>	<p>19</p> <p>10:00 Snoezelen Room</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 2nd Floor</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy w/Jennifer (2nd Floor)</p>	<p>20</p> <p>10:00 Fit Minds</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p>	<p>21</p> <p>10:00 Pet Visits</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p> <p>6:00 Music and Movement</p>	<p>22</p> <p>10:00 Music with Paddy Stewart 2nd Floor</p> <p>10:30 Coffee & Treat Cart</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:30 Spiritual Hymn Sing with Fedele (C)</p>	<p>23</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>3:00 Snack and Chat (2nd and 3rd Floor)</p>
<p>24</p> <p>10:30 Coffee and Treat Cart (2nd and 3rd Floor)</p> <p>11:00 St. Monica Catholic Service (T)</p>	<p>25</p> <p>10:00 Morning Walk</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Yoga on 3rd Floor</p> <p>11:30 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 Visits</p>	<p>26</p> <p>10:00 Snoezelen Room</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd floor</p> <p>2:30 Music Therapy with Jennifer (2nd Floor)</p>	<p>27</p> <p>10:00 Montessori Methods</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>1:00 Group Exercise on 2nd floor</p> <p>3:00 1 on 1 visits</p>	<p>28</p> <p>10:00 Fit Minds</p> <p>10:30 Coffee & Treat Cart (2nd and 3rd Floor)</p> <p>11:00 Group Exercise on 3rd Floor</p> <p>2:30 1 on 1 Visits</p> <p>6:00 Music and Movement</p>	<p>Type of Activity:</p> <ul style="list-style-type: none"> Green - Spiritual Red - Special Event Blue - Fitness Purple - Music 	