


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		<b>10:30 Blood Pressure Clinic/Pendant Checks (WC)</b> <b>1</b> <b>10:00 Make: Solstice Wreath and Solstice Discussion (3rd)</b> <b>2:00 Group Crossword (3rd)</b> <b>2:30 Christian Church Service (C)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Music on YouTube (3rd)</b>	<b>Dobby Dog Visits!</b> <b>2</b> <b>10:00 Outing: Mystery Drive</b> <b>10:30 Exercises (3rd)</b> <b>2:15 Reading (3rd)</b> <b>3:00 Trivia (2nd)</b> <b>7:00 Evening Movie (3rd)</b>	<b>11:10 Music with Jenn (3rd)</b> <b>3</b> <b>2:00 FitMinds (3rd)</b> <b>2:00 Mass (C)</b> <b>2:00 Painting (3rd)</b> <b>3:00 Colouring (2nd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Sensory Bins</b>	<b>11:00 Zumba Gold Chair Dancing (LL)</b> <b>4</b> <b>11:15 Nail Painting (3rd)</b> <b>11:20 Latin Chair Dancing (3rd)</b> <b>3:15 Current Events (2nd)</b> <b>6:00 Mindful Colouring</b>	<b>11:00 Concert on YouTube (3rd)</b> <b>5</b> <b>1:00 Puzzles (3rd)</b> <b>3:30 Room to Room Trivia (2nd)</b> <b>6:00 Pair and Sort</b>
<b>10:00 French Mass on TV (2nd/3rd)</b> <b>6</b> <b>2:00 Dominoes (3rd)</b> <b>2:00 Puzzles</b> <b>6:00 Evening Movie (3rd)</b>	<b>10:15 Neighbourhood Walks</b> <b>7</b> <b>11:00 Puzzles (3rd)</b> <b>11:00 Mindful Colouring (3rd)</b> <b>2:00 FitMinds (3rd)</b> <b>2:00 "Babies Who Volunteer" (LL)</b> <b>2:30 Discuss and Recall (2nd)</b> <b>6:00 Sensory Bins</b>	<b>10:30 Foot Care Clinic *Sign Up At Reception*</b> <b>8</b> <b>11:10 Music with Jenn (3rd)</b> <b>2:00 Trivia (3rd)</b> <b>2:30 Christian Church Service (C)</b> <b>3:00 Cut &amp; Collage (2nd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Evening Reading (3rd)</b>	<b>Dobby Dog Visits!</b> <b>9</b> <b>10:00 Outing: Mystery Drive</b> <b>12:30 Outing: Canada Aviation &amp; Space Museum</b> <b>10:30 Sit &amp; Stretch (3rd)</b> <b>2:00 Nail Painting (3rd)</b> <b>3:00 Current Events (2nd)</b> <b>6:00 Music on YouTube (3rd)</b>	<b>11:10 Music with Jenn (3rd)</b> <b>10</b> <b>2:00 FitMinds (3rd)</b> <b>2:00 Mass (C)</b> <b>2:00 Current Events (3rd)</b> <b>3:00 Make: Sun Catchers (3rd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Sensory Bins</b>	<b>10:30 Junk Drawer Detective (3rd)</b> <b>11</b> <b>11:00 Zumba Gold Chair Dancing (LL)</b> <b>11:20 Latin Chair Dancing (3rd)</b> <b>11:30 EZ Does It Puzzles (2nd)</b> <b>3:00 Cranium Crunches (3rd)</b> <b>6:00 Mindful Colouring</b>	<b>11:00 Concert on YouTube (3rd)</b> <b>12</b> <b>2:00 Baking: Muffins (AR)</b> <b>3:30 Daily Chronicle (2nd)</b> <b>6:00 Fluff &amp; Fold</b>
<b>10:00 French Mass on TV (2nd/3rd)</b> <b>13</b> <b>1:00 One on One Visits (2nd)</b> <b>2:00 Balloon Badminton (3rd)</b> <b>3:00 Play: Cards (2nd)</b> <b>6:00 Evening Movie (3rd)</b>	<b>10:00 Mindful Colouring (3rd)</b> <b>14</b> <b>10:15 Neighbourhood Walks</b> <b>11:10 Exercises</b> <b>2:00 FitMinds (3rd)</b> <b>2:30 Cranium Crunches (2nd)</b> <b>6:00 Fluff &amp; Fold (3rd)</b>	<b>10:30 EZ Does It (3rd)</b> <b>15</b> <b>11:10 Music with Jenn (3rd)</b> <b>2:00 Cranium Crunches (2nd)</b> <b>2:30 Lutheran Church Service (C)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Music on YouTube (3rd)</b>	<b>Dobby Dog Visits!</b> <b>16</b> <b>10:00 Outing: Mystery Drive</b> <b>10:30 Exercises (3rd)</b> <b>1:00 Outing: Tim Horton's</b> <b>3:00 Trivia (3rd)</b> <b>3:30 Can You Picture This? (2nd)</b> <b>6:00 Travelogue: Switzerland (3rd)</b>	<b>11:10 Music with Jenn (3rd)</b> <b>17</b> <b>2:00 FitMinds (3rd)</b> <b>2:00 Mass (C)</b> <b>2:00 Sudoku (3rd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Sensory Bins</b>	<b>11:00 Zumba Gold Chair Dancing (LL)</b> <b>18</b> <b>11:15 Cranium Crunches (3rd)</b> <b>11:20 Latin Chair Dancing (3rd)</b> <b>3:00 Reading (2nd)</b> <b>6:00 Mindful Colouring</b>	<b>11:00 Current Events (2nd)</b> <b>19</b> <b>2:30 Discuss &amp; Recall (3rd)</b> <b>3:30 EZ Does It (3rd)</b> <b>6:00 Puzzles</b>
<b>10:00 French Mass on TV (2nd/3rd)</b> <b>20</b> <b>2:00 Flower Arranging (3rd)</b> <b>3:00 Trivia (2nd)</b> <b>5:30 Entertainment: Evan Runge (DR)</b> <b>6:00 Evening Movie (3rd)</b>	<b>10:15 Neighbourhood Walks</b> <b>21</b> <b>11:10 Exercises</b> <b>2:00 Name That Tune (3rd)</b> <b>2:00 "Babies Who Volunteer" (LL)</b> <b>2:30 EZ Does It (2nd)</b> <b>3:00 Travelogue: Chile (3rd)</b> <b>6:00 Sensory Bins</b>	<b>10:30 Junk Drawer Detective (3rd)</b> <b>22</b> <b>11:10 Music with Jenn (3rd)</b> <b>2:00 Cut &amp; Collage (3rd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Discuss and Recall (3rd)</b>	<b>Dobby Dog Visits!</b> <b>23</b> <b>10:00 Outing: Mystery Drive</b> <b>10:30 Sit &amp; Stretch (3rd)</b> <b>2:15 Name That Tune! (3rd)</b> <b>3:00 Junk Drawer Detective (2nd)</b> <b>6:00 Evening Movie (3rd)</b>	<b>9:30 Foot Care Clinic *Sign Up at Reception*</b> <b>24</b> <b>11:10 Music with Jenn (3rd)</b> <b>11:00 Food Committee Meeting (T)</b> <b>2:00 FitMinds (3rd)</b> <b>2:00 Mass (C)</b> <b>3:15 EZ Does It (2nd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Sensory Bins</b>	<b>11:00 Zumba Gold Chair Dancing (LL)</b> <b>25</b> <b>11:15 Current Events (3rd)</b> <b>11:20 Latin Chair Dancing (3rd)</b> <b>3:00 Nail Painting (2nd)</b> <b>6:00 Mindful Colouring</b>	<b>11:00 EZ Does It (3rd)</b> <b>26</b> <b>2:30 Picture Bingo (3rd)</b> <b>3:30 Balloon Badminton (3rd)</b> <b>6:00 Puzzles</b>
<b>10:00 French Mass on TV (2nd/3rd)</b> <b>27</b> <b>1:00 Cranium Crunches (3rd)</b> <b>2:00 Jenga (3rd)</b> <b>2:00 One on One Visits (2nd)</b> <b>6:00 Evening Movie (3rd)</b>	<b>10:00 Mindful Colouring (3rd)</b> <b>28</b> <b>10:15 Neighbourhood Walks</b> <b>11:10 Exercises</b> <b>2:00 FitMinds (3rd)</b> <b>2:30 Nail Painting (2nd)</b> <b>6:00 Fluff &amp; Fold (3rd)</b>	<b>11:10 Music with Jenn (3rd)</b> <b>29</b> <b>2:00 Trivia (2nd)</b> <b>2:00 Resident Council Meeting (T)</b> <b>3:00 Name That Tune (3rd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Music on YouTube (3rd)</b>	<b>Dobby Dog Visits!</b> <b>30</b> <b>10:00 Outing: Mystery Drive</b> <b>10:30 Exercises (3rd)</b> <b>1:00 Outing: Tim Horton's</b> <b>3:00 Travelogue: Norway (3rd)</b> <b>3:30 Can You Picture This? (2nd)</b> <b>4:45 Birthday &amp; Anniversary Dinner</b> <b>6:00 Evening Movie (3rd)</b>	<b>11:10 Music with Jenn (3rd)</b> <b>31</b> <b>2:00 FitMinds (3rd)</b> <b>2:00 Mass (C)</b> <b>2:00 Group Crossword (3rd)</b> <b>3:00 Painting (3rd)</b> <b>3:30 Exercises (3rd)</b> <b>6:00 Sensory Bins</b>	