

DECEMBER 2018 ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Location Of Activity RR = Retirement Residence SS = Senior Suites</p> <p>Type Of Activity Blue = Fitness Purple = Spiritual Green = Outing Orange = Game Aqua = Vendor Red = Movie Pink = Entertainment Brown = Crafty Corner A = Auditorium B = Bistro C = Chapel T = Theatre L = Lobby AR = Activity Room WC = Wellness Centre FR = Fitness Room</p>	<p>SHUTTLES& OUTINGS PLEASE BE SURE TO SIGN UP AT RECEPTION AT LEAST 48 HOURS IN ADVANCE</p> 				<p style="text-align: right;">1</p> <p>10:00-2:00 Vendor: Lai Olivia(SS-L) 10:00 Resident Fitness (SS-A) 10:00 Christmas Word Hunt (RR-B) 2:00 Park Place Sing A Long (SS-A) 2:15 Cards: Play Euchre (RR-B) 3:45 Social Hour (RR-B) 7:15 Movie Night (SS-T) Angel of Christmas</p> <p style="text-align: center; font-size: 1.2em;">Mistletoe Day</p>
<p style="text-align: right;">2</p> <p>10:15 Communion (RR-C) 10:30 Self-serve Morning Coffee (SS/RR-B) 2:00 Christmas Tag Workshop (RR-AR) Please note that there are only 6 spots for people. Sign up at the receptionist and pay the instructor \$10.00 per person 2:30 Self-Serve Afternoon Tea (SS-B/RR-B)</p> <p>First Sunday of Advent</p>	<p style="text-align: right;">3</p> <p>10:00-2:00 Vendor: Bijoux en Rabais(SS-L) 9:30 Shuttle: Westgate Shopping Mall 9:45 Yoga with Georgia (RR-A) 1:30 Park Place Sing-along (SS-A) 1:30 Community Exercise (RR-A) 2:00 Community Exercise (RR-A) 2:00 Library (RR-AR) 2:15 Cards: Play Euchre (RR-B) 2:30 Community Exercise (SS-A) 3:00 Community Exercise (SS-A) 3:00 Hymn Sing with Fidele (RR-C) 3:45 Social Hour (SS-B) 7:15 Movie Night (SS-T) Captain Courageous</p>	<p style="text-align: right;">4</p> <p>9:30 Shuttle: Billing Bridge Mall 10:15 Tuck Shop (RR-Basement) 11:45 Outing: Swiss Chalet \$\$ 2:00 Gift Mixes in a Jar (SS-B) 2:30 Community Exercise (RR-A) 3:00 Community Exercise (RR-A) 3:45 Hot Chocolate Bar Social Hour (RR-B) 6:45 Girl Guides Christmas Caroling (RR-L) 7:15 Cards: Play Bridge (SS-B)</p> <p style="text-align: center; font-size: 1.2em;">Homemade Gifts Day</p>	<p style="text-align: right;">5</p> <p>10:30 Tai Chi (SS-A) 10:30 Gingerbread House Greeting Card (RR-B) 11:15 GM Chat (SS-B) 5:30 Residents Christmas Party with Live Music - Noel Dimaranan (RR-D)</p> <p style="text-align: center;">No Bingo due to Residents Christmas Party Due to the Christmas party preparations some activities have been cancelled!</p> 	<p style="text-align: right;">6</p> <p>10:00-2:00 Vendor: Roz Tabachnick Jewelry (SS-L) 10:30 Fit Minds (SS-B) 2:30 Community Exercise (SS-A) 3:00 Community Exercise (SS-A) 3:45 Social Hour (RR-B) 7:15 NEW! Netflix Series: Heartland (SS-T)</p> 	<p style="text-align: right;">7</p> <p>10:00 Zumba Gold Chair (SS-A) 10:00 Blood Pressure Clinic (RR-Wellness Centre) 10:30 Decorating Gingerbread Houses (RR-B) 10:15 Tuck Shop (RR-Basement) 1:30 Community Exercise (RR-A) 2:00 Community Exercise (RR-A) 2:00 Interactive Fit Minds (RR-B) 2:30 Community Exercise (SS-A) 3:00 Community Exercise (SS-A) 3:45 Social Hour (SS-B) 7:00 Board Games Night (SS-B) 7:15 Children's Choir (SS-A)</p> 	<p style="text-align: right;">8</p> <p>10:00-2:00 Vendor: Scentsy (SS-L) 10:00 Resident Fitness (SS-A) 10:30 "The Twelve Days of Christmas" Bingo (RR-B) 11:30-1:30 December Brunch (SS-D) 11:30-1:30 December Brunch (RR-D) 2:00 Christmas Wine Glass Decorating (SS-B) 2:15 Cards: Play Euchre (RR-B) 3:45 Yuletide Party Social (RR-B) 7:15 Children's Piano Christmas Recital (SS-A)</p> 
<p style="text-align: right;">9</p> <p>10:15 Communion (RR-C) 10:00 Bible Film with Lisa (RR-A) 10:30 Self-Serve Morning Coffee (SS-B/RR-B) 2:00 Entertainment: Carleton Memorial United Church Christmas Caroling Sing-Along (SS-A) 2:00 Writing Fun Club (SS-RR) 2:30 Self-Serve Afternoon Tea (SS-B/RR-B) 2:30 Salvation Army Hymn Singing (RR-C)</p>	<p style="text-align: right;">10</p> <p>9:30 Shuttle: Billings Bridge 9:45 Yoga with Georgia (RR-A) 1:30 Park Place Sing-along (SS-A) 1:30 Community Exercise (RR-A) 2:00 Community Exercise (RR-A) 2:00 Holiday Bingo (RR-AR) 2:15 Cards: Play Euchre (RR-B) 2:30 Community Exercise (SS-A) 3:00 Community Exercise (SS-A) 3:45 Social Hour (SS-B) 7:15 Movie Night (SS-T) The Holiday</p>	<p style="text-align: right;">11</p> <p>9:30 Shuttle: Carlingwood Mall 10:30 Paint Chips Christmas Cards (RR-AR) 10:15 Tuck Shop (RR-Basement) 11:45 Outing: Lac Leamy Casino and Lunch \$\$ 2:00 Performance by Sine Nomine Singers (SS-A) 2:30 Community Exercise (RR-A) 3:00 Community Exercise (RR-A) 2:15 Cards: Play Euchre (RR-B) 3:45 Social Hour (RR-B) 7:15 Card: Play Bridge (SS-B)</p> <p style="text-align: center; font-size: 1.2em;">Let It Snow! Day</p>	<p style="text-align: right;">12</p> <p>10:30 Weights with Chelsey (SS-FR) 11:15 Ugly Christmas Sweater Parade (SS-B) 1:15 St Timothy Elementary School Christmas Caroling (RR-L) 2:00 Performance by Sunset Singers Senior Choir (SS-A) 3:45 Social Hour (SS-B) 7:15 Game: BINGO - (RR-A) \$2.00 for 3 cards All Welcome to Play Bingo</p> <p style="text-align: center; font-size: 1.2em;">Poinsettia Day</p> 	<p style="text-align: right;">13</p> <p>10:00 Church Service (RR-C) 10:30 Fit Minds (SS-B) 2:00 Sip and Paint (RR-AR) 2:00 Knitting Group (SS-B) 2:30 Community Exercise (SS-A) 3:00 Community Exercise (SS-A) 3:45 Social Hour (RR-B) 7:15 NEW! Netflix Series: Heartland (SS-T)</p> 	<p style="text-align: right;">14</p> <p>10:30 Games: Spelling Bee Holiday Edition (SS-T) 10:15 Tuck Shop (RR-Basement) 1:30 Community Exercise (RR-A) 2:00 Community Exercise (RR-A) 2:00 Interactive Fit Minds (RR-B) 2:30 Community Exercise (SS-A) 3:00 Community Exercise (SS-A) 3:45 Social Hour (SS-B) 7:00 Board Games Night (SS-B)</p>	<p style="text-align: right;">15</p> <p>10:00 Resident Fitness (SS-A) 10:30 Christmas Wine Glass Decorating (RR-B) 1:30 Park Place Sing-along Christmas Caroling (SS-A) 2:15 Cards: Play Euchre (RR-B) 3:45 Social Hour (RR-B) 7:15 Movie Night (SS-T) Beethoven's Christmas Adventures</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16</p> <p>10:15 Communion (RR-C)</p> <p>10:30 Self-Serve Morning Coffee (SS/RR-B)</p> <p>2:30 Self-Serve Afternoon Tea (SS-B/RR-B)</p> <p>2:30 Virtuosi Production-Bassoon Group Choir Recital (SS-A)</p> <p>Jigsaw puzzle on the go in the library (SS-Library)</p>	<p>17</p> <p>9:30 Shuttle: Merivale Mall</p> <p>9:45 Yoga with Georgia (RR-A)</p> <p>1:30 Park Place Sing-along (SS-A)</p> <p>1:30 Community Exercise (R R-A)</p> <p>2:00 Community Exercise (RR-A)</p> <p>2:00 Cranium Crunches (RR-L)</p> <p>2:15 Cards: Play Euchre (RR-B)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Social Hour (SS-B)</p> <p>7:15 Movie Night (SS-T)</p> <p>A Holiday Engagement</p> <p>Happy Birthday Ebenezer Scrooge</p>	<p>18</p> <p>9:30 Shuttle: Billings Bridge Shopping Centre</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>1:30 Outing: Tinsel Town Christmas Emporium followed by Tim Horton's \$\$</p> <p>2:00 Baking: sugar cookies</p> <p>2:30 Community Exercise (RR-A)</p> <p>3:00 Community Exercise (RR-A)</p> <p>3:45 Social (RR-B)</p> <p>7:15 Cards: Play Bridge (SS-B)</p> <p>7:00 Outing: Wesley Clover Park \$5 per person based on a full bus load</p> <p>Baking Cookies Day</p>	<p>19</p> <p>9:30 Food Forum (SS-T)</p> <p>10:00 GM Chat (RR-B)</p> <p>10:30 Tai Chi (SS-A)</p> <p>10:45 Ugly Christmas Sweater Parade (RR-Lobby)</p> <p>6:00 Senior Suites Resident Christmas Party with Live Music-Musical Friends (SS-D)</p> <p>No Bingo due to Residents Christmas Party</p> <p>Due to the Christmas party preparations some activities have been cancelled!</p> <p>CHRISTMAS PARTY!</p>	<p>20</p> <p>10:30 Fit Minds (SS-B)</p> <p>10:30 Christmas Elves (RR-Lobby)</p> <p>2:00 Julian Norwich Anglican Church Services (RR-C)</p> <p>2:00 Sip and Paint (RR-AR)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Social Hour (RR-B)</p> <p>7:15 NEW! Netflix Series: Heart Land (SS-T)</p> 	<p>21</p> <p>10:00 Zumba Gold Chair (SS-A)</p> <p>10:15 Tuck Shop (RR-Basement)</p> <p>10:30 Christmas Elves (SS-L)</p> <p>1:30 Community Exercise (RR-A)</p> <p>2:00 Community Exercise (RR-A)</p> <p>2:00 Interactive Fit Minds (RR-B)</p> <p>2:30 Catholic Mass (RR-A)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Apple Cider Social (SS-B)</p> <p>7:00 Board Games Night (SS-B)</p> <p>First Day Of Winter</p> 	<p>22</p> <p>10:00-2:00 Vendor: Scentsy (SS-L)</p> <p>10:00 Resident Fitness (SS-A)</p> <p>10:30 News and Views (RR-B)</p> <p>2:00 Sip and Paint (SS-B)</p> <p>2:15 Cards: Play Euchre (RR-B)</p> <p>3:45 Christmas Cookies and Eggnog Social (RR-B)</p> <p>7:15 Movie Night (SS-T)</p> <p>A Christmas Prince</p>
<p>23</p> <p>10:15 Communion (RR-C)</p> <p>10:00 Bible Film with Lisa (RR-A)</p> <p>10:30 Self-Serve Morning Coffee (SS-B/RR-B)</p> <p>2:00 Writing Fun Club (SS-RR)</p> <p>2:30 Self-Serve Afternoon Tea (SS-B/RR-B)</p> <p>Jigsaw puzzle on the go in the library (SS-Library)</p>	<p>24</p> <p>9:30 Shuttle: Walmart</p> <p>9:45 Yoga with Georgia (RR-A)</p> <p>1:30 Park Place Sing-along (SS-A)</p> <p>1:30 Community Exercise (RR-A)</p> <p>2:00 Community Exercise (RR-A)</p> <p>2:00 Baking: M&M Marshmallow Dream Bars (RR-AR)</p> <p>2:15 Cards: Play Euchre (RR-B)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Christmas Wine and Cheese Social (SS-B)</p> <p>7:15 Movie Night (SS-T)</p> <p>Christmas Inheritance</p>	<p>25</p> <p>No Shopping due to Statutory Holiday</p> <p>10:00 Cup of Christmas Tea Party (SS-B)</p> <p>12:00 Christmas Lunch with all Fixings (SS-D and RR-D)</p> <p>2:00 Afternoon Christmas Movie and Hot Chocolate (SS-T)</p> <p>Christmas Wedding Planner</p> <p>3:45 Christmas Wine and Cheese Social (RR-B)</p> <p>7:15 Cards: Play Bridge (SS-B)</p> <p>There is no community exercise due to statutory holiday!</p>	<p>26</p> <p>10:30 Exercise with Chelsey (SS-A)</p> <p>10:30 Game: Candy Cane Games (RR-B)</p> <p>2:00 Entertainment: Sherri Harding (RR-A)</p> <p>3:45 Social Hour (SS-B)</p> <p>7:15 Game: BINGO - (RR-A)</p> <p>\$2.00 for 3 cards</p> <p>All Welcome to Play Bingo</p> <p>Candy Cane Day</p> 	<p>27</p> <p>10:30 Fit Minds (SS-B)</p> <p>2:15 Shuttle: Shopper's Drugmart</p> <p>2:00 Knitting Group (SS-B)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Social Hour (RR-B)</p> <p>4:45 Birthday Dinner (RR-D)</p> <p>5:30 Birthday Dinner (SS-D)</p> <p>7:15 NEW! Netflix Series: Heart Land (SS-T)</p> 	<p>28</p> <p>10:00 TED Talks (SS-T)</p> <p>10:30 Tuck Shop (RR-Basement)</p> <p>1:30 Community Exercise (RR-A)</p> <p>2:00 Community Exercise (RR-A)</p> <p>2:00 Interactive Fit Minds (RR-B)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Social Hour (SS-B)</p> <p>7:00 Board Games Night (SS-B)</p> <p>Chocolate Candy Day</p>	<p>29</p> <p>10:00 Resident Fitness (SS-A)</p> <p>10:30 News and Views (RR-B)</p> <p>2:00 Park Place Sing-along (SS-A)</p> <p>2:15 Cards: Play Euchre (RR-B)</p> <p>3:45 Social Hour (RR-B)</p> <p>7:15 Movie Night (SS-T)</p> <p>Newsies The Broadway Musical</p>
<p>30</p> <p>10:15 Communion (RR-C)</p> <p>10:30 Self-Serve Morning Coffee (SS-B/RR-B)</p> <p>2:30 Self-Serve Afternoon Tea (SS-B/RR-B)</p> <p>Jigsaw puzzle on the go in the library (SS-Library)</p>	<p>31</p> <p>9:30 Shuttle: Westgate Mall</p> <p>9:45 Yoga with Georgia (RR-A)</p> <p>1:30 Park Place Sing-along (SS-A)</p> <p>1:30 Community Exercise (RR-A)</p> <p>2:00 Community Exercise (RR-A)</p> <p>2:00 New Year's Eve Celebration with entertainment (SS-L)</p> <p>2:15 Cards: Play Euchre (RR-B)</p> <p>2:30 Community Exercise (SS-A)</p> <p>3:00 Community Exercise (SS-A)</p> <p>3:45 Social Hour (SS-B)</p> <p>7:15 Movie Night (SS-T)</p> <p>Coco Avant Chanel</p> <p>NEW YEAR'S EVE</p>	<p>December is the twelfth month of the year in the Julian and Gregorian calendars. The ancient Romans initially made December the tenth month of the year, but later, January and February were added to the calendar, making December the final month of the year. In the northern hemisphere, this month has the shortest daylight hours of the year, and it is one of the coldest months of the winter season. Also, did you know that December starts on the same day of the week as September and ends on the same day as April every year?</p> <p>Merry Christmas</p> 				