

# DECEMBER 2018 ACTIVITIES CALENDAR-Memory Care/Enhanced Care Neighbourhood

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Location Of Activity</b> RR=Retirement Residence SS= Senior Suites</p> <p><b>Type Of Activity</b> Blue=Fitness Purple= Spiritual Green=Outing Orange= Game Aqua=Vendor Red=Crafty Corner Pink=Entertainment A=Auditorium B=Bistro C=Chapel T=Theatre L=Lobby AR=Activity Room</p>	<p>Families please join us for any of the activities</p> 				<p>10:00 News and Weather 10:30 December Trivia 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Searching the Christmas Tree word search 3:30 Snack and Refreshments 4:00 Fluff and Fold 4:30 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Movie and popcorn</p> <p style="text-align: center;"><b>Mistletoe Day</b></p>
<p>10:00 News and Weather 10:15 Communion (RR-C) 10:30 Entertainment: Dennis Doermer 4<sup>th</sup> floor 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Game: Cover Up Dice 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Popcorn and Movie</p> <p><b>First Sunday of Advent</b></p>	<p>10:00 Outing: Mystery Drive #1 10:30 News and Weather 11:00 Reading with Betty 4<sup>th</sup> Floor 11:30 Fluff and Fold 2:00 Snacks and Refreshments 3:00 Hymn Sing with Fidele (RR-C) 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Board Game Night</p>	<p>10:00 News and Weather 10:30 Who, What, When 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Holiday Poetry 3:00 Snacks and Refreshments 4:00 Therapeutic Coloring 6:30 Tunnel Walk 6:45 Girls Guide Children Christmas Caroling (RR-L) 7:15 Group Trivia Night</p>	<p>10:00 News and Weather 10:30 Crafty Corner: Gingerbread House Greeting Card (RR-B) 11:30 Fluff and Fold 2:00 Save the snowperson Game 3:30 Refreshments and Snacks 4:00 Therapeutic Coloring 5:30 Residents Christmas Party with Live Music- Noel Dimaranan (RR-D) 7:15 Comedy Night on Netflix</p>	<p>10:00 Gentle Yoga with Susan 4<sup>th</sup> floor 10:30 Fun with Fruitcake word search 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Interactive Fit Minds 3:30 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Visit You Tube</p>	<p>10:00 News and Weather 10:30 Crafty Corner: Decorating Gingerbread Houses(RR-B) 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Chair Exercise 3:00 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Children Choir (SS-A)</p>	<p>10:00 News and Weather 10:30 Crafty Corner: On a Roll Gift Wrap 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Refreshments and Snacks 3:45 Yuletide Party Social (RR-B) 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Children's Piano Christmas Recital (SS-A)</p>
<p>10:00 News and Weather 10:15 Communion (RR-C) 10:30 Bean Bag Toss 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Entertainment: Carleton Memorial United Church Christmas Caroling Sing A Long (SS-A) 3:30 Refreshments and snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Popcorn and Movie</p> 	<p>10:00 Outing: Mystery Drive #2 10:30 News and Weather 11:00 Reading with Betty 4<sup>th</sup> Floor 11:30 Fluff and Fold 2:00 Holiday Bingo (RR-AR) 3:30 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Board Game Night</p> 	<p>10:00 Entertainment: Dai Basette 4<sup>th</sup> Floor 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Crafty Corner: Paint Chips Christmas Cards (RR-AR) 3:00 Snacks and Refreshments 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Group Trivia Night</p> <p style="text-align: center;"><b>Let It Snow! Day</b></p>	<p>10:00 News and Weather 10:30 Music Therapy with Jenny 4<sup>th</sup> Floor 11:00 Fluff and Fold 11:30 Individual Activities 1:15 St Timothy Elementary School Christs Caroling (RR-L and 4<sup>th</sup> floor) 3:30 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Comedy Night on Netflix</p> <p style="text-align: center;"><b>Poinsettia Day</b></p>	<p>10:00 Church Service ( RR-C) 10:00 News and Weather 10:30 Discuss &amp; Recall: Celebrating winter Solstice 11:00 Fluff and Fold 11:30 Individual Activities 2:00 Entertainment: Paddy Stewart 4<sup>th</sup> Floor 3:30 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Visit You Tube</p> 	<p>10:00 News and Weather 10:30 Cookies Decorating 11:00 Fluff and fold 11:30 Individual Activities 2:00 Chair Exercise 3:30 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Puzzles</p> 	<p>10:00 News and Weather 10:30 "The Twelve Days of Christmas" Bingo (RR-B) 11:00 Fluff and Fold 11:30 Individual Activities 1:30 Park Place Sing along Group Christmas Caroling (SS-A) 3:00 Refreshments and Snacks 4:00 Therapeutic Coloring 6:30 Tunnel Walk 7:15 Movie and Popcorn</p> 



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16</p> <p>10:00 News and Weather  <b>10:15 Communion (RR-C)</b>  10:30 Reading: Chicken Soup for the Soul  11:00 Fluff and fold  11:30 Individual Activities  <b>2:00 Cover up dice game</b>  <b>2:30 Virtuosi Production-Bassoon Group Choir Recital (SS-A)</b>  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Popcorn and Movie</p>	<p>17</p> <p><b>10:00 Outing: Mystery Drive #3</b>  10:30 News and Weather  11:00 Reading with Betty 4<sup>th</sup> Floor  11:30 Fluff and Fold  2:00 Scrooge (or Bah! Humbug!) Card Game  <b>3:00 Hymn Sing with Fidele 4<sup>th</sup> Floor</b>  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Board Game Night</p> <p><b>Happy Birthday Ebenezer Scrooge</b></p>	<p>18</p> <p>10:00 News and Weather  10:30 Cranium Crunches  11:00 Fluff and Fold  11:30 Individual Activities  2:00 Baking: sugar cookies(RR-AR)  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Group Trivia Night</p> <p><b>Baking Cookies Day</b></p>	<p>19</p> <p>10:00 News and Weather  10:30 Santa's Secret Quote  10:45 Ugly Christmas Sweeter Parade (RR-Lobby)  11:00 Fluff and Fold  11:30 Individual Activities  2:00 Holiday Songs matching  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel walk</b>  7:15 Comedy Night on Netflix</p> 	<p>20</p> <p><b>10:00 Gentle Yoga with Susan 4<sup>th</sup> Floor</b>  11:00 Fluff and Fold  11:30 Individual Activities  <b>2:00 Julian Norwich Anglican Church Service (RR-C)</b>  2:00 Christmas Elves (RR-Lobby)  2:00 Interactive Fit Minds  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Visit You Tube</p> 	<p>21</p> <p>10:00 News and Weather  10:30 Searching for December word search  11:00 Fluff and Fold  11:30 Individual Activities  <b>2:00 Chair Exercise</b>  <b>2:30 Catholic Mass (RR-C)</b>  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Puzzles</p> <p><b>First Day Of Winter</b></p>	<p>22</p> <p>10:00 News and Weather  <b>10:30 Bean Bag toss</b>  11:00 Fluff and Fold  11:30 Individual Activities  2:00 Holiday Card Puzzles  3:45 Christmas Cookies and Eggnog Social (RR-B)  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Movie and Popcorn</p> 
<p>23</p> <p>10:00 News and Weather  <b>10:15 Communion (RR-C)</b>  10:30 Fun Bingo  11:00 Fluff and Fold  11:30 Individual Activities  <b>2:00 Bowling</b>  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Popcorn and Movie</p> 	<p>24</p> <p><b>10:00 Outing: Mystery Drive #4</b>  10:30 News and Weather  11:00 Reading with Betty 4<sup>th</sup> Floor  11:30 Fluff and Fold  2:00 Baking: M&amp;M Marshmallow Dream Bars (RR-AR)  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Board Game Night</p>	<p>25</p> <p>10:00 News and Weather  10:30 Matching Elves Puzzle  11:00 Fluff and Fold  11:30 Individual Activities  12:00 Christmas Lunch with all Fixings (SS-D and RR-D)  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Movie and Hot Chocolate</p> <p><b>Statutory Holiday</b></p>	<p>26</p> <p>10:00 News and Weather  10:30 Music Therapy with Jenny  11:00 Fluff and Fold  11:30 Individual Activities  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Comedy Night on Netflix</p> 	<p>27</p> <p>10:00 News and Weather  <b>10:30 Cover up dice game</b>  11:00 Fluff and Fold  11:30 Individual Activities  2:00 Interactive Fit Mind  3:30 Refreshment and Snacks  4:00 Therapeutic Coloring  4:45 Birthday Dinner (RR-D)  <b>6:30 Tunnel Walk</b>  7:15 Visit You Tube</p>	<p>28</p> <p>10:00 News and Weather  10:30 Mixed-Up New Year's Eve word scramble  11:00 Fluff and Fold  11:30 Individual Activities  <b>2:00 Chair Exercise</b>  3:30 Refreshments and snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Puzzles</p>	<p>29</p> <p>10:00 News and Weather  <b>10:30 Bowling</b>  11:00 Fluff and Fold  11:30 Individual Activities  2:00 Super Shopper word matching  3:30 Refreshments and snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Movie and Popcorn</p>
<p>30</p> <p>10:00 News and Weather  <b>10:15 Communion (RR-C)</b>  10:30 Game: Cover up Dice  11: Refreshments and Snacks  11:30 Fluff and Fold  <b>2:00 Bean Bag Toss</b>  3:30 Refreshments and Snacks  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Popcorn and Movie</p>	<p>31</p> <p><b>10:00 Outing: Mystery Drive #5</b>  10:30 News and Weather  11:00 Reading with Betty 4<sup>th</sup> Floor  11:30 Fluff and Fold  2:00 New Year's Eve Celebration  4:00 Therapeutic Coloring  <b>6:30 Tunnel Walk</b>  7:15 Board Game Night</p> <p><b>NEW YEAR'S EVE</b></p>	<p>December is the twelfth month of the year in the Julian and Gregorian calendars. The ancient Romans initially made December the tenth month of the year, but later, January and February were added to the calendar, making December the final month of the year. In the northern hemisphere, this month has the shortest daylight hours of the year, and it is one of the coldest months of the winter season. Also, did you know that December starts on the same day of the week as September and ends on the same day as April every year?</p> <p><i>Merry Christmas</i></p> 				