

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2018

<b>HANUKKAH BEGINS</b> 2 <b>10:00</b> French Mass on TV (2 <sup>nd</sup> /3 <sup>rd</sup> ) <b>2:00</b> Baking: Gingerbread Cookies (AR) <b>2:00</b> Theme Holiday Movie: Red & Green (3 <sup>rd</sup> ) <b>6:00</b> Discuss and Recall (3 <sup>rd</sup> )		<b>10:00</b> Mindful Colouring (3 <sup>rd</sup> ) 3 <b>10:15</b> Neighbourhood Walks <b>11:10</b> Exercises <b>2:15</b> FitMinds (3 <sup>rd</sup> ) <b>3:30</b> Puzzles (2 <sup>nd</sup> ) <b>6:00</b> Sensory Bins		<b>10:30</b> Blood Pressure Clinic/Pendant Checks (WC) 4 <b>10:30</b> Make: Holiday Cards (3 <sup>rd</sup> ) <b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) <b>2:00</b> Holiday Trivia (3 <sup>rd</sup> ) <b>2:30</b> Christian Church Service (C) <b>3:30</b> Exercises (3 <sup>rd</sup> ) <b>6:00</b> Music on YouTube (3 <sup>rd</sup> )		<b>Dobby Dog Visits!</b> 5 <b>10:00</b> Outing: Mystery Drive <b>10:30</b> Exercises (3 <sup>rd</sup> ) <b>2:15</b> Snowfall Painting (3 <sup>rd</sup> ) <b>3:00</b> Current Events (2 <sup>nd</sup> ) <b>6:30</b> Outing: Upper Canada Village Christmas Light Drive <b>7:00</b> Evening Movie (3 <sup>rd</sup> )		<b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) 6 <b>2:00</b> FitMinds (3 <sup>rd</sup> ) <b>2:00</b> Mass (C) <b>2:00</b> Coco and a Flick: Holiday Movie Afternoon (T) <b>3:00</b> Colouring (2 <sup>nd</sup> ) <b>3:30</b> Exercises (3 <sup>rd</sup> ) <b>6:00</b> Sensory Bins		<b>11:00</b> Zumba Gold Chair Dancing (LL) 7 <b>11:15</b> Nail Painting (3 <sup>rd</sup> ) <b>11:20</b> Latin Chair Dancing (3 <sup>rd</sup> ) <b>3:15</b> Current Events (2 <sup>nd</sup> ) <b>6:00</b> Mindful Colouring		<b>11:00</b> Morning Movie (3 <sup>rd</sup> ) 1 <b>1:00</b> Christmas Craft Making (3 <sup>rd</sup> ) <b>3:30</b> Room to Room Trivia (2 <sup>nd</sup> ) <b>6:00</b> Puzzles	
<b>10:00</b> French Mass on TV (2 <sup>nd</sup> /3 <sup>rd</sup> ) 9 <b>10:30</b> Discuss and Recall (3 <sup>rd</sup> ) <b>3:00</b> EZ Does It (2 <sup>nd</sup> ) <b>6:00</b> Theme Holiday Movie: Christmas Headbands & Hats (3 <sup>rd</sup> )		<b>10:15</b> Neighbourhood Walks 10 <b>11:00</b> Latin Chair Dancing (3 <sup>rd</sup> ) <b>11:00</b> Mindful Colouring (3 <sup>rd</sup> ) <b>2:00</b> FitMinds (3 <sup>rd</sup> ) <b>2:30</b> Room to Room Trivia (2 <sup>nd</sup> ) <b>6:00</b> Sensory Stockings		<b>9:30</b> Foot Care Clinic *Sign Up at Reception 11 <b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) <b>2:00</b> Trivia (3 <sup>rd</sup> ) <b>3:00</b> Name That Tune (2 <sup>nd</sup> ) <b>3:30</b> Exercises (3 <sup>rd</sup> ) <b>6:00</b> Cut & Collage (3 <sup>rd</sup> )		<b>Dobby Dog Visits!</b> 12 <b>10:00</b> Outing: Tinseltown Christmas Emporium <b>10:30</b> Exercises (3 <sup>rd</sup> ) <b>2:00</b> Nail Painting (3 <sup>rd</sup> ) <b>2:15</b> Divine Infant Choir (DR) <b>3:00</b> Current Events (2 <sup>nd</sup> ) <b>6:00</b> Music on YouTube (3 <sup>rd</sup> )		<b>10:00</b> Babies Who Volunteer (LL) 13 <b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) <b>2:00</b> FitMinds (3 <sup>rd</sup> ) <b>2:00</b> Mass (C) <b>2:00</b> Coco and a Flick: Holiday Movie Afternoon (T) <b>3:00</b> Paint: Nordic Inspired Mittens <b>3:30</b> Exercises (3 <sup>rd</sup> )		<b>10:30</b> Holiday Junk Drawer Detective (3 <sup>rd</sup> ) 14 <b>11:00</b> Zumba Gold Chair Dancing (LL) <b>11:30</b> EZ Does It Puzzles (2 <sup>nd</sup> ) <b>3:00</b> Cranium Crunches (3 <sup>rd</sup> ) <b>6:00</b> Mindful Colouring		<b>11:00</b> École de Musique Carrie Alain (DR) 15 <b>2:30</b> DIY: PlayDoh (3 <sup>rd</sup> ) <b>3:30</b> Daily Chronicle (2 <sup>nd</sup> ) <b>6:00</b> Fluff & Fold	
<b>10:00</b> French Mass on TV (2 <sup>nd</sup> /3 <sup>rd</sup> ) 16 <b>1:00</b> Holiday Wreath Making (3 <sup>rd</sup> ) <b>2:00</b> Theme Holiday Movie: Comfy Slippers (3 <sup>rd</sup> ) <b>3:00</b> Play: Cards (2 <sup>nd</sup> ) <b>6:00</b> Discuss and Recall (3 <sup>rd</sup> )		<b>10:00</b> Mindful Colouring (3 <sup>rd</sup> ) 17 <b>10:15</b> Neighbourhood Walks <b>11:10</b> Exercises <b>2:00</b> FitMinds (3 <sup>rd</sup> ) <b>2:30</b> Cranium Crunches (2 <sup>nd</sup> ) <b>5:45</b> Caroling with Divine Infant Choir Students (3 <sup>rd</sup> ) <b>6:00</b> Fluff & Fold (3 <sup>rd</sup> )		<b>10:30</b> EZ Does It (3 <sup>rd</sup> ) 18 <b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) <b>2:00</b> Cranium Crunches (3 <sup>rd</sup> ) <b>2:00</b> Ensemble of the Ottawa Choral Society (DR) <b>3:30</b> Exercises (3 <sup>rd</sup> ) <b>6:00</b> Music on YouTube (3 <sup>rd</sup> )		<b>Dobby Dog Visits!</b> 19 <b>10:00</b> Outing: Mystery Drive <b>10:30</b> Exercises (3 <sup>rd</sup> ) <b>3:00</b> Current Events (3 <sup>rd</sup> ) <b>3:30</b> Can You Picture This? (2 <sup>nd</sup> ) <b>4:45</b> Birthday & Anniversary Dinner <b>6:30</b> Wesley Clover Park Christmas Light Drive		<b>10:00</b> Babies Who Volunteer (LL) 20 <b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) <b>2:00</b> FitMinds (3 <sup>rd</sup> ) <b>2:00</b> Mass (C) <b>2:00</b> Gingerbread Decorating with Divine Infant School Students (B) <b>3:30</b> Exercises (3 <sup>rd</sup> )		<b>FIRST DAY OF WINTER</b> 21 <b>11:00</b> Zumba Gold Chair Dancing (LL) <b>11:15</b> Cranium Crunches (3 <sup>rd</sup> ) <b>1:30</b> Latin Chair Dancing (3 <sup>rd</sup> ) <b>3:00</b> Puzzles (2 <sup>nd</sup> ) <b>6:00</b> Mindful Colouring		<b>11:00</b> Current Events (2 <sup>nd</sup> ) 22 <b>2:30</b> Holiday Bingo (3 <sup>rd</sup> ) <b>3:30</b> EZ Does It (3 <sup>rd</sup> ) <b>6:00</b> Puzzles	
<b>10:00</b> French Mass on TV (2 <sup>nd</sup> /3 <sup>rd</sup> ) 23 <b>2:00</b> Theme Holiday Movie: Holiday Sweaters (3 <sup>rd</sup> ) <b>3:00</b> Trivia (2 <sup>nd</sup> ) <b>6:00</b> Travelogue: Iceland (3 <sup>rd</sup> )		<b>CHRISTMAS EVE</b> 24 <b>10:00</b> Holiday Colouring (3 <sup>rd</sup> ) <b>10:15</b> Neighbourhood Walks <b>11:10</b> Exercises <b>2:00</b> Name That Tune: Christmas Edition (3 <sup>rd</sup> ) <b>2:30</b> EZ Does It (2 <sup>nd</sup> )		<b>CHRISTMAS DAY</b> 25 <b>2:00</b> Cranium Crunches (3 <sup>rd</sup> ) <b>2:30</b> Current Events (2 <sup>nd</sup> ) <b>5:45</b> Christmas Dinner <b>6:00</b> Cut & Collage (3 <sup>rd</sup> )		<b>BOXING DAY</b> 26 <b>10:00</b> Outing: Mystery Drive <b>10:30</b> Exercises (3 <sup>rd</sup> ) <b>2:15</b> Holiday Trivia (3 <sup>rd</sup> ) <b>3:00</b> Junk Drawer Detective (2 <sup>nd</sup> ) <b>6:00</b> Music on YouTube (3 <sup>rd</sup> )		<b>9:30</b> Foot Care Clinic *Sign Up at Reception 27 <b>11:10</b> Music with Jenn (3 <sup>rd</sup> ) <b>2:00</b> FitMinds (3 <sup>rd</sup> ) <b>2:00</b> Mass (C) <b>3:15</b> Jenga (2 <sup>nd</sup> ) <b>3:30</b> Exercises (3 <sup>rd</sup> ) <b>6:00</b> Evening Movie (3 <sup>rd</sup> )		<b>11:00</b> Zumba Gold Chair Dancing (LL) 28 <b>11:15</b> Current Events (3 <sup>rd</sup> ) <b>11:20</b> Latin Chair Dancing (3 <sup>rd</sup> ) <b>3:00</b> Nail Painting (2 <sup>nd</sup> ) <b>6:00</b> Mindful Colouring		<b>11:00</b> EZ Does It (3 <sup>rd</sup> ) 29 <b>2:30</b> Baking: Candy Cane Cookies (3 <sup>rd</sup> ) <b>3:30</b> Bowling (3 <sup>rd</sup> ) <b>6:00</b> Puzzles	
<b>10:00</b> French Mass on TV (2 <sup>nd</sup> /3 <sup>rd</sup> ) 30 <b>1:00</b> Sorting: Winter Clothes <b>2:00</b> Theme Holiday Movie: New Year's Necklaces (3 <sup>rd</sup> ) <b>3:00</b> <b>6:00</b> Discuss and Recall (3 <sup>rd</sup> )		<b>NEW YEARS EVE</b> 31 <b>10:00</b> Baking: Egg Nog Cookies (3 <sup>rd</sup> ) <b>10:15</b> Neighbourhood Walks <b>11:10</b> Exercises <b>2:00</b> New Year's Trivia (3 <sup>rd</sup> ) <b>2:30</b> New Year's Trivia (2 <sup>nd</sup> ) <b>6:00</b> Sensory Stockings											
<p style="text-align: center;"><i>Wishing everyone a Happy Holiday!</i></p>													

Include a poster with dates for:

Coro Vivo concert on December 13<sup>th</sup> at 7:00  
Family Christmas Caroling at 7:00 in LL