



# February 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Tuck Shop Hours</b></p> <p>Tuesdays 2:45pm-3:45pm Fridays 10:15am-11:15am</p> <p>The Tuck Shop is Located in the Lower Level of the Retirement Residence</p>				<p><b>Dining Room Hours</b> <i>Breakfast (Retirement Residence Only)</i> 8:00am-9:30am</p> <p><b>Lunch</b> 1st Sitting: 11:45am-12:45pm 2nd Sitting: 1:00pm-2:00pm (Retirement Only)</p> <p><b>Dinner</b> 1st Sitting: 4:45pm-5:45pm 2nd Sitting: 6:00pm-7:00pm</p>		

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<p><b>Wee Bonnie Lass</b></p>	<p><b>Hearing Aid Clinic</b> Thursday, February 9th at 2:30p.m. in the Retirement Residence Games Room</p> <p><b>Walker Clinic</b> Monday, February 27th at 10:00a.m. in the Retirement Residence Games Room</p>	<p><b>1 9:30 Merivale Mall-SS</b> 10:00 Coffee Club-SS 10:00 Bible Study-RR 10:30 Baking &amp; Coffee Club-RR 11:00 Physio Class-SS 2:30 Pianist: Jean Guy Benard-RR&amp;SS 4:00 Social Hour-RR&amp;SS 7:00 Knitter's Club-RR 7:15 Bingo Night-RR</p>	<p><b>2 Groundhog Day</b> 10:00 Fitness Class-SS 10:00 Watercolour Class-RR 10:30 Coffee Club-SS 10:30 Coffee Club-RR 2:30 Physio Exercises-RR 2:30 2nd Floor Tea-RR 2:30 Mental Aerobics-SS 4:00 Social Hour-RR&amp;SS 7:15 Movie Cancelled-SS</p>	<p><b>3</b> 10:00 Coffee Club-SS 10:15 Tuck Shop Open-RR 10:30 Coffee Club-RR 11:00 Physio Class-SS 2:30 Pain Management-RR 2:30 2011: A Year in Review-SS 4:00 Social Hour-RR&amp;SS 7:15 Poker Night-SS</p>	<p><b>4</b> 10:00 Self Serve Coffee-SS 10:30 Coffee Club-RR 11:00 Fitness Class-SS 1:30 Bridge-RR 2:30 Berries &amp; Dip-RR 4:00 Social Hour-RR 7:15 Movie-SS</p>
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<p><b>5</b> 10:00 Self Serve Coffee Club-SS 2:30 Afternoon Movie- "Secretariat" Starring: Diane Lane-RR 2:30 Self Serve Tea-RR</p>	<p><b>6</b> 9:45 Yoga-RR 10:00 Fitness Class to Caribbean Music-SS 10:30 Watercolour Class-RR 10:30 Coffee on the Lido Deck-SS 10:30 Coffee Club-RR 2:00 Tunnel Walking-RR&amp;SS 2:15 Euchre-RR 2:30 Park Place Casino-SS 3:30 Cocktails &amp; Appetizers-SS 4:00 Social Hour-RR 7:15 Movie Night-SS</p>	<p><b>7</b> 9:30 Billings Bridge-RR 10:00 Fitness Class-SS 11:45 Dining Out: International Buffet-SS 1:30 Pet Visits-RR&amp;SS 2:30 Physio Exercises-RR 2:30 Mental Aerobics-SS 2:45 Tuck Shop Open-RR 4:00 Social Hour-RR&amp;SS 7:15 Bridge Club-SS 7:15 The Help Part 2-RR</p>	<p><b>8</b> 9:30 Carlingwood Mall-SS 10:00 Coffee Club-SS 10:00-2:00 Avon Gifts with Yannick-RR 10:30 Cooking and Coffee Club-RR 11:00 Physio Class-SS 2:30 Elvis Tribute-SS&amp;RR 4:00 Social Hour-SS&amp;RR 7:15 Bingo Night-RR</p>	<p><b>9</b> 10:00 Fitness Class-SS 10:00 Watercolours-RR 10:30-11:30 Blood Pressure &amp; Vitals Clinic-RR 10:30 Coffee Club-SS 10:30 Coffee Club-RR 2:30 Hearing Aids-RR 2:30 Physio Exercises-RR 2:30 Antique Social-SS 4:00 Social Hour-RR&amp;SS 7:15 Barchester Towers-SS</p>	<p><b>10</b> 10:00 Ice Cream Samples &amp; Coffee Club-SS 10:15 Tuck Shop Open-RR 10:30 Ice Cream Samples &amp; Coffee Club-RR 11:00 Physio Class-SS 2:15 Valentine's Day Musical Program with The Mellowtones-SS&amp;RR 4:00 Social Hour-RR&amp;SS 7:15 Poker Night-SS</p>	<p><b>11</b> 10:30 Self Serve Coffee Club-RR 11:00 Fitness Class-SS 1:30 Bridge-RR 2:30 Jazz by: The Massey Johnson Trio-SS 4:00 Social Hour-SS 7:15 Movie-SS</p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12</b>  10:00 Self Serve Coffee-SS  2:30 Salvation Army Church Service-RR  2:30 Self Serve Tea-RR 	<b>13 Ice Cream</b>  <b>Delivery Day-RR&amp;SS</b> 9:45 Yoga-RR 10:00 Fitness Class-SS  10:30 Watercolour Class-RR 10:30 Coffee Club-RR 1:30 Line Dancing-SS 1:45 LCBO & Pharmacy-SS 2:15 Euchre-RR 2:30 Valentine Cake Walk-RR  4:00 Social Hour-RR&SS 7:15 Movie Night-SS	<b>14 Valentine's Day</b> 9:00-10:30 Sweetheart Breakfast-SS  9:30 Carlingwood -RR 10:00 Fitness Class-SS  11:00 Communion-RR 1:30 Pet Visits-RR&SS 2:00 Anglican Service-RR 2:30 Physio Exercises-RR 2:30 Mental Aerobics-SS 2:45 Tuck Shop Open-RR 4:00 Social Hour-SS&RR 7:15 Bridge Club-SS  7:15 Documentary Night-RR	<b>15</b> 9:30 Shopping Trip to: Walmart-SS  10:00 Coffee Club-SS 10:30 Cooking & Coffee Club-RR  11:00 Physio-SS 2:30 Heart & Stroke: Facts & Fashion-RR&SS 4:00 Social Hour-RR&SS 7:15 Bingo Night-RR 	<b>16</b> 10:00 Watercolours-RR  10:00 Fitness Class-SS 10:30 Coffee Club-RR 10:30 Coffee Club-SS  2:15 Sensory Challenge-RR 2:30 Berries & Dip-SS 2:30 Physio Exercise-RR 4:00 Social Hour-RR&SS 7:15 Movie: Barchester Towers-SS	<b>17</b> 10:00 Coffee Club-SS 10:15 Tuck Shop Open in the Lower level-RR 10:30 Coffee Club-RR 11:00 Physio-SS 2:30 Afternoon Trivia-RR 2:30 Catholic Mass-RR 2:30 Pain Management-SS 4:00 Social Hour-RR&SS 7:15 Poker Night-SS	<b>18</b> 10:30 Coffee Club-RR  11:00 Fitness Class-SS 1:30 Bridge-RR 2:30 Card Party-SS  4:00 Social Hour-RR 7:15 Evening Movie-SS 

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<b>19</b>  10:00 Self Serve Coffee-SS  2:30 Afternoon Movie- "Every Day" Starring: Skylar Fortgang-RR  2:30 Self Serve Tea-RR 	<b>20 Family Day</b> 9:45 Yoga-RR 10:00 Fitness Class-SS 10:30 Watercolour-RR 10:30 Coffee Club-RR 1:30 Mystery Drive-RR 2:00 Tunnel Walk-RR&SS 2:15 Euchre-RR 2:30 Yogurt Parfaits-SS 4:00 Social Hour-RR Only 7:15 Movie Night-SS	<b>21</b>  9:30 Lincoln Fields-RR 10:00 Fitness Class-SS 11:45 Lac Leamy-SS  1:30 Pet Visits-RR&SS 2:30 Physio-RR 2:30 Mental Aerobics-SS 2:45 Tuck Shop-RR 4:00 Social Hour-RR&SS 7:15 Bridge Club-SS 7:15 Documentary-RR	<b>22</b> 9:30 Shopping Trip to Carlingwood Mall-SS 10:00 Coffee Club-SS  10:00 Bible Study-RR 10:30 Cooking & Coffee Club-RR  11:00 Physio-SS 2:30 Resident Council-RR 2:30 Crokinole-SS 4:00 Social Hour-SS&RR  7:15 Bingo Night-RR	<b>23</b> 10:00 Watercolours-RR 10:00 Fitness Class-SS  10:30 Coffee Club-RR 10:30 Coffee Club-SS 10:30-11:30 Blood Pressure & Vitals Clinic-SS 11:00 Shoppers Drug Mart-SS 11:00 United Church-RR 2:30 Physio Exercises-RR 2:30 Crafter's Gathering-SS 4:00 Social Hour-RR&SS 7:15 Barchester Towers-SS	<b>24</b> 10:00 Coffee Club-SS 10:15 Tuck Shop-RR 10:30 Coffee Club-RR 11:00 Physio Class-SS 2:30 Birthday Party with Simon Clarke-RR&SS  4:00 Social Hour-RR&SS 7:15 Poker Night-SS 	<b>25</b> 10:30 Self Serve Coffee-RR  11:00 Fitness Class-SS  1:30 Bridge-RR 2:30 Helen Lui & Friends-RR 4:00 Social Hour-SS  7:15 Evening Movie-SS 
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<b>26</b>  10:00 Self Serve Coffee-SS  2:30 Metropolitan Bible Church-RR  2:30 Self Serve Tea-RR 	<b>27</b> 9:45 Yoga-RR  10:00 Walker Clinic-RR 10:00 Fitness Class-SS 10:30 Watercolour Class-RR 10:30 Coffee Club-RR  1:30 T&T Market-SS 2:00 Tunnel Walk-RR&SS 2:15 Euchre-RR  2:30 Resident Council-SS 2:30 Line Dancing-RR 4:00 Social Hour-SS&RR 7:15 Movie Night-SS	<b>28</b> 9:30 Carlingwood-RR 10:00 Fitness Class-SS  10:45 Book Club-SS 11:45 Chances R-RR&SS 1:30 Pet Visits-RR&SS 2:30 Physio-RR  2:30 Mental Aerobics-SS 2:45 Tuck Shop-RR 4:00 Social Hour-RR&SS 7:15 Bridge Club-SS 7:15 Documentary-RR	<b>29</b> 9:30 Merivale Mall-SS 10:00 Coffee Club-SS  10:00 Bible Study-RR 10:00-2:00 Sunshine Gifts-RR 10:30 Cooking & Coffee Club-RR  11:00 Physio-SS 2:15 Birthday Party with: Arlene-SS&RR 4:00 Social Hour-SS&RR 7:15 Bingo Night-RR 	<b>Resident Council Meetings</b>  Wednesday, February 22nd at 2:30p.m. in the Retirement Residence Auditorium Monday, February 27th at 2:30p.m. in the Seniors' Suites Auditorium	Looking For A Good Read? Seniors' Suites Library Offers  Newer Titles.  We Practice The Honour System. Borrow A Book And Return It At Your Leisure.	<b>Mystery Drive</b>  On Monday, February 20th at 1:30p.m. Sign up at Reception Before All Seats Are Gone!
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